

Mayors up land claim ante

TERRACE — Northwest mayors want more of a say in how land claims are negotiated.

They're worried that settlements won't take into account economic and other impacts on non-native people and communities.

Mayors from Terrace, Kitimat, Prince Rupert, Stewart and Port Edward made the statements in a Dec. 3 press release.

The key to the mayors' position

is an agreement in principle on the Nisga'a land claim scheduled for completion next March.

But the position also applies to other land claims, including that of the Tsimshian, yet to be negotiated.

"We want to know the impact on the non-aboriginal communities prior to the signing of any agreements," said Terrace mayor Jack Talstra last week.

"We might want to suggest

alternatives to the province as part of the negotiation process," he added.

The mayors also want the provincial government to finance studies to back up their positions.

The problem, said Talstra, is that municipalities don't have the kind of information and background enjoyed by natives and the federal and provincial governments.

They've asked for more the

same amount of money — \$140,000 — given by the province to the Nisga'a Tribal Council recently.

That money is to help the Nisga'a pay for their involvement in an interim protection measures agreement. It gives the Nisga'a a say in resource development leading to a final claims settlement.

Talstra called the mayors' request another step in the effort to gain recognition from senior

governments.

"We had wanted direct input as a member of the (provincial) negotiating team. We have not gotten very far but the province has made a better attempt at keeping local people informed to some extent," he said.

But regular meetings now being held between municipalities and the province give only general information, Talstra continued.

"We're not really getting to the

meat and potatoes of any topics. We're not getting the details of any settlement. We're not sure of the basis of the statistics," he said.

Talstra said provincial officials will ask in general ways what municipalities think of issues such as public access to Nisga'a land.

"We'll ask what the provincial position is and they say they can't

Cont'd Page A2

Posties boost charities

TERRACE — Post office employees here have challenged businesses to give up Christmas gift exchanges at work.

They want workers to instead follow their example of giving the cash equivalent to charity.

"A couple people objected, but not many," says letter carrier Laurie Lindstrom of the plan she and two co-workers put together.

They'll draw up a list of three or four charities and the 28 Canada Post employees will then vote on which one should get the money.

An added incentive is a draw to choose an employee who can claim all of the amount on his or her income tax, said Lindstrom.

"The last thing any of us needs is another bottle of bubble bath or box of chocolates," she said.

Lindstrom estimates that approximately \$200 will be collected for a charity.

Post office employees will be making their choice this week.

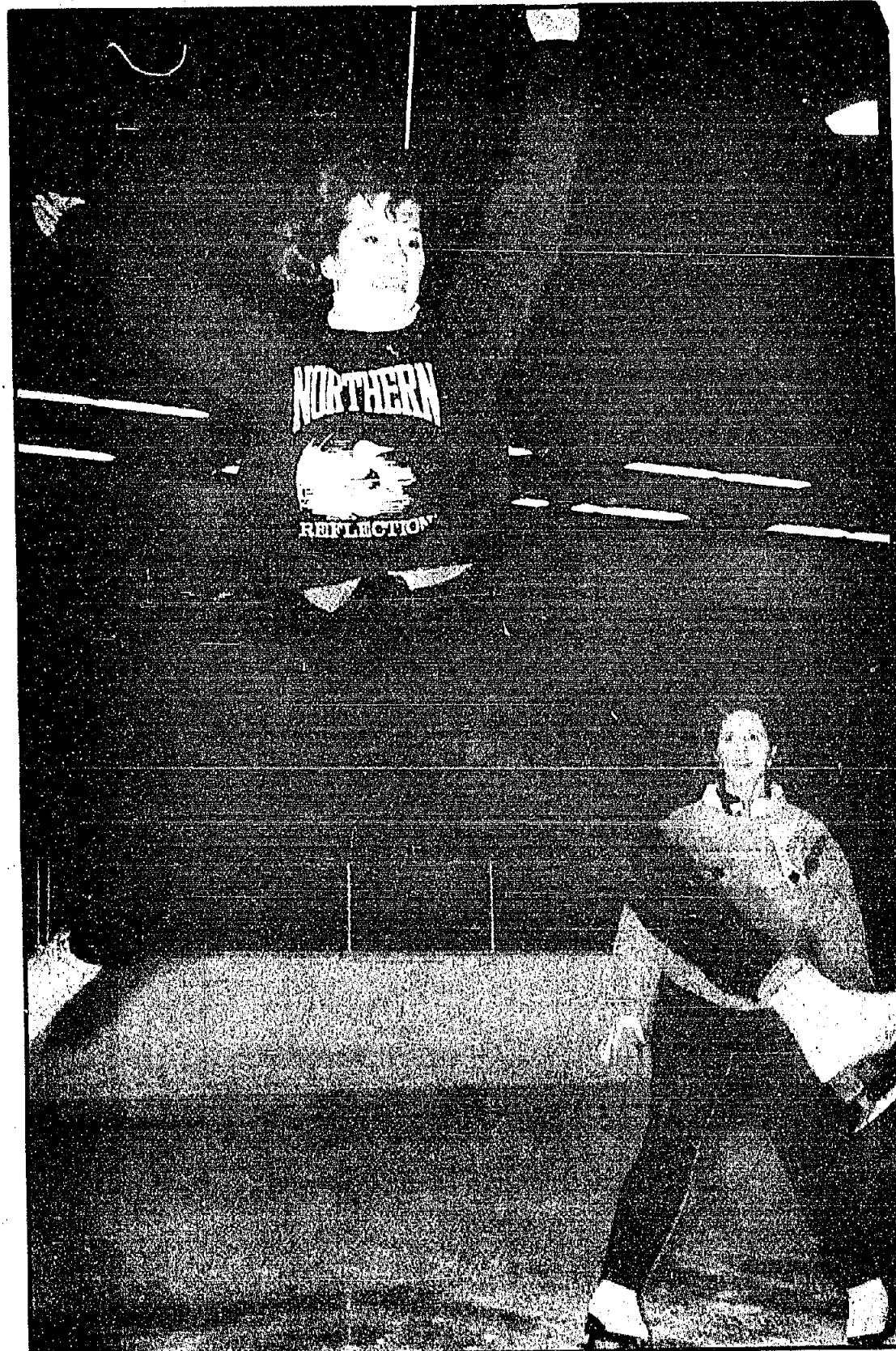
The 24 people taking Northwest Community College's 10-month early childhood education course have done essentially the same thing.

They've bought presents suitable for pre-school children and will be donating them to the Terrace Anti-Poverty Group Society.

Those presents are instead of having a Christmas gift exchange between class members, says course instructor Joan Turecki.

"They jumped on it. They thought it was a great idea," she said.

Turecki said giving gifts to pre-schoolers seemed appropriate because of the course being taken by the students.



Suspended animation

FIRST AIRBORNE. Terrace Figure Skating club coach Tanya Warkentin sails through the air with the greatest of ease with the assistance of the club's newest piece of equipment, a harness which allows young skaters to hone their jumps skills. That's assistant coach Shirley Palahicky in the background and out of picture is Leonard Warkentin, holding the other end of the ropes. By increasing the young skaters' "hang time", the harness allows them to work on their mid-air manoeuvres. The club anticipates the equipment will prove a valuable addition.

More city homeless will freeze

TERRACE — More of the city's homeless people will freeze to death this winter if some kind of emergency shelter isn't set up soon, predicts local anti-poverty fighter Gerry King.

"I think we're in for one bad winter coming up," says King, a longtime advocate for the poor with the Terrace Anti-Poverty Group Society. "Something has to be done immediately."

He was responding to the death by exposure last week of 52-year-old Daisy Wesley. She and her husband were living underneath a tarp on a vacant city lot off Greig Ave.

"There's at least 30 others that I know of on the streets here in town," King says. "I wouldn't be surprised if we're looking at two or three more bodies before the winter's over."

"It's appalling," said Reconnect's Tonce Sabine, who works with street children. "It's hard to understand how it can happen. But it does."

King says some kind of safe house or emergency shelter could be set up at almost no cost to take in street kids and adults who have

□ **Daisy's spirit lives on.**
See story on page A3.

nowhere else to go.

"I'm sure the city has buildings that aren't being used," he said. "It would take a minimum amount of work to get something like that set up."

"I know with all the Christians we've got in this community, something could be done."

He said past efforts so far have failed to set up any kind of safe house or hostel for the homeless.

But he hopes Wesley's death will spark a renewed drive for a shelter.

"It's very sad," added Kermode Friendship Centre director Sadie Parnell. "We need to come together and start providing something for our homeless people."

"It's tragic that this could happen. It's even more tragic that it took that to happen to get people to start asking questions and trying to do something about it."

Nyce defeated; and Leeson returns

TERRACE — One familiar name has returned and another was defeated in band elections held in the Nass Valley recently.

Harry Nyce, an executive member of the Nisga'a Tribal Council, was defeated by Perry Azak in an attempt to be re-elected chief councillor at Gitwinksihlkw (Canyon City).

Nelson Leeson, the public relations officer with the tribal council, defeated incumbent chief councillor Henry Moore at Lakalzap (Greenville). Leeson has been chief before.

Both were elected to two-year terms.

Edward Azak and Steve Azak were elected as the two councillors at Gitwinksihlkw.

The Lakalzap council has 11 positions and there were 24 candidates.

Elected were Eric Martin, Willard Martin, Henry McKay, Kevin McKay, Vern McKay, James Moore, Clarence Robinson, Earl Stephens, Mitchell Stevens and Wilfred Tait.

Nelson Leeson was also elected to a council position but since he was chosen chief councillor, that seat has become vacant and a by-election will be held next week.

Council holds off on store decision

TERRACE — Kewal Bal will have to wait until next year to find out whether council will approve his rezoning request.

Bal has applied to rezone two 3500 block Kalum St. lots from R2 low density residential to C2 local commercial.

He has indicated he wants to construct a convenience store on the approximately 18,000 sq.ft. site, located on the northern corner of Scott and Kalum.

However, that plan ran into stiff opposition from neighbourhood residents.

In particular, neighbours wanted to know exactly what the city by-laws allowed under a C2 definition and what Bal's plans were.

Asking council whether the development would include anything other than a store, Scott Ave. resident George May said he had heard "everything from a 7-11 to a pool hall."

City planning technician Jack Hepplewhite pointed out an applicant was not required to detail exactly what his commercial plans were.

However, he added, the business must fit the "permitted uses" criteria included in the city's zoning by-law. In the case of C2 that included such enterprises as barbers, laundrettes and shoe repair shops as well as convenience stores.

Linda Harris, a Kalum St. resident, said she was concerned by talk of an amusement arcade being located in the store.

Pointing out there was a high crime rate in the area already, she suggested the RCMP be asked for their opinion if there was any in-

tent to install pinball machines and the like in the store.

Pointing out Bal's proposed store would be the third such operation in two city blocks, Harris said the city should be encouraging a better variety of services within the neighbourhood, "not triplication of what's already there."

Noting Bal was not present to clear up the apparent confusion over what his intentions were, alderman Rick King suggested the city ask the applicant for more information before going any fur-

ther.

Reiterating the argument he used in the case of the Sandover-Sly rezoning application, alderman Bob Cooper said any decision on Bal's property should be postponed until after the public hearings on the recently released draft land use plan.

That plan offered two options for Kalum St., one of which designated it as an area of future commercial development.

Describing northern end of Kalum St. as "one of the most controversial areas" looked at in

the LUP, alderman Danny Sheridan said he didn't like either of the options put forward.

He therefore hoped the public, through the hearing process, would be able to put forward a third and better one.

Council agreed unanimously to delay any decision on the rezoning until the LUP hearings had taken place.

Although a date has not yet been set for the hearings, administrator Bob Hallor said they would not take place before mid-January.

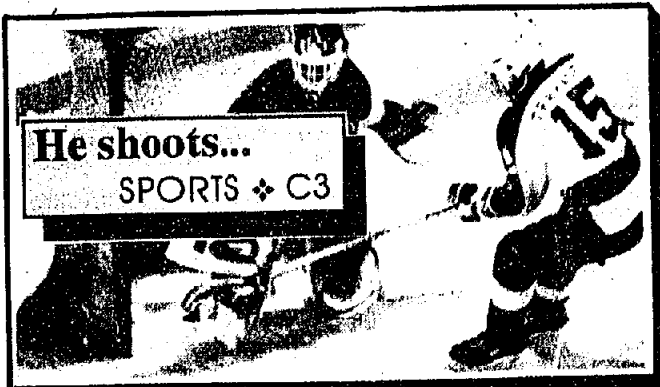
"Such a derisive piece of amateur reporting does not encompass a full spectrum of positive attributes of Kemano."

LETTERS ♦ A5

Healthy findings

♦ A new report backs the hospital's drive to get a CT scanner

NEWS ♦ A8



A NEW WAY

♦ Scouts will be allowing girls to join their ranks. At least some of them will

COMMUNITY ♦ B1

Police report

Counterattack campaign begins

While most of us prepare to enjoy the coming holiday season, Terrace RCMP officers are getting ready to battle B.C.'s most common criminal — the drinking driver.

The annual Christmas Counterattack campaign began yesterday and will continue through to January 3.

With the campaign comes the roadblocks. Police will have their portable ALERT breath testers with them. A failed blow could mean a trip to the detachment for a breathalyzer test.

Impaired driving is the most common criminal charge laid in the city. Const. Kim Hall says nearly 200 impaired driving charges have been laid so far this year.

Rape, assault charges laid

A 38-YEAR-OLD Terrace man faces a series of domestic assault charges after he attacked two women in a Thornhill trailer 3 a.m. Dec. 3. Neither victim was seriously injured.

The man — whose name is withheld to protect the identities of the victims — is charged with two counts of forcible confinement, three counts of assault with a weapon and one count of sexual assault.

Beware of the Grinch

THERE REALLY is a Grinch that steals Christmas. So says RCMP Const. Chris Swanson who is watching the break-and-enter statistics shoot up as the holiday season approaches.

Police received reports of 12 break-ins during the month of October, with seven of those happening at homes. In November those numbers doubled to 24 break-ins with 16 of them taking place at residences.

And Swanson says those numbers could continue to increase in December. The thieves often step up their activity before Christmas to give presents to their families — by stealing from someone else.

Lock it or lose it

YOU'RE SHOPPING. Your car is unlocked. And there's a \$300 VCR in it you just bought for the family.

It's a recipe to become one of the statistics of car theft in Terrace. RCMP Const. Kim Hall says there have been more than 300 thefts from vehicles so far this year.

And to drive the point home, the RCMP's 'Lock it or Lose it' runs from Dec. 11-13 and Dec. 13-20.

Police officers who find insecure vehicles around town will leave behind a pamphlet to let them know they were lucky — this time.

Motorists who leave their cars unlocked with the engine running or with the keys in the ignition can be subject to a \$75 fine.

from front

Mayors up ante

tell us. We'll ask what the Nisga'a position is and they'll say they can't tell us," he said.

Talstra likened it to speaking into a vacuum, not knowing if their comments will have an effect or what might happen.

"It'll be easier to give advice if we know the parameters of what we're talking about so that we can react to something that is on the table," he said.

Talstra pointed to the Nisga'a interim protection measures agreement as an example of what has been going on.

Released two weeks ago, the agreement had been the subject of speculation about its contents.

"There's nothing bad in the agreement, but we could have saved a whole lot of hassle and lots of time if the document had been released prior to signing," said Talstra.

"The communities, the non-native communities, were not involved in the process," he added.

To date, the provincial government has turned down requests for municipalities for more involvement in the Nisga'a negotiations.

Talstra doubted the provincial position that it can represent interests of other people in the northwest.

"They don't live here. They don't depend on the northwest for their livelihood. We do have that knowledge and experience," he said.

The mayors' position is that land claims settlement should correct injustices to native peoples, Talstra said.

Yet those settlements should provide for fair and equitable treatment of all those who live in the northwest, he said.

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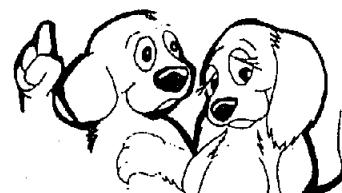
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Today's Answer



TRAGIC END: Daisy Wesley froze to death Nov. 28 beneath this tarp on the vacant Greig Ave. lot that she and her husband Alex called home. Anti-poverty advocate Gerry King remembers Daisy as a happy person who smiled easily.

Daisy's spirit lives on

By JEFF NAGEL
TERRACE — You remember them.

An elderly couple, she pushing a shopping cart before her, leaning heavily upon it for support, he close behind.

Their poverty was obvious. And if the few who really noticed them thought they probably drank a lot, they were right.

Daisy and Alec Wesley spent their days scouring city streets for fuel for their fires — even wood chips spilled from passing trucks. Anything to keep warm.

In their final days it was a fire inside, fuelled by countless bottles of cheap wine, that gave them warmth.

The fire finally died for 52-year-old Daisy Wesley on Saturday, Nov. 28.

She froze to death that day beneath the orange tarp that's been their only home for months.

Froze to death on a vacant city lot off Greig Ave. in the middle

of the most prosperous community in northwestern B.C.

"They've been around here forever," says Dale Solowoniuk who manages a business on an adjacent property.

He remembers watching Daisy feed a small dog.

"They always had some kind of little stray animal that they were giving what little food they had," he said.

"They always had some kind of little stray animal that they were giving what little food they had."

"Everybody knew they were there. There was just nothing anyone could do about it. They were caught by the booze."

Solowoniuk worried about the couple.

Two weeks ago, while looking at a clothing catalogue, he decided he would order them some thermal underwear. Two days

later she was dead.

The couple survived last winter inside an old CN warehouse beside the railway tracks, beside the Sande Overpass. They had been evicted from the north Kalum St. trailer they rented for 10 years.

During last winter, Daisy was brought to the K'san House shelter for women, according to Terrace Anti-Poverty Group

Society advocate Gerry King.

But she wouldn't stay separated from her husband and left K'san to rejoin Alex on the streets.

They spent last summer underneath the overpass. In the fall they moved onto the vacant lot behind Kalum Kabs.

King said he would slip Daisy five or ten dollars sometimes

when the couple came to the soup kitchen.

"She'd take it," he said. "But she never asked for nothing. She was too proud to ask."

Daisy never talked about their discomfort.

"She always seemed happy," King added. "It took very little to bring a smile to her face."

King remembers talking to Daisy in the park about their plight.

"I was expressing more concern for her health and lot in life than she was accustomed to hearing," King recalls. "She said: 'Don't you worry about me. God will look after Alex and I in the next life, because there is only so much to go around, so he gave us each other.'"

"It brought tears to my eyes," Daisy Wesley's funeral was held in New Aiyansh last Thursday.

She and Alex would have been married 30 years come spring.

Your Christmas donation guide

The Salvation Army is looking for donations for its annual Christmas hamper program.

It's making plans to distribute 400 hampers beginning Dec. 21.

They'll consist of food and presents, says Salvation Army Lieutenant Michael Hoeft.

He says it'll take approximately \$24,000 in cash donations for the hampers. Donations in kind are also welcome.

Helping the effort are the Army's kettles which are now out in the Skeena Mall and at the liquor store.

The Army will take hamper applications until Dec. 15 from 1 to 4 p.m. beside Kondola's Furniture on Hwy 16 West.

Donations can also be dropped off at the same location during the same times.

Presents should not be wrapped. That's to ensure that the right present goes to the right person, said Hoeft.

The Army this year is hosting a singles supper beginning noon Christmas Day at its Walsh Ave. church.

Those at the supper will receive a small hamper to take home with them.

Volunteers are welcome to help prepare hampers and to wrap gifts.

More than 20 years of Christmas giving continues as the Golden Rule Society plans to distribute food to the needy.

Its aim is providing enough food in goody bags for the needy over the Christmas week, says organizer Juanita Hatton.

She's out selling raffle tickets this week to raise money. Prizes include three video movies, an electronic typewriter and three Shames Mountain flex passes.

Donations can also be made to the society at the Royal Bank.

The goody bags will be distributed Christmas Eve in the building just behind the alternate school on Lakelse Ave.

★★★★★

The Terrace Child Development Centre's Christmas Tree of Lights is back up at the Skeena Mall.

Proceeds from the sale of lights go toward various activities of the centre.

Those lights cost between \$2 and \$50. The centre is also selling Christmas cards.

★★★★★

Once again, the Terrace and District Credit Union is taking cash donations in support of the Salvation Army hamper campaign. They can be made during regular opening hours.

★★★★★

Now up in the lobby of the Skeena Broadcasters building on Lazelle Ave. is its Christmas tree.

And there's lots of space underneath for items for the Salvation Army's hamper program.

The emphasis is on toys for infants and teens and gift items for seniors, says Sharon Taylor of Skeena Broadcasters.

Don't wrap the gifts. That's to ensure the right present goes to the right person.

Those gifts should be in at Skeena Broadcasters by Dec. 17 to ensure they are delivered on time to the Salvation Army.

Gift suggestions are being broadcast on Channel 10.

★★★★★

Providing a good Christmas gift for a needy child is the goal of the K-Mart children's Christmas tree in the Skeena Mall.

The tree has tags on it bearing the first name of a needy child, sex, age and clothing size.

Simply pluck a tag, buy a clothing item or toy and return it — unwrapped — to the tree.

The K-Mart social committee will wrap the toy.

The child's name must be registered at the K-Mart store but the gift can be purchased at any location.

Names have been submitted by local service organizations,

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EDITORIAL

A healthy portrait

It has to be an uncomfortable experience. Somebody from the outside comes in to take apart your place of work and your job and then publishes a report for all the world to read. Yet that's what hospitals in Terrace, Kitimat and Prince Rupert faced with the release two weeks ago of a review of their operations.

Simply put, the review says the hospitals could be run more efficiently. They don't need more money to provide a good service. Instead, they should use more wisely what money they have now.

That kind of thing is easy to say. Hospitals are an easy target because of the amount of money they spend. But putting the health review into practice is another thing altogether.

Hospital costs are driven by the number of people who come through the door. Unfortunately, hospitals don't have a lot of control over this. So any move by the provincial government to curtail hospital costs cannot be treated in isolation. They are just one part of the health care equation.

tion.

Hospitals must be treated as the last resort. Taking alternate measures — short of barring the door — to prevent people from being admitted will lower their costs. Those dollars saved can be invested in community health care and preventative programs.

The provincial government has started doing some of this. Unfortunately its hospital budget cutting exercise wasn't done with a lot of explanatory groundwork. That left people understandably upset and confused.

The big picture tends to get lost when those affected can see only the smaller brush strokes. A work of art can turn into a masterpiece when done correctly. If not, it is merely a mish-mash of colour and jumbled images. It is not too late to change this. The hand that holds the paintbrush can be controlled by all of us who live in the northwest. A self portrait can provide more satisfaction than a paint-by-number outline.

Right hand turn

Don't be surprised if you notice Skeena NDP Jim Fulton's signal light indicating a turn to the right. There's a growly mood out there in voter land and with a federal election coming next year, expect Mr. Fulton to make the suitable adjustment.

Although Mr. Fulton is one of the more professional and popular and electable politicians in Ottawa, he's not one to lay back. A "surging" Reform party in Skeena that now boasts more than 500 members who bonded during the referendum debate has caught his attention.

Mr. Fulton has largely been elected on his personal strength and not so much on the policies of his party. A credible right wing leaning candidate with a no-nonsense platform could give Mr. Fulton a serious

run at the polls.

So it wasn't unexpected to have Mr. Fulton take a swipe at the rabid environmentalist movement. He objects to the tag that B.C. forestry practices have made the province "the Brazil of the North."

In doing so, Mr. Fulton has also criticized Colleen McCrory, one of the more vocal leading lights of the environmentalist movement in B.C. This is significant because Ms. McCrory worked for Mr. Fulton during the 1988 federal election campaign and then worked in his Ottawa office.

This is not to suggest that Mr. Fulton has cut Ms. McCrory and her type adrift. But it is a sign that Mr. Fulton has begun to position himself in anticipation of a tough campaign next year.

Problem with pills

Taking medicine to improve my health is ineffective unless I can remind myself to take when I should.

I'm doing my best to take — twice a day — a prescribed drug that must be swallowed with food to minimize the risk of duodenal hemorrhage. If I manage to take the fist pill with breakfast, it may slip my mind for the remainder of the day, meaning I miss the second pill.

Or by mid-morning I can't remember whether or not I took one at breakfast. Because I dare not take one at lunch to make up for the one I may have skipped in the morning... You see how erratic treatment becomes.

Medications of long standing aren't a problem. Like donning pajamas at bedtime, or adding milk to coffee, taking a dosage of a regular prescription is automatic. Bedtime? Wind the clock, gulp one pink and two green pills with some water, and off to bed.

It's the new or short term prescription I block out. A two week antibiotic, or an anti-inflammatory for an arthritis flare-up.

Then, if a new drug must be taken at a particular time such as before, with, or after meals...

Funny, we have diaries to keep track of appointments, alarm clocks to wake us on time, cribbage boards to keep score, but only family to jog our mind about pill taking.

Except for birth control pills. Because one day's goof can produce an eight pound bundle, even young women

Through Bifocals

by Claudette Sandeck



with reliable memories are assisted in properly administering to themselves. A month's supply of pills is arranged in a wheel. Fake pills fill spaces for the days when no drug should be taken.

But folk like me, older with memories less trustworthy than they once were, are often stuck taking more pills of a greater variety. But do we have help remembering when we should swallow which pill?

I'm testing what I hoped would be a fail-safe reminder system. At breakfast I count out two pills, swallow one, and place the second one in an empty bottle along with a note on which I write the date. (This derives from corralling all recipe ingredients in one spot before measuring anything into a mixing bowl.)

So far this system works better. Until suppertime. Then, despite moving the pill bottle during the day from next to the sugar bowl on the kitchen table to in front of the coffee-maker, invariably as I sit down to evening TV my husband asks, "Did you take your pill?" and I have to answer, "No". I've forgotten again.

You'd think the tablets were the size of CFL footballs or tasted terrible, the way I scrub them from my memory. I need

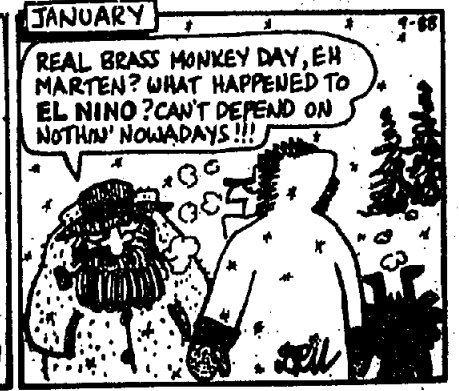
a pill bottle with a microchip, like a Barbie doll that says, "I want to be a doctor." It should beep like a smoke alarm in need of a new battery, or announce "Pill time."

Andy why not? If Christmas tree lights can play "It Came Upon a Midnight Clear," or kids' windup toys plunk out a recognizable version of "Rock-a-bye Baby in a Tree Top," why can't pill bottles talk or flash lights at selected times?

Drugstores with computer healthwatch files could incorporate a customer's musical preference and perforate a label that would play eight bars of Mozart or Blue Grass.

I need more than a spoonful of sugar to make my medicine go down.

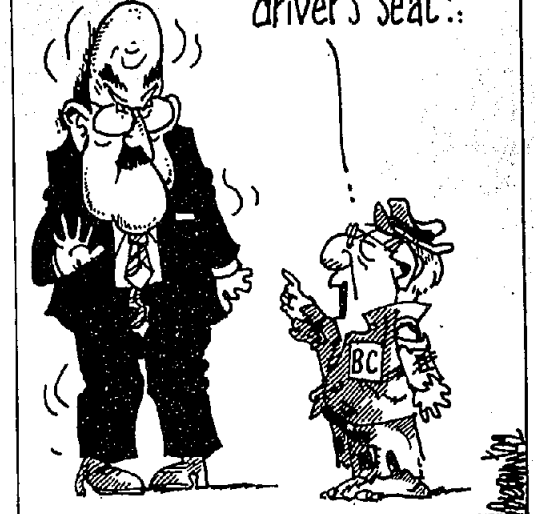
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you only have Social Credit to blame for the financial mess..the high unemployment rate..the lack of foreign investments..the unrest in the labor market..the exit of industries..the many lay-offs..the....



I also blame them for putting you in the driver's seat!!



Attack on AIDS band aid solution to serious situation

From the Capital

by Hubert Beyer



VICTORIA — "I'm meeting some people in my office in half an hour; want to sit in?" M.L.A. Emery Barnes asked me recently when I passed him in the corridor of the Parliament Buildings.

"What kind of people, Emery?" I asked. "Folks from AIDS Vancouver Island," he said. "I'll be there," I told him.

The exchange took place a few minutes after Big Em had reminded the B.C. Legislature that Dec. 1 was World AIDS Day.

"Communities have a crucial role to play in the eradication of AIDS, not only in the care and support of people with HIV or AIDS, but also in preventing the spread of HIV infection," the NDP MLA for Vancouver-Burrard told the legislature.

Emery also made an appeal for compassion and understanding. People with AIDS, he said, are not just numbers and statistics. "They have faces, families, ambitions, dreams and aspiration, just as you and I."

At the appointed time, I showed up at Emery's office and introduced to Dale Weston, executive director for AIDS Vancouver Island and Linda Graham, volunteer coordinator for the group.

What, Weston asked, made Emery such an compassionate and kindred soul? In his typical and humble manner, Emery tried to explain that it comes with an MLS's territory. At which point, I felt compelled to set the record straight.

Emery, I told Weston and Graham, knows from personal experience what it's like to be shunned. When he began his career as a football player in the States, he had to stay at different hotels than his teammates. Emery is black, all seven feet, six inches of him.

To be shunned is nothing new either to people with AIDS. When a Victoria restaurateur, who has raised more than \$100,000 for all sorts of causes and charitable organizations in the past 10 years announced that proceeds from last year's benefit would go to AIDS Vancouver Island, a lot of the regulars suddenly discovered that they had other commitments.

Weston said AIDS sufferers still have to endure a lot of discrimination. "AIDS is more than just HIV infection. It is a disease which is rooted in and flourishes in homophobia, sexism, racism, chemical dependency and poverty," he said.

Graham told me she got involved as a volunteer with AIDS Vancouver Island because she felt she had to do her part in fighting the disease and changing public attitudes towards AIDS sufferers.

"I'm the mother of a five-year-old, and I don't want him to become a victim of AIDS. I don't want him to die of that which brought him into the world."

I want him to grow up and understand that people of every breed, colour and persuasion need help," she said.

Both Weston and Graham stressed that AIDS is no longer a disease of homosexuals and drug abusers, that AIDS has very much become a heterosexual disease.

And as AIDS gains a firm foothold in the heterosexual

community, funding to battle the disease becomes more and more urgent.

The current budget provides for a total of \$3.5 million for HIV prevention, \$400,000 of is allocated to urban aboriginal AIDS initiatives.

More than \$500,000 in funding has been provided to maintain and expand the Vancouver Needle Exchange program; an addition \$265,000 will be spent on street outreach programs in Victoria, Nanaimo, Surrey and Kelowna.

But considering the scope of the disease, current funding is no more than a band-aid solution. It is estimated that between 10 million and 12 million people are currently afflicted with the virus. By the year 2000, that figure is predicted to reach 30 million.

Education is perhaps the most important of any initiative aimed at curbing the spread of AIDS. To that effect, the original version of the video on AIDS which had been banned by the Socred government was shown in movie theatres throughout British Columbia last summer, seen by an estimated 300,000 movie goers.

Drugs for treating AIDS have been developed, but they are expensive and can alleviate the condition for a limited time only. What we need is a sure-fire vaccine for 20 years down the road, AIDS will make the Black Death of the middle ages look like a minor health hazard.

BILL 84

Change bad for business

TERRACE -- The New Democrat's proposed labour legislation threatens the engine of the province's economy, claim local chamber of commerce members.

"Small and medium business is the backbone of the economy," chamber vice-president Debbie McIntyre pointed out.

And that backbone could be broken by some of the changes the government intends to introduce.

McIntyre said members are particularly concerned with amendments affecting union certification.

Under the new rules, employees would no longer vote in a secret ballot on whether they wanted to

unionize or not.

Instead, certification will be automatic once 55 per cent of employees sign a card saying they wanted to form a union.

McIntyre maintained that is potentially detrimental to smaller businesses because it makes it much easier for unions to become established.

"Before you know it, overnight, you've got a union," she said.

The chamber feared unionizing small and medium sized businesses would impede the communication between employer and employee by introducing a third party.

Businessmen already knew a

good employer-employee relationship was an essential part of their own success.

Putting an outside organization between the employer and employee put that relationship at risk.

And if unionization meant demands for higher pay, it could kill some businesses.

While maintaining their employees were not underpaid, McIntyre warned the reality was many small businesses across the province were finding it tough to get by in the current economic situation.

"Some are just hanging on by the skin of their teeth," she said, and any increase in the cost of

doing business could be the difference between surviving and going under.

On a broader scale, McIntyre said Bill 84 represented a "step backwards" in labour relations in this province.

"It's not creating a climate that welcomes business," she said, adding the economy depended on creating new businesses.

McIntyre said a chamber call for member businesses to send letters to premier Mike Harcourt and Labour minister Moe Sihota had so far elicited 36 letters.

However, she admitted, it was doubtful the government would listen to small businesses complaints.

Mills not worried

TERRACE -- Although most of the proposed labour legislation changes will not affect Skeena Sawmills directly, manager Don Chesley fears there could be other repercussions.

In particular, he was concerned about what the drive to unionize might do to the small supply companies the mill deals with.

Especially worrying was the prospect of the provincial government deciding it would only deal with unionized companies.

Emphasizing the importance of government expenditures to the local economy, he suggested "half of our small suppliers would fold without it".

As for the proposal to allow companies and unions to negotiate what are known as secondary boycotts -- agreements to buy supplies only from unionized companies, for example -- he did not see that having any effect on the Terrace operation.

While such deals had been possible in the past, Chesley said Skeena Sawmills union, the International Woodworkers of America (IWA) had never raised the issue during contract negotiations.

Pointing out the history of the IWA at the bargaining table was one of "common sense", he expected that would not change.

Over at Skeena Cellulose, manager Rand Menhinick said people will have to wait to see what the full impact of Bill 84 will be.

"There's no sense speculating on what may or may not happen. Until it's tested we don't know," he explained.

At this point, however, he could not see the secondary boycott provisions being a problem at the mill.

Menhinick said the company already had agreements with its union on purchasing supplies from outside.



TEACHERS' STRIKES that go on forever. That's one possibility under Bill 84, says the local chamber of commerce. The criticism refers to the removal of the "essential service" tag from education, removing the possibility of teachers being legislated back to work by the government. It's just one of several provisions in the new labour law that concerns the chamber and has prompted members to fire off letters of protest to be sent to the provincial government.

Fairness key to new laws

TERRACE -- Bill 84 is a balanced piece of legislation which tackles major labour relations issues "left fermenting since 1983", says Skeena New Democrat MLA Helmut Giesbrecht.

As for the business community's strident opposition to the proposed legislation, he suggested "there's a little politics involved".

Giesbrecht said the business community were probably reacting on the basis that if it didn't complain, "how much further will they (the government) go?"

Business was also bound to be unhappy the new law would mean "giving up some of their turf," he added.

Pointing out no-one had ever claimed the previous Social Credit government's labour legislation was either fair or balanced, he said the New Democrats' offering swung the pendulum back

towards fairness.

As for claims it swung the pendulum too far in organized labour's favour, Giesbrecht pointed out union leaders were not entirely happy with the package.

Turning to specific criticisms, he said the removal of the secret ballot for union certification simply brought B.C. in line with eight other provinces in Canada.

Giesbrecht said labour had complained for years that under the Secret legislation, the time between the call for a certification vote and it taking place gave employers an opportunity to unfairly influence the outcome.

For example, he was aware of a specific case where the employer used the time to hire enough new employees to ensure the certification vote went against unionizing.

Giesbrecht also pointed out the new rules -- certification upon 55 per cent of the employees signing

union cards -- was potentially more democratic.

That's because under the secret ballot system, a majority of 50 per cent plus one was all that was required and that was only of those employees who actually voted.

It was therefore possible to unionize a workplace with less support than the new regulations required.

Giesbrecht also pointed out the abolition of the secret ballot provision had been unanimously agreed upon by the subcommittee set up by the government to make recommendations, including the business community's own member.

On the proposal to outlaw scabs, he said it would help avoid the picket line violence seen in the past.

"The public doesn't enjoy seeing the courts and R.C.M.P. enforcing the employers view,"



Helmut Giesbrecht

he maintained, adding most police forces would be happy to be out of it.

As for removing the illegal status of secondary boycotts, Giesbrecht said that was the type of issue which should be left to employers and unions to negotiate, not imposed by government.

LETTERS

Kemano story termed naive

Dear sir:

I have grave reservations about "Kemano Politics Blasted," Nov. 25, 1992.

Such a derisive piece of amateur reporting does not encompass a full spectrum of positive attributes of Kemano but all too easily plays upon the targeted demeaning attacks by those whose credibilities can only remain suspect at best.

Jeff Nagel is naive to surmise that a good portion of business is not carried out behind closed doors. In my own enterprise which fields petrochemical tankers out of Methanex terminal to off-shore customers, my clients emphatically seek confidentiality. Is this so new or difficult a concept to grasp in competitive environs?

Mr. Nagel is also a tad daft to believe all he diligently quotes/scribbles down from the likes of Mr. Alderdice and Mr. Hartman.

We all know that former employee(s) no matter what their previous occupation, with their new found 'diplomatic immunity' can blurt out anything they so desire, often of a vindictive bent since in many cases they have grudges to bear against their former higher-ups and employers.

I challenge that neither Mr. Alderdice, nor for that matter Mr. Hartman or their combined faculties and experience factors are indisputable experts on fish habitat, regeneration or mortality rates.

It's absolutely far too complex an interaction of umpteen variables to single out reduced

flow rates as the single root cause of the fish depletion debacle in the upper Nechako.

I conjecture that the web of life which is in contention as being Alcan's/Kemano's fault for placing in jeopardy is a very foolhardy and untrue stance to take. There is in fact a very intricate set of parameters which govern the biodiversity of the Nechako and it is all too simplistic to focus your ridicule on Alcan and Kemano I and II.

Time to give Alcan — and Kemano — a break.

Further, I hope your newspaper is semi-aware that the potential megawatts from the Kemano Phase II project which would be input into the B.C. Hydro grid are in the short term marketed to highest bidder through the Powerex sales division.

I think your paper owes it to yourselves and we, your readers, to present a much more balanced, equitable and impartial analysis of what you print and report in the media.

The continued, relentless bashing of corporate Canada already beleaguered by a nation-wide recession, the depreciating affects of NAFTA Free Trade Agreement, and the dumping of resources/goods by eastern block countries on all ready depressed free world markets, is a tough enough quagmire to struggle out of.

Gerry Bloomer
Kitimat, B.C.

Nothing secret about Kemano

Dear Sir:

Your Nov. 25 story entitled "Kemano politics blasted — Biologists pressured for 'politically compatible' results" by Jeff Nagel was one of a number of recent media stories about so-called 'secret' documents in connection with Kemano Completion Project environmental studies.

Former DFO biologists Don Alderdice and Gordon Hartman are quoted as suggesting political interference in the scientific process took place prior to the 1987 Settlement Agreement between Alcan and the Department of Fisheries and Oceans.

In a recent issue of The Ingot at Kitimat Works, Alcan's B.C. vice-president, Bill Rich, responded to some of the allegations.

Here are some of the points Mr. Rich made in the interview.

"Alcan has no knowledge of the internal procedures used at the Department of Fisheries and Oceans for finalizing a position on a technical question. However based on my long experience in a large organization like Alcan, it would be remarkable indeed if there were never any disagreements. And at the end when a decision must be made, there may be some who remain 'offside'."

"Some of the published

comments appear to challenge the (Nechako Fisheries Conservation) program, calling it experimental. Created under the 1987 Settlement Agreement, it has been in operation for five years with an annual budget of over \$1,000,000. It has accomplished the goals identified in 1987 when the program was initiated.

"These are not 'theoretical' approaches or 'experimental' techniques. They have been shown to work on the Nechako River just as they have elsewhere. Simply put, the natural fish production capability of the river can be conserved through human assistance with habitat development."

"That is one of the principal building blocks for sustainable development — the maintenance of fish habitat and fish production in parallel with economic development."

"Others have argued that we should show how much it costs in the way of investment and job loss to protect 'a few thousand chinook salmon.' I have consistently resisted doing this. 'Perhaps people should be informed how much effort, forgone investment and loss of power production is involved in the protection of our fisheries resource.'"

Alan C. Hewitson,
Alcan,
Kitimat, B.C.

The Terrace Standard welcomes letters to the editor. We ask that they be signed and a phone number be included. Letters are subject to editing for reasons of length and for good taste. Unsigned letters are thrown away.



The Start is for people learning how to read.

Reward

There was a fire in Thornhill in September.

It burned down a house on Dobbie. The house belonged to Claudette and Gene Sandeck.

There is now a reward for information on the fire.

It is being offered by Vandal Watch. Call 635-5556.

Train club

Model railroaders have a huge layout here. It's located at their headquarters in a basement at 5110 Agar Ave.

They have laid down several hundred feet of model train track since 1989.

The model train layout includes several towns, named after cities in northwestern B.C. There are five tunnels and six bridges. There are also mountains, forests and cliffs.

That's Mike Anweiler. He's one of the club's members.

But the set isn't finished yet. A couple of towns haven't been built yet.



BUSINESS REVIEW



Tank triplets

WORK CONTINUES on an expansion and improvements to the Imperial Oil bulk plant here. That's welder Saul Guerreiro on the left, plant manager Allen Pos in the middle and pipefitter Dave Horbach on the right. The new plant features sophisticated alarm and environmental protection measures.

New bulk plant nears completion

TERRACE — The first shipment by rail of petroleum for the expanded Imperial Oil bulk plant here is expected soon.

It'll mark the end of the company trucking the product here from Prince Rupert after it has been barged up from a Vancouver refinery.

Instead, the company will be shipping its product by rail from an Edmonton refinery.

The last barge shipment was due over the weekend.

The changeover has been accompanied by a \$3 million program to increase the size of the bulk plant and to make substantial improvements to the way it operates.

There is also a change in the way Imperial Oil will do business here because of the size of its new plant.

Responsibility for the bulk plant has been shifted from Imperial agent Cole Petroleum to Imperial Oil, says new bulk plant manager Allen Pos.

"Cole Petroleum will remain the agent and will handle the customers," he said.

Pos calls the new bulk plant set up extremely automated in terms

of unloading from tank cars and loading for delivery and sophisticated in terms of environmental protection.

The four new tanks, for instance, are surrounded by a berm that can contain a spill equivalent to the volume of the largest of the tanks plus 10 per cent of the capacity of the remainder.

An intricate series of alarms will give notice of spills, fires and intruders.

The gates will automatically open in case there is a fire so that fire trucks have immediate access to the site.

"We've been working with (city fire chief) Bob Beckett on developing plans to handle anything from fires to spills, kidnappings, extortion, lightning and earthquakes," said Pos.

A video camera system will provide a permanent record of all events.

The expanded plant will also handle storage for Shell Canada products.

Although base petroleum is essentially the same, Imperial and Shell will mix in their own additives at the plant.

Sharing a bulk plant is becoming

common because economies of scale kick in, said Pos.

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TERRACE — Entries are encouraged for the Terrace and District Chamber of Commerce's Fourth Annual Christmas lights contest.

There are four categories — best commercial, best street, best house and best original theme.

Prizes are offered and judging takes place Dec. 23.

Entry forms are available at The Terrace Standard and Skeena Broadcasters. Both are located on Lazelle Ave.

★★★★★

Video store changes continue in Terrace with a new name for Crazy Mike's.

It's now called Wilderness Video following the summer purchase of the chain by Wilderness Video Group, says owner Richard Walton in Vancouver.

Crazy Mike's was bought about this time last year by 24 Hour Video which in turn ran into financial trouble this spring.

The company went into receivership and was then taken out of receivership by Wilderness Video in the summer.

Wilderness Video Group will have approximately 20 stores bearing the Wilderness name by

OUT AND ABOUT

the end of December.

A further 65 stores will still carry the 24 Hour name until leases for the signs run out, says Walton.

★★★★★

A local resident studying at BCIT is the recipient of a scholarship from Borden Packaging.

The \$300 award to David Weismiller was one of those given to

students who receive the highest averages in the first year of their studies.

Weismiller is enrolled in the chemical sciences technology program.

★★★★★

A forests ministry report says there are lots of uses for wood waste produced by small sawmills.

Those uses include sawdust for livestock bedding, garden nurseries and pathways; wood pieces and sawdust for composting of septic waste; ground up bark for seed bedding and edgings and trimmings for residential firewood.

These kinds of uses reduce the amount of waste and generate additional revenue, says the report.

Copies of *Market Opportunities for the Utilization of Wood Waste Generated by Small Sawmills* are available from the timber harvesting branch in Victoria.

Leave Yellowhead alone

TERRACE — Local elected officials plan to go to war against some southern cities that are trying to horn in on the official Yellowhead Highway designation.

Merritt and Kamloops representatives want the Yellowhead designation — which has recently been given to the piece of road from Valemount to Kamloops — extended to Merritt.

The route originally went only

from Winnipeg to Prince Rupert, with Hwy16 covering the B.C. portion of the route. But the association has changed the definition to cover routes leading to both ocean ports via the Yellowhead Pass.

"It makes no sense," said Kitimat alderman and Kitimat-Stikine regional district representative Tom Goyert.

"The deviation from the original object is so substantial

that it eliminates the reason for belonging," he said.

"Those guys are out to lunch," added Hazelton mayor Alice Maitland. "We should walk all over them."

And with those sentiments being expressed unanimously, regional district directors voted to pull out of the association and call on all northern municipalities to do likewise if the association doesn't abandon the idea.

YOUR INVESTORS TEAM

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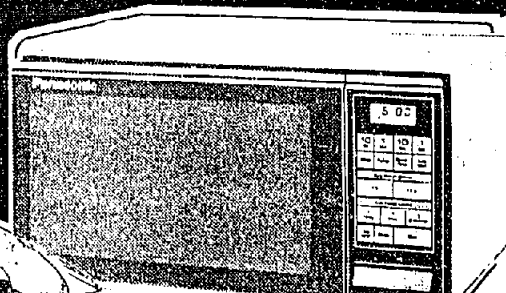
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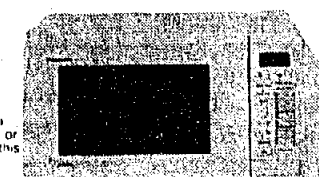
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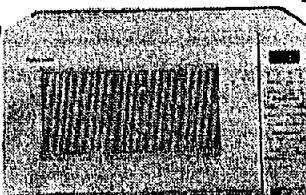
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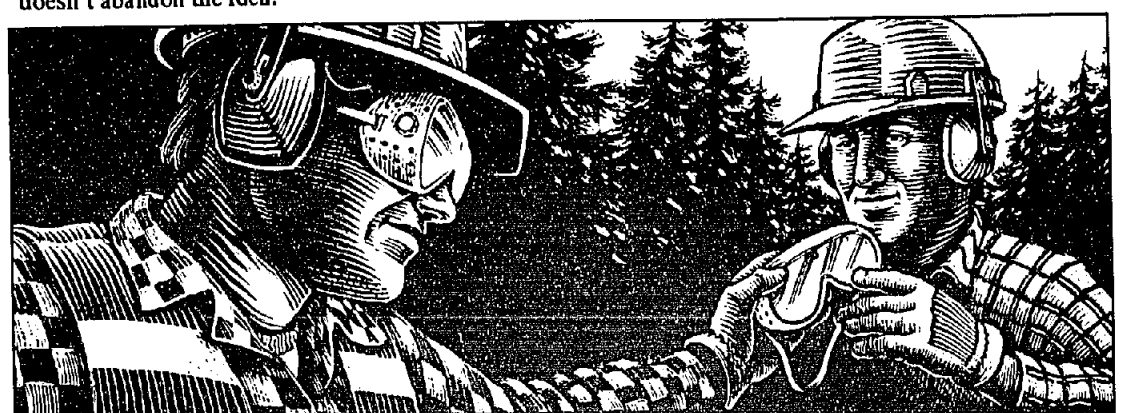
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All 3 courses will be held in Campbell River, 8:30 am - 4:30 pm.

Registration is limited and course fees are subject to change.



WORKERS' COMPENSATION BOARD

Alcan calls biologists' demands unreasonable

TERRACE — Biologists who slammed the 1987 deal that gave Alcan rights to much of the Nechako River wanted unreasonable concessions from the company, says vice-president Bill Rich.

Rich was responding to leaked Department of Fisheries and Oceans memos in which some biologists criticize the Nechako Settlement Agreement for giving Alcan the right to take up to 88 per cent of the river's pre-1950 flows for the Kemano Completion Project.

He noted that some of the memos were written prior to the deal, in which some scientists disagreed with the fisheries minister about what the minimum flows should be.

The status quo wasn't good enough for them, Rich said, adding the scientists were calling for flows that would have reduced the amount of water Alcan was taking at that time.

And Rich said DFO wasn't the only place where people disagreed about what the flows should be.

Within Alcan there were those who had argued for lower flows than agreed to, Rich said, and some of them fear the company

gave away too much in agreeing to a comprehensive program of fish habitat mitigation.

"There are some within the company who still are nervous about that," he said.

The company has also been criticized for keeping secret some of its reports and studies on the project.

Some of those studies aren't being released because they relate to the Nanika Diversion — a plan to add parts of the upper Skeena watershed to the Kemano reservoir that was scrapped by Alcan.

"We're not going to spend a lot of time answering questions and debating it because it's not part of the project," Rich said.

And he said Alcan can't release all the other documents and studies it has compiled on the project over the years — even if it wants to.

Reports Alcan prepared for its court case against the government in the 1980s must remain confidential according to court rules.

Although an out-of-court settlement was reached in 1987, Rich says documents entered in the case remain privileged because the case is only adjourned.

"That court case is not finished — it's adjourned. And it is still

potentially active."

The case could someday be reactivated, although Rich declined to speculate what kind of situation might prompt that.

He maintains the company will oppose any type of public environmental review — which premier Mike Harcourt has committed the province to carry out.

"The time for a public review was a few years ago — not now," he said.

"That is not a reasonable request to make of us when a project is half done."

About \$600 million has been spent on the Kemano Completion Project so far.



Bill Rich

Natives poised for court action to stop Kemano

TERRACE — Cheslatta natives are calling for a judicial inquiry into the Kemano Completion Project.

"There's got to be a full federal-provincial judicial inquiry," Carrier tribal chief Justa Monk said.

Natives and environmentalists opposing the billion-dollar hydroelectric project say Alcan's plan to divert half the water in the Nechako River — reducing it to as little as 12 per cent of pre-1950 flows — will destroy the river and its salmon.

Seventy-five members of the Cheslatta band lost their homes when Alcan flooded 120,000 acres of their land in 1952.

And they say they'll fight Kemano Completion to the end.

If a Supreme Court challenge of the project fails to force Alcan to undergo a federal environmental review, Monk says, they will try to entangle the project in their native land claim.

Cheslatta band researcher Mike Robertson says the band will seek to have Kemano halted until their land claim is settled.

But when interim measures negotiations on their claim might start is up in the air.

If the band's legal and political arsenals fail to stop Alcan, Monk said, his people will turn to direct action.

"We have some plans," he said. "But I am not prepared to disclose them at this time."

"It's up to us to assert our authority," Robertson added. "Our whole future's at risk because of that project."

He said it's not the fault of the Cheslatta people if the province has to pay millions of taxpayers' dollars in compensation to Alcan in order to halt the project.

"They (government officials) are the ones that went behind closed doors and let Alcan go ahead and do this without any consultation," Robertson said. "This is the penalty they're going to have to pay for it."

"They've got to pay the piper or else face some extreme consequences."

He doesn't rule out the possibility that Alcan might come up with some compromise that could get the band's blessing.

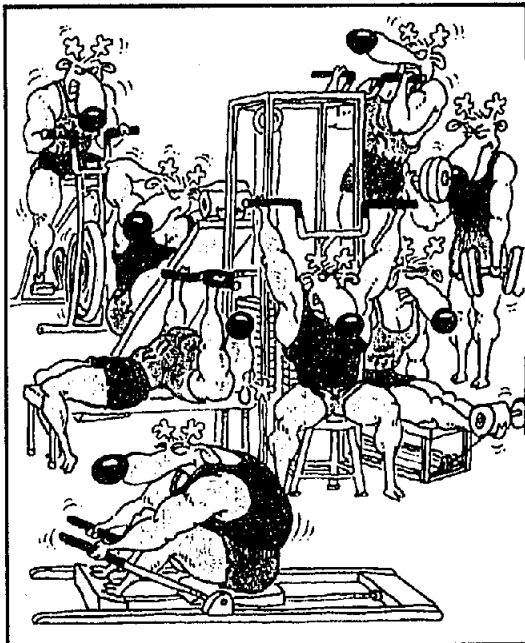
But he said that would require a scaled-down project, higher flows in the Nechako River, Alcan participation in a plan to revitalize

the Cheslatta River, and a compensation package for the flooding that happened in the 1950s.

"If Alcan wants to work in this territory they're going to have to play by our rules," he said. "We can no longer allow one corporation to control such a vast territory."

"They've made such vast profits from this territory it's time they put some of it back."

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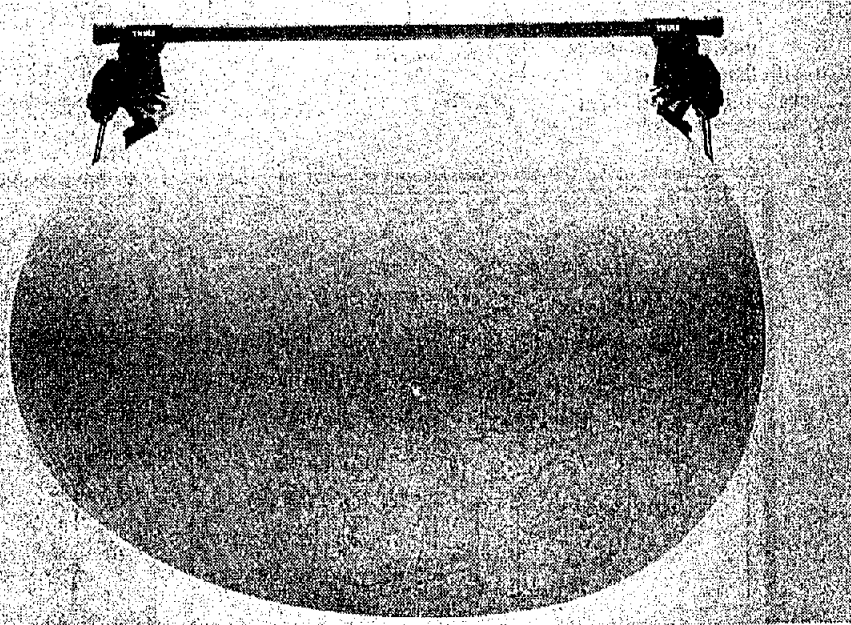
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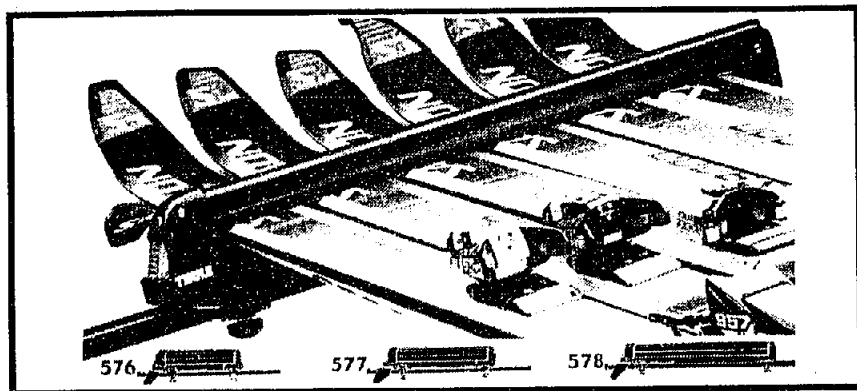
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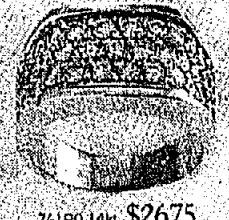
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News in brief

Land claims ads

AN EARLY fall radio campaign giving information on the Nisga'a land claim cost \$12,226 for production and air time.

The ads appeared on private northwest radio stations featuring Nelson Leeson of the Nisga'a Tribal Council and a paid actor. Their contents ranged from what the Nisga'a wanted in a land claims settlement to statements that natives do pay taxes if they live off a reserve and earn their living off a reserve.

Cost of the ads was divided between the Nisga'a and the federal and provincial governments. They form part of a program by the three parties to give information on the settlement talks.

A pamphlet has already been distributed and an open house has been held in Terrace.

Gun amnesty extended

THE NATIONAL firearms amnesty has been extended to Dec. 15. Owners of unwanted guns and ammunition can turn them in at the RCMP detachment without penalty, or phone the detachment for assistance.

RCMP here have received a handgun and a hunting rifle so far. The guns and ammunition collected will be destroyed.

The amnesty gives immunity from weapon possession charges, but doesn't preclude investigation if the gun was used in a crime.

It's a chance to get rid of unregistered restricted weapons or prohibited weapons without fear of prosecution.

Prohibited weapons don't just include assault rifles and Uzis. The list extends to large capacity magazines, stun guns, switchblades, mace and tear gas.

Helmet law boosted

A SOCIAL Credit MLA has introduced a private member's bill calling for the mandatory wearing of bicycle safety helmets.

Cliff Serwa, MLA for Okanagan West, said 840 people are either injured or killed each year in bicycling accidents. "The B.C. Medical Association finds that wearing a bicycle helmet reduces the risk of head injury by 85 per cent and brain injury by 88 per cent," said Serwa.

Last year, the provincial royal commission into health care and costs also called for mandatory use of approved bicycle helmets.

Serwa said there should also be an education campaign to encourage safe cycling.

Rest stop improved

THE HIGHWAYS ministry has spent \$77,000 making improvements to the Sanderson rest stop right beside the West Skeena bridge spanning the Skeena River.

That money provided concrete walkways, new picnic tables, clearing brush away for easier access to the river and doing away the outhouses in favour of a building containing chemical flush toilets, said ministry spokesman Shawn McKinley.

The walkway will make it easier for people in wheelchairs and the picnic tables are constructed so that a wheelchair can be easily positioned, he said.

"We're also putting in bear proof receptacles. They'll be easier to clean out as well," added McKinley.

He said work on other ministry rest stops has been planned but that restrictions on government expenditures may postpone those projects.

Christmas bonuses set

PEOPLE ON social assistance will get a little bit of extra Christmas money next month.

Adults will receive \$33 and children \$9.50, said social services minister Joan Smallwood. Approximately 300,000 people in the province are on the welfare rolls.

Province pays its taxes

THE CITY of Terrace has received a \$188,652.55 grant from the B.C. Buildings Corporation.

The money is in lieu of the 1992 municipal taxes the city would normally receive if the provincial crown corporation's properties in Terrace were owned by private companies or individuals. This year's grant is only \$650 higher than 1991.

The city also receives similar grants each year from B.C. Hydro (approximately \$200,000) and the federal government (approximately \$24,000).

Chief forester names deputy

JOHN CUTHBERT, the province's chief forester, last week announced his new deputy will be Bronwen Beedle.

Now the district forest manager in Fort Nelson, Beedle obtained her Bachelor of Science, forestry degree at UBC in 1974. She also has a masters degree in business administration from Queen's University in Kingston, Ontario.

Beedle took up her new duties this week.

WCB advice available

INJURED WORKERS or dependents who have claims questions can get free and confidential advice here tomorrow.

An adviser from the labour ministry will be at the provincial government's access centre. The adviser is independent of the Workers' Compensation Board. Appointments can be made by calling the government agent at 638-3200. For advice without an interview, call the workers' adviser office at 1-800-663-4261.

Pot plants seized

AN AERIAL search of the northwest in late September helped RCMP drug officers seize more than 500 marijuana plants.

Prince Rupert RCMP subdivision Const. Tim Mackin said that number is down from the previous year when 3,000 plants were seized across the northwest.

Although there was a bumper crop of homegrown marijuana in the rest of the province, Mackin said northwest growers were hampered by a late spring and an early frost.

Police got help this year from a new program known as Northwest Marijuana Eradication.

They're asking for help in identifying growers and grow areas from the public and businesses that sell garden supplies.

Mackin said the program generated some tips this year and he's hoping they'll receive more next year.

He said this year's helicopter search covered from Kitimat to Terrace and up into the Nass Valley.

Most of the plots found had already been harvested, he said.

"It's a big business," Mackin said, adding marijuana cultivation is on the increase in the region.

"It's just so easy to grow," he said. "And it's difficult to control — the only way we can do it is with the public's assistance."

Nisga'a get money

THE PROVINCIAL government will give the Nisga'a Tribal Council just over \$160,000 to help finance participation in an agreement tied to its land claim.

And it also locked in for the season just past as much as \$500,000 for silviculture work the Nisga'a do each year.

The financial commitments are contained in the interim protection measures agreement released two weeks ago.

They call for a grant of \$80,000 for Nisga'a Tribal Council expenses and a further \$63,450 beginning next April to the end of the agreement Sept. 20, 1993. The provincial government will also contribute \$20,000 for a Nisga'a resources officer.

CT scan backing pleases hospital

TERRACE — There should be a CT scan machine here, states the northwest review into health care.

Yet the cost of the machine isn't known nor is the cost of required renovations and what it'll take to operate the machine, the review report adds.

And the report also finds "interesting" that the hospital's finance director isn't involved in determining overall costs.

In response, Terrace Regional Health Care Society chief executive officer Michael Leisinger said it has a good idea of the purchase cost and what it will take to operate.

"We have a very good handle on what it costs for the other 21 scanners in the province. We have plans on where we think it should go in the hospital and those are being gone over by engineers and architects even as we speak," he said.

Leisinger estimates the cost of a mid-range CT scanner recommended by the review at \$600,000. That's the target figure set out three years ago when the Dr. R.E.M. Lee Hospital Foundation began raising money for its purchase.

"It would have been a waste of time three years ago to put together a detailed proposal. But we now have a clear signal. The light was red, not it's turned yellow and it's starting to turn green," said Leisinger.

A successful sale of cash calendars this month should put the foundation at its \$600,000 goal, he added.

The next hurdle is convincing the provincial government to pay for the estimated \$250,000 operating costs and to get its help in paying for renovations.

Leisinger is pleased with a review recommendation that the radiologist now in Prince Rupert have access via a special phone line to the scanner.

That, he says, will help fulfil the regional use concept developed when the foundation began raising money for the scanner.

Health care society chairman Lael McKeown was also pleased with the review's position on the CT scan.

"We're just absolutely delighted with that," she said.

A CT scan machine at Mills

will add to the region's capability to provide the same kind of specialized service available to those who live down south, McKeown added.

★★★★★

Northwest health care may require more money now to save money down the road, says a member of the Hospital Employees' Union (HEU).

That new money should provide community-based services to replace more expensive ones at hospitals, says Bella Maud. She was one of three health care union representatives on the seven-member team which prepared the review of northwest health care services released last week.

"There should be a gradual decline in (bed) utilization rates as soon as possible," said Maud.

"When patients are discharged they should go to proper support in the community and that should be set up in advance," she added.

"I think the minister of health has to take a close look at this and

if it means more allotment of money, that should happen," Maud said.

Maud said the current government practice of cutting hospital budgets is a "blunt fiscal instrument that has a devastating impact on the whole region."

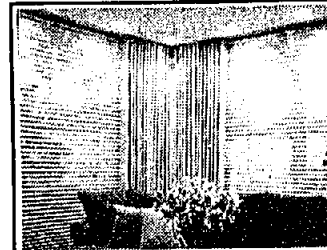
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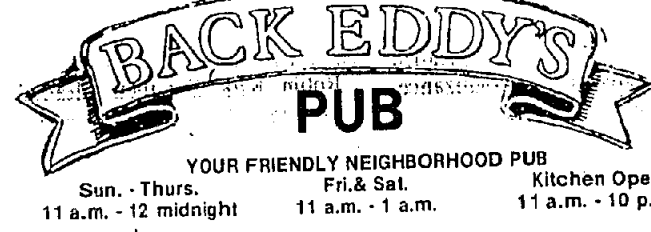
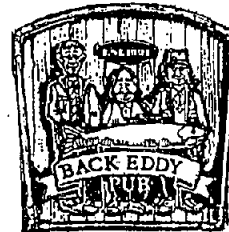
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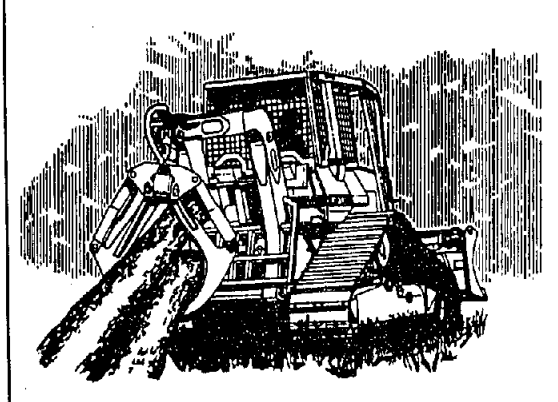
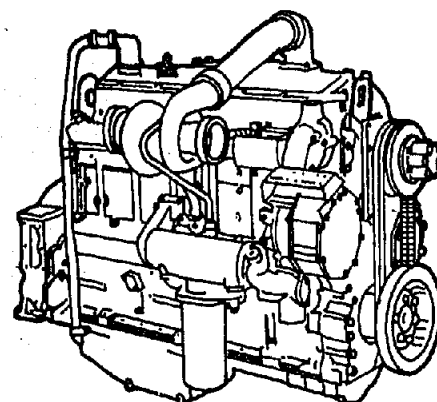
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Local court report

TERRACE — Here are convictions resulting from recent cases heard in Terrace provincial court:

September 11

Lawrence Kelvin Anderson pleaded guilty to narcotic possession and was fined \$100.

Michael Patrick Corbett pleaded guilty to breaking and entering. Corbett was sentenced to four months in jail and one year on probation.

Douglas John Case pleaded guilty to charges of breaking and entering, theft over \$1,000 and possession of stolen property. He received a suspended sentence and two years on probation.

Michael Frederick Saigeon pleaded guilty to fraudulently obtaining food or lodging and was fined \$200.

Gordon Raymond McDonald pleaded guilty to breach of probation and failing to comply with a condition of a recognizance. McDonald was sentenced to four months in prison in addition to any time already being served.

September 15

John Joseph Dignard pleaded guilty to possession of a narcotic. Dignard was fined \$250.

September 16

Ivan Nelson Quock was sentenced to seven days in jail for assault, and 30 days in jail for failing to appear in court.

September 18

Leo Ernest Lepine pleaded guilty to a charge of assault. He was fined \$200 and is on probation for three months.

Ronnie Dale Fandrick pleaded guilty to assault. Fandrick was fined \$200 and is on probation for six months.

Steve Letourneau pleaded guilty to theft under \$1,000 and was fined \$100.

Kelly Wayne Hilton pleaded guilty to hit and run. He was sentenced to 30 days in jail and is prohibited from driving for six months.

Charles Neil Passey pleaded guilty to driving with a blood-alcohol level over the legal limit of 0.08. Passey was sentenced to six months in jail and was prohibited from driving for three years.

George Collington pleaded guilty to breach of recognizance. He was fined \$200.

September 22 — Dease Lake

Ervin Gerhard Klassen was convicted of possession of a firearm. He was sentenced to nine months in prison, three years on

probation and is prohibited from owning firearms for five years.

Ivan Nelson Quock was convicted of breaking and entering and uttering a death threat. Quock was sentenced to seven months in jail and 18 months on probation. Quock was also sentenced to an additional two weeks in jail for taking a motor vehicle without consent.

September 24

Donald Hugh Ridley pleaded guilty to a charge of cruelty to animals. He was fined \$400.

Wayne Ferdinand Exner was convicted of impaired driving. Exner was sentenced to two weeks in prison, three months on probation and is prohibited from driving for one year.

Shane Merlin Partridge pleaded guilty to driving with a blood-alcohol level over the legal limit of 0.08. He was fined \$400 and is prohibited from driving for one year.

September 25

Christopher O'Brien pleaded guilty to theft under \$1,000 and was fined \$100.

Louis Therrien pleaded guilty to narcotic possession and was fined \$100.

Edward John Giesbrecht pleaded guilty to two counts of narcotic possession. He was fined \$150.

September 29

Melinda Adeline McKay pleaded guilty to two counts of theft under \$1,000. McKay was fined \$200 and is on probation for one year.

October 2

Paul Jean Gordon Gosselin pleaded guilty to driving with a blood-alcohol level over the legal limit of 0.08. He was fined \$500 and is prohibited from driving for one year.

Gary Frank Benson pleaded guilty to driving with a blood-alcohol level over the legal limit of 0.08. Benson was fined \$500 and is prohibited from driving for one year.

Albert Clark Grant was convicted on two counts of assault and one count of sexual assault. Grant was sentenced to eight months in prison and two years on probation.

Robin Kirk Beaulieu pleaded guilty to driving with a blood-alcohol level over the legal limit of 0.08. Beaulieu was fined \$600 and is prohibited from driving for one year.

James Kelly Roberts pleaded

guilty to driving with a blood-alcohol level over the legal limit of 0.08. He was fined \$400 and is prohibited from driving for one year.

Byron Leroy Williams pleaded guilty to assault and was given a suspended sentence with six months on probation.

October 5

Steve Kent Goodman pleaded guilty to possession of a narcotic. Goodman was sentenced to one day in jail and was fined \$2,500.

Ronald Lee Milton pleaded guilty to uttering a death threat. He was sentenced to 30 days in jail and two years on probation.

October 8

Henry John Holota pleaded guilty to theft under \$1,000 and was fined \$175.

October 9

Joseph Kelvin Rodda pleaded guilty to impaired driving. Rodda was fined \$450 and is prohibited from driving for one year.

Henry John Holota pleaded guilty to theft under \$1,000

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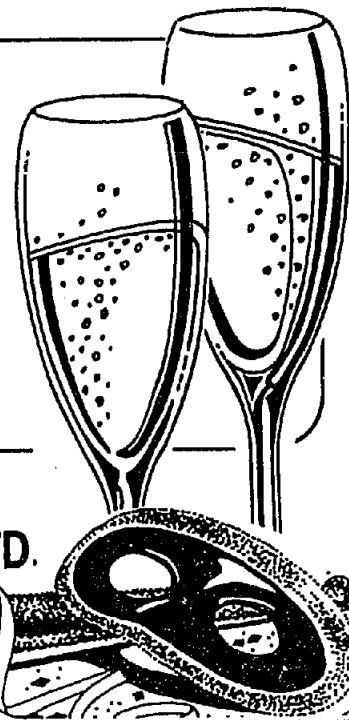
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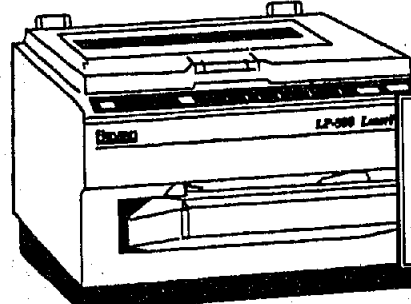
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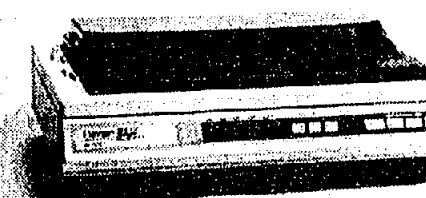


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District notes

Flooding study sought

FLOODING PROBLEMS at Lakelse Lake deserve a second look, say Kitimat-Stikine Regional District directors.

They voted Nov. 21 to ask the environment ministry to appoint an independent researcher to study the flooding problem at the lake. Area residents want a gravel bar where Herman Creek meets the Lakelse River removed within six months.

They claim the bar is responsible for partially damming the river and increasing the level of the lake during a flood.

"All we're saying is return it to its original state," said Lakelse area director Sandy Sandhals.

He doesn't advocate dredging the Lakelse River. But he says the bar could be reduced — or its growth at least halted — if the creek was rechanneled.

He says the creek once had three outlet channels, but now only has one. With only one outlet, he said, more sand and debris comes down during fast water and builds the bar further into the river.

Kitimat opposes land grab

THE DISTRICT of Kitimat is worried about plans by the City of Terrace to try to extend its boundary to take in the proposed Orenda paper mill site south of Lakelse Lake.

Kitimat's mayor, Rick Wozney, has written to the minister of municipal affairs demanding to be involved in any process that might grant a boundary extension to take in the Orenda site.

"Boundary expansions into the heart of the Kitimat Valley are of direct and significant interest to Kitimat," he wrote.

At stake is tens of thousands of dollars worth of taxes each year.

Whichever community is able to extend its boundary will be able to add Orenda to its industrial tax base, and levy property taxes on the mill.

"We expect there will be continued industrial development in the valley," Wozney says. "Noting the ministry's policy to avoid spot or umbilical cord boundary extensions, a continuous boundary expansion to take in Orenda could have far-reaching implications."

Kitimat should get Orenda's tax assessment, he suggests, because many of the mill's workers will prefer to live in Kitimat because accommodation there is cheaper and easier to find.

Thornhill fire reward put on table

TERRACE — Vandal Watch has become involved in a September fire which destroyed a business and home in Thornhill.

It's offering a reward for information on the Sept. 10 fire which burned out the Dobbie Ave. home of Gene and Claudette Sandeck and their business, Pioneer Upholstery.

"It is a suspicious fire of an unknown cause," said RCMP Constable Kim Hall, the detachment's crime prevention officer who sits on the Vandal Watch committee.

Vandal Watch operates as a phone in tips line. Those calling in are given a file number and do not have to give their name.

Rewards are paid if the information leads to the arrest and conviction of those responsible for a criminal act.

The involvement in the Sandeck fire marks a departure for Vandal Watch which was established to curb acts such as the destruction of public property or the breaking of windows.

But Hall and Vandal Watch organizer George Clark both say

acts of vandalism have dropped in the past six months.

"The statistics I have seen indicate there has been a decline in the downtown core," said Hall.

"I don't know if Vandal Watch can take credit for it or not," said Clark. "Yet it is nice to see it happening."

Clark is also involved in the beautification society and said it hasn't had to use a \$500 reserve set aside to repair damage caused by vandalism.

Since its start this past spring, Vandal Watch has paid out four awards for information on two incidents, says Debbie McIntyre, its secretary treasurer.

Those awards have run between \$200 and \$300.

Members of the Vandal Watch committee have also been meeting to look at ways of boosting its image.

They are contemplating regular weekly reports on vandalism acts which require information in hopes of successful prosecutions.

The Vandal Watch phone number is 635-5556.



Sunshine duo

VOLUNTEERS Ida Campbell, left, and Patti McKinnon were busy last week filling out sunshine bags for various facilities at the Salvation Army hamper headquarters. The sunshine bags are being distributed this week in Terrace and in Kitimat.

K
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ANNOUNCING 1993

GREEN GRANTS

Grants from \$100 to \$15,000 are available for non-profit groups who wish to undertake a project that promotes forestry awareness in British Columbia.

For more information or an application, please contact any B.C. Ministry of Forests, Forestry Canada or government agents' office or write: Green Gold Grants Program, 910 Government St., P.O. Box 40047, Victoria, B.C. V8W 3N3. Applications must be received no later than January 31, 1993.

Canada

Canada - British Columbia
Partnership Agreement on
Forest Resource Development: FRDA II





Union picket

LOCAL CONSTRUCTION union members were out Saturday at the 16-37 intersection protesting safety conditions at Yellowhead Construction's old Skeena bridge redecking project. They also object to the \$10 an hour workers on the that project are being paid. "It's an insult to construction workers in this day and age," said area union organizer Fred Glover, pictured here on the left.

Search continues

TERRACE — It's one search Terrace Search and Rescue has so far failed to bring to a successful conclusion — the hunt for a new headquarters.

And success is still some way away yet.

In the group's latest presentation to council, Terry Myhr reminded aldermen the 40-strong group of local volunteers had first approached the city last March.

At that time, Search and Rescue pointed out the 400 sq.ft. trailer it occupied — it's located behind city hall — was becoming too

cramped for the growing number of members, lacked adequate storage space for equipment and did not even have washroom facilities.

The group had been told the city did not have any money for a new building and it would be too expensive to hook up the trailer to the water and sanitary sewer system.

The problems Search and Rescue face have not gone away and it has again asked the city for assistance.

Myhr said the group needs ap-

proximately 1,300 sq.ft. of fully serviced space, preferably in the downtown core and one which would allow indoor storage of its emergency vehicle.

He pointed out Search and Rescue is regularly used by the RCMP who are confident enough of their abilities to give them responsibility for the conduct of search operations.

Myhr said volunteers put in 3,700 hours in the past year and Search and Rescue received no government money with which to purchase equipment.

In the case of the water rescue team, member Paul Kelly said they had to buy their own gear at a cost of \$3-4,000 each.

As the only trained group in northern B.C., he added, they could be called to deal with situations over an area extending from Bella Coola to the Yukon border.

Myhr added regional call-outs are becoming more frequent.

Picking up on that point, mayor Jack Talstra commented city taxpayers were increasingly being asked to pay for services used by people outside the municipality.

Moose hunter fined

TERRACE — A 28-year-old Kitimat man has been convicted of pitlamping.

Olaf Wagner was fined \$1,500, was ordered to forfeit his \$650 hunting rifle, and has been given a five-year hunting suspension.

Wagner shot at a mechanical moose decoy set up by conservation officers in the early morning hours of Oct. 18. The operation was conducted on the Wedene River logging road.

Five conservation officers from across the region took part in the sting operation.

Meanwhile, Terrace resident Wilson Joyce has been charged with three poaching violations following the illegal shooting of a

moose near Lakelse Lake on Sept. 30.

Joyce is charged with killing a cow moose during a closed season, hunting without a licence, and failing to retrieve edible portions of meat.

To date there have been 16 known moose poachings, says conservation officer Peter Kalina.

Despite the use of periodic decoy sting operations, people are still out pitlamping, he said.

"It hasn't gone away," Kalina said. "It's still happening."

Kalina is being transferred to Smithers at the end of the month to become the region's senior conservation officer, replacing Richard Daloise.

Transportation study slammed

Better buy a donkey

TERRACE — Northern residents will find transportation more expensive if recommendations of a royal commission are accepted, says Skeena NDP MP Jim Fulton.

The royal commission on national passenger transportation wants an end to subsidies for rail, road, air and ferry travel.

In particular, it calls for toll booths or other user fees on highways, eliminating VIA Rail and user pay for ferry services.

But that will mean higher costs for people who live in remoter areas, says Fulton.

"The idea of using toll booths

will work well in heavily populated corridors. But to get the same level on the highway between Terrace and Rupert, for instance, you'll see extraordinarily high costs," he predicted.

Fulton also objected to the proposal to eliminate VIA Rail, saying the royal commission made that recommendation without first looking at what affect that would have.

Yet he did say a small combination engine-passenger car might be more efficient than the full-scale service that now runs along the tracks here.

"It certainly merits a look be-

tween Rupert, Terrace and Smithers," said Fulton.

The MP said the royal commission recommendations are tailored to heavily populated areas where the impact of eliminating subsidies would be spread over far more people than in the north.

"Full user-pay would force us to use donkeys, dogs-leads and dug out canoes," Fulton added.

There's no indication yet of how the federal government will treat the royal commission's recommendations.

And there's no indication of when it might act on those recommendations.

Home fires a worry

TERRACE — Five chimney fires in less than a week has Terrace fire chief Bob Beckett worried.

He said many of the fires aren't serious, but homeowners should be reminded to have their chimneys cleaned frequently.

"It's disturbing to see so many," Beckett said.

Richmond Coast-to-Coast Carpet Sale.

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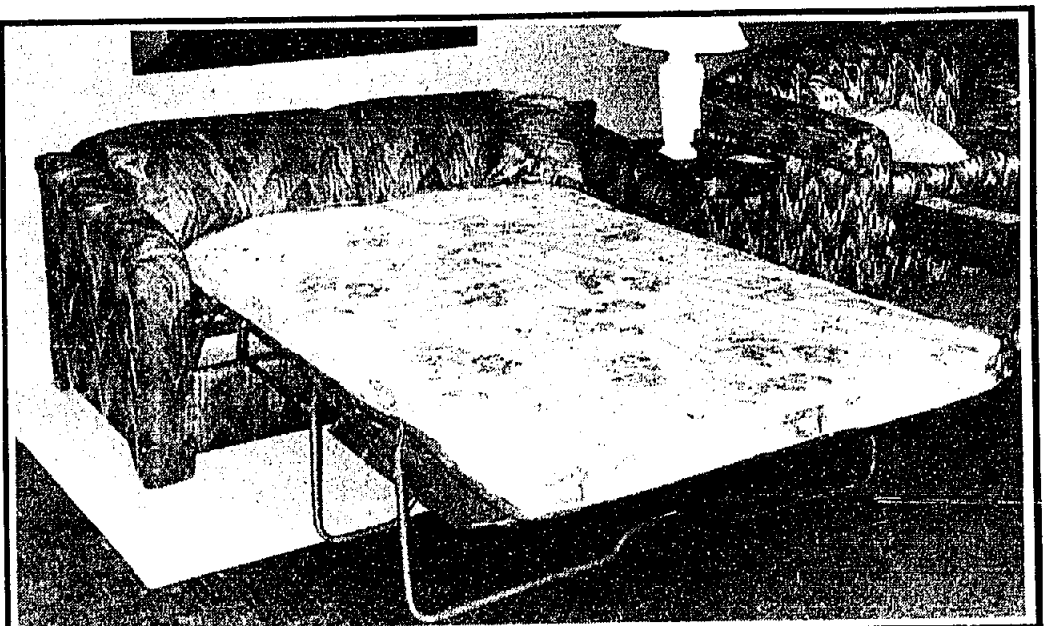
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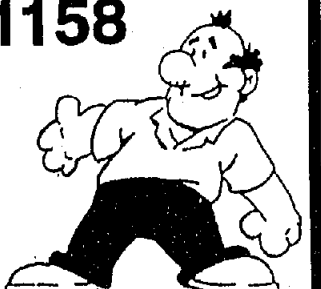
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*DALE LUFKIN, the new store manager at Terrace's Overwaitea store says "Come on in and share the spirit of B.C.'s very own Food People. We do our best for your every shopping day."
Dale has been with Overwaitea for 22 years and has managed stores in Kimberley, Prince Rupert and Nanaimo.*

He is pleased to return as Manager of the Terrace Overwaitea Store where he was Assistant Manager from 1981 to 1984.

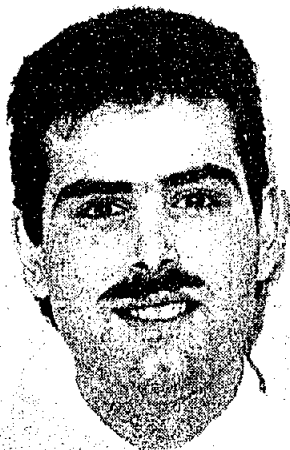
People Helping People - That's The Overwaitea Spirit.

Dale Lufkin Store Manager

NEW FACES AT THE TERRACE OVERWAITEA STORE



Connie Middleton



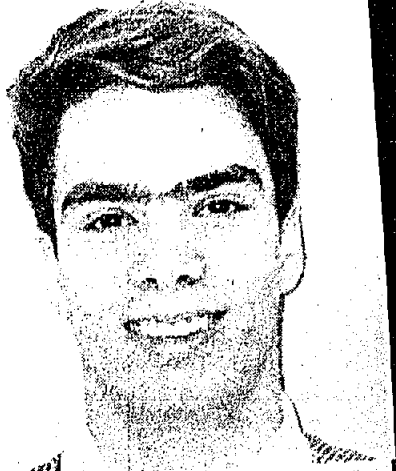
Rob Viveiros



Jon Abbott



Trish Ward



Adrian Blatti



Trevor Milne



Doug Mayer



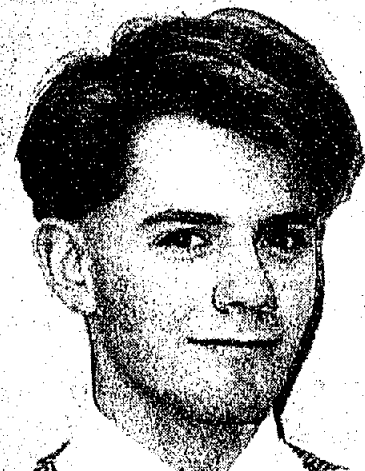
Kevin Kelly



Shane Sadegur



Stephanie Stephens



Roy Shelford



Lea Anderson



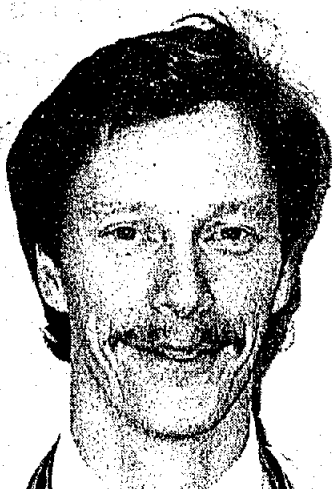
Danielle St. Thomas



Daniel Hamel



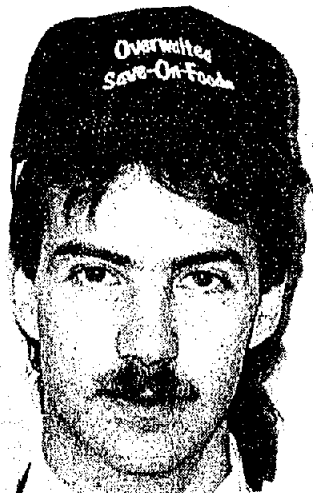
Debbie Lowry



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All the Terrace Overwaitea store employees and the new Store Manager Dale Lufkin invites you to come on in and "Enter the Excitement" of B.C.'s very own food people

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ANY FULL PRODUCE DEPARTMENT PAPER TOTE BAG
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With this coupon you will receive \$3.00 OFF any Full Produce Department Paper Tote Bag (Your Choice of Product) (excluding tobacco and prescriptions). Valid only at Overwaitea. Limit: 1 coupon per family purchase. Offer valid only with this coupon. Coupon must be presented at time of purchase. Sales tax application price before coupon. No substitutions, first come, first served, while stock lasts. This coupon cannot be combined with any other coupon offer. Expires, Dec. 12/92.

PRODUCT MUST EXCEED THE FULL RETAIL VALUE OF THE COUPON

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\$2.00 OFF
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With this coupon you will receive \$2.00 OFF any Custom Made Pizza from Our Full Service Deli. (excluding tobacco and prescriptions). Valid only at Overwaitea. Limit: 1 coupon per family purchase. Offer valid only with this coupon. Coupon must be presented at time of purchase. Sales tax application price before coupon. No substitutions, first come, first served, while stock lasts. This coupon cannot be combined with any other coupon offer. Expires, Dec. 12/92.

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\$10.00 OFF
NAME YOUR OWN COUPON ON A GROCERY ORDER OF \$100.00

With this coupon you will receive \$10.00 off your next purchase of \$100.00 or more (excluding tobacco and prescriptions). Valid only at Overwaitea. Limit: 1 coupon per family purchase. Offer valid only with this coupon. Coupon must be presented at time of purchase. Sales tax application price before coupon. No substitutions, first come, first served, while stock lasts. This coupon cannot be combined with any other coupon offer. Expires, Dec. 12/92.

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COMMUNITY NEWS

JEFF NAGEL 638-7283

TERRACE STANDARD

City
Scene,
Page B3What's
Up

The Terrace Standard offers What's Up as a public service to its readers and community organizations.

This column is intended for non-profit organizations and those events for which there is no admission charge.

Items will run two weeks before each event.

We ask that items be submitted by noon on the FRIDAY before the issue in which it is to appear.

For other contributed articles, the deadline is 5 p.m. on the THURSDAY before the issue comes out.

Submissions should be typed or printed neatly.

DECEMBER 9, 1992 - Wednesday, 7:30 p.m. Directors Meeting of the Terrace Little Theatre at McColl Playhouse, 3625 Kalum St. All members welcome. Note that the date in our newsletter is wrong - Dec. 9 is correct date. Call Marianne for info 635-2942 or Gordon 638-1131/638-0996 2P33

DECEMBER 11 & 12, 1992 - Fri. from 1 p.m. to 9 p.m. Sat. from 10 a.m. to 4 p.m. Terrace Public Library is having a used book sale. Wide assortment of fiction, non-fiction, paperbacks and records for both children and adults. For more information 638-8177. 2p34

DECEMBER 12, 1992 - Northwest Community College Board Meeting at 1:30 p.m. room 208. The Public is Welcome. If you have any questions regarding this ad please call 635-6511, Local 258. 2p34

DECEMBER 15, 1992 - Terrace Anti Poverty Group Society is having its Annual General Meeting in the Terrace Public Library (Basement) at 7:00 p.m. 2p34

DECEMBER 16, 1992 - Terrace Home Based Business Meeting at 12 noon at Gim's Restaurant. Call 635-9415 2p34

DECEMBER 16 & 17, 1992 - Wed. & Thurs. GIFT-WRAP fund raiser in the Skeena Mall to support 28th Annual Science Fair. 2P33

JANUARY 14, 1993 - Terrace & District SPCA is having its Annual General Meeting. Elections for the '93 executive will be held and all members and interested people are welcome. Place: Library Meeting Room, 7:30 p.m. 2p39

CRISIS LINE is open 24 hours a day for anyone in crisis. Call 635-4042. tfn

TERRACE VOLUNTEER BUREAU for Volunteer Opportunities to suit your needs & time available. Contact Lovina Tyler at 638-1330. Mon-Fri, 8:30 - 4:30.

EVERY WEDNESDAY from 8-8:00 pm. Terrace Narcotics Anonymous "Steps to Recovery" meets at the Skeena Health Unit auditorium.

EVERY WEDNESDAY - Terrace Ladies Kermodei Lions Club meets at the Inn of the West. For times and more info contact Dorothy Bartsoff at 638-8183.

EVERY THURSDAY at 7:30pm Overeaters Anonymous at Women's Resource Centre. Call 635-6446.

EVERY MONDAY Terrace Co-Dependents Anonymous meets from 8-9 pm. Call Karen 638-0707.

EVERY MONDAY at 5pm Teen Survivors of Sexual Assault/Abuse meet in the Skeena Health Auditorium. Bea, 635-4042 or Toney, 635-4822 (please contact first).

VOLUNTEERS NEEDED for Terracview Lodge Pet Visitation Program. Once a month commitment needed. Dogs only. For more info call Bonnie at 638-0223.

VOLUNTEERS NEEDED for "Child Health Clinics" for Tuesdays from 9:30 am - 12 pm and from 1:30 pm - 4 pm. Thursdays 1:30 pm - 4 pm. Duties include weighing & measuring children. No lifting necessary. For more information call Debra at 638-3310.

TERRACE PIPES & DRUMS practice every Mon. from 7:30-8:10 p.m. Jr. Table; 8:20-9:00 p.m. Sr. Table; 9:15-9:45 p.m. piping & drumming. Meet at the Kin Hut next to Heritage Park. Anyone interested in playing or learning to play, call Audrey Kerr at 635-3726.

Scouts will have a choice



A MERRY time was had by all in the crisp but clear weather that shone down on the Santa Claus parade Saturday afternoon. That's Terrace Community Band member Bud Hallock (top left) playing the sousaphone. A clown hands out candy (top right). At right, Terrace Figure Skating Club elves Megan Roach and Jamie Norton float by the crowd.

TERRACE — Scouts Canada has decided beavers, cubs and scouts need no longer be boys.

But most local groups won't be going co-ed anytime soon, says local scouting spokesman Per Halvorsen.

Scouting has been a male-only organization since its inception in 1902. In recent years, however, the question of whether or not to admit girls has become the focus of much debate.

Halvorsen says some girls now would rather join scouts because that organization is more physically active, and does more camping and other challenging activities.

He says co-ed troops have been operating on a trial basis for the past four or five years.

The 1st Terrace Scouts already have two female scouts.

"There's already a female leader there anyway, so that makes it a bit easier," Halvorsen says.

And the older groups — venturers and rovers — have been co-ed for many years.

Some of the men who are leaders in other groups aren't prepared for change, he said.

"Some of the guys just aren't receptive to change and want to maintain the status quo," he said.

But Halvorsen said the groups that have gone co-ed have made the transition smoothly.

Any changes of other groups to co-ed will have to be with the agreement of the boys, the parents, the leaders, and the sponsors, he added. As a result, some groups will likely remain boys-only.

One group in Thornhill already rejected the idea because their sponsor — the Church of Jesus Christ of Latter Day Saints — was against it.

"I don't think there's going to be a huge flood of girls going into scouting," Halvorsen said.

With some groups going co-ed and some choosing to remain male-only, new scouts will have an opportunity to choose the style of group that fits their preference.

History comes alive
with new booklet

Just in time for the perfect Christmas stocking stuffer is a new publication from the Terrace Regional Museum Society.

From Riverboats to Railways tells the story of now-abandoned Bateman's Landing, just west of the Zymacord River on the Skeena River.

The story covers the years 1905 to 1948 from the memoirs of Emma Bateman Lindstrom. Her family pre-empted land and settled there in 1905.

The memoirs were edited by long time museum society advocate Mamie Kerby.

Their publication has been greatly boosted by photographs taken by Dr. W.P. Johns, a physician for the Grand Trunk Pacific Railroad who lived at the landing from 1908

to 1910.

Kerby says the publication tells an important but unknown story of this area's past.

"I had no idea a hospital was there," said Kerby. "Even growing up here I didn't know anything about the riverboats until I became a grandmother."

Emma Bateman Lindstrom

"There were only two cabins between Port Essington and where Terrace is now."

wrote her memoirs in 1969 and begins with the journey up the Skeena in July 1905.

"At this time there were no towns or settlements, only the odd native village, as far up

the Skeena River as Kitselas Canyon. There were only two cabins between Port Essington and where Terrace is now," she wrote.

An added benefit to the publication is a history of the Remo area, including photographs of the various ferries that operated there.

Emma Bateman married Charlie Lindstrom who was the last operator of the last ferry which went out of service in 1948.

The photographic collection of Dr. W.P. Johns appeared at the museum this summer courtesy of his son.

They came with a trunk full of furs the doctor had trapped while living at the landing.

Copies of the publication are available at Misty River Books. The cost is \$4.

CONCERT
Thain to play at home

Guess who's coming to town?

Terrace's own Laurie Thain is going to be back in concert this weekend to give north-westerners a special pre-Christmas treat.

She'll be here Friday, Dec. 11 and Saturday, Dec. 12 to play at the McColl Playhouse on Kalum St.

It will be her first hometown concert appearance since she opened for Rita MacNeil here in the spring of 1990.

Thain will be highlighting work from her new album - *Stages* — released recently on CD and cassette. As the name suggests, it features the 'stages' of her recording career.

Four songs are on the album from each of her first two albums plus four new cuts from her recent Nashville recording session.

A native of Terrace, Thain bounded onto

the Canadian country music scene as winner of the Du Maurier Search for Stars in 1979.

Thain is also featured in December's issue of B.C. Woman to Woman Magazine.

Most recently she appeared for the fourteenth year on Timmy's Christmas Telethon as a primetime performer and host.

In recognition of her devotion to B.C.'s disabled children, a floor of the brand new Fraser Valley Child Development Centre has been named after her.

A quarter of sales of her new album at the concert will be donated to Terrace Little Theatre's new building fund.

Concert tickets are available at Sight and Sound.



For the needy

A HELPING HAND: Ali Asaid, a new student from Libya at Uplands Elementary School, shows off the school's sleigh full of food to be donated to the food bank. It's just one of dozens of such charitable causes happening around the community this holiday season. The Salvation Army also got its Christmas campaign off and running on Saturday with a Christmas music performance in the mall. Last year's campaign raised \$31,000. Lt. Mike Hoeft said it was spent to give out 410 hampers, 500 sunshine bags, to pay to send 13 children to camp, and to financially assist 360 families. The Christmas campaign makes up the majority of the Salvation Army's revenue through the year.

Giselle gets geology degree

"Here 'n There"

by Yvonne Moen



This week I'd like to share with you a story on a young woman who was born in Terrace and did her first 12 years of schooling here — and is now embarked on a very exciting career.

Twenty-six-year-old Giselle Kathleen Jakobs was born on Dec. 31, 1965, at Mills Memorial Hospital to parents Raymond and Hildegard Jakobs.

Giselle first started school at Uplands Elementary, until she went on to Veritas School until grade 7.

She then attended Skeena Jr. Secondary before graduating from Caledonia in the class of '83.

Giselle put herself through college and university with scholarships and summer jobs.

She did one year at Northwest Community College before transferring to the University of British Columbia for her second year of geology.

There she received the Dr. Aaro E. Aho Memorial Scholarship award for the

highest standing in each of the three years she studied there for her Bachelor of Science degree.

It was among the nearly two dozen scholarships and awards she received in her years of college and university.

In 1987 Giselle started studying for her doctorate at UBC and spent three summers on the Queen Charlotte Islands studying ammonite biostratigraphy. Her studies there were supported by a UBC fellowship and a grant from the Natural Science and Engineering Research Council of Canada.

She presented her findings last year in France at a paleontology conference she attended with her professor from UBC, Dr. Paul Smith.

Last June she completed her doctorate and a week later took up a two-year post-doctoral fellowship with the Geological Survey of Canada in Vancouver.

She spent late June to late August conducting field work



GEOLOGIST Giselle Jakobs surveys the landscape south of the Spatsizi from her mountaintop perch. A Caledonia grad,

in the Thutade Lake area south of the Spatsizi Wilderness Park, and was based out of the Suskkena Lodge on the Sustat River.

She and an assistant set out on a series of mountain treks for periods ranging from three days to four weeks.

They mapped the area's geology, measured stratigraphic sections, and collected fossils.

The area was last mapped in the 1940s. And recent work in

the area to the north and south has shown it to be of critical importance in unravelling the complicated geologic history of north-central B.C.

She'll spend the next year and a half analyzing her data and preparing a doctoral thesis for publication in scientific journals.

Giselle received her PhD on Nov. 26. Best wishes and good luck to Giselle in her exciting career.

TERRACE VOLUNTEER BUREAU

CHRISTMAS EVENTS!

NON-PROFIT organizations needing help with Christmas events.

Call the bureau. **VOLUNTEERS** - who wish to help with Christmas events, we welcome you to come in and register.

Contact: Lovina Tyler phone **638-1330**
4506 Lakelse Ave. (across from Totem Furniture)

BIG BROTHERS OF CANADA

WANTED! A BIG BROTHER

FOR MARK

Mark is: -8 years old
-would like someone to talk to
-likes outdoors, fishing, animals
-wants to be a doctor or scientist

635-4232

Art show readies

Preparations are underway for the Northwest Regional Juried Art Show in Kitimat.

The show will run from February 25 to March 27 at the City Centre Mall in Kitimat.

The show is a qualifying show. Up to 15 of the region's artists will be selected as winners and will go on to participate in Images and Objects XL, the annual provincial juried exhibition of fine arts and crafts. To be held in Trail from May 26-30, it is the visual arts component of the B.C. Festival of the Arts.

Entry forms will soon be available through local arts councils. Each artist may enter up to two pieces. For more information, leave a message at 632-4799.



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CHRISTMAS SPECIAL SMOKED RED SPRING SALMON

From the waters of the Nass & Skeena Rivers.

\$7.00/pound

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No Preservatives

Frozen and vac-packed in 250-750 gram packs

Ideal For Your Christmas Party!

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McCANN**

Image Is Everything

Stelia McCann is our receptionist and stylists assistant. Her warm and friendly personality and smile is your first welcome to Images, and her very capable assistance keeps things running on time and smoothly. Stelia grew up in Terrace and was married last year. She enjoys married life and time with her family very much.



4652 Lazelle Ave.

635-4997

NW

Terrace

Chamber of Commerce & Northwest Real Estate Board

4th Annual Christmas Light Campaign

"Holiday Decorating Contest"

★ PRIZES ★ SIMPLE AND FUN

RULES:

★ All entries must be in prior to noon, Dec. 20, 1992

★ Outside lights must be kept on between 7 p.m. and 10 p.m. on Dec. 23.

Terrace Chamber of Commerce & Northwest Real Estate Board

Christmas Light Campaign

"Holiday Decorating Contest"

Drop off entries at Skeena Broadcasters, Terrace Standard and the Chamber of Commerce and your home or business will be entered.

NAME: _____

ADDRESS: _____

PHONE: _____

CATEGORIES:

- Best Commercial Display
- Best Street
- Best Home
- Best Original Theme

SPONSORS:

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- Braid Insurance (Your Autoplan Agent)
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- NRS Pruden & Currie
- Terrace Realty Royal LePage
- Northern Drugs
- McAlpine & Co.
- Central Gifts
- Re/Max of Terrace
- Century 21
- Realty World

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	SIZES	BASIC QUALITY	PRACTO-PEDIC	CHIRO-EXCELLENCE	POSTURE DELUXE
Sealy	TWIN 2 PC. SET	'99 ⁹⁵	'199 ⁹⁵	'279 ⁹⁵	'329 ⁹⁵
Posture Beauty	DOUBLE 2 PC. SET	'149 ⁹⁵	'249 ⁹⁵	'329 ⁹⁵	'379 ⁹⁵
Grange	QUEEN 2 PC. SET	'179 ⁹⁵	'299 ⁹⁵	'369 ⁹⁵	'449 ⁹⁵

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CITY SCENE

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MUSIC

▲ **CALEDONIA MUSIC** presents the Caledonia Christmas Concert at the R.E.M. Lee Theatre on Wednesday, Dec. 9 at 7:30 p.m. A variety of musical styles will be presented by the concert band, stage band and choir. Admission by donation.

▲ **LAURIE THAIN** comes home to put on a concert at 8 p.m. Friday, Dec. 11 and Saturday, Dec. 12 at the McColl Playhouse at 3625 Kalum St. Tickets are \$12 at Sight and Sound.

▲ **PHOENIX** brings down-home made-in-the-U.S.A. country-rock to Gigi's in the Terrace Inn until Saturday, Dec. 12. A Texas band called the Outriders plays Gigi's from Monday, Dec. 14 until Jan. 2.

▲ **KARAOKE NIGHT** is every Thursday (9 p.m. to 1 a.m.) and Sunday (8 p.m. to midnight) at George's Pub in the Northern Motor Inn and every Friday night (7 p.m. to 1 a.m.) at the Thornhill Neighbourhood Pub.

MOVIES

▲ **CONSENTING ADULTS** with Kevin Kline and Mary Elizabeth Mastrantonio plays at 7 and 9:15 p.m. in the Tillicum Twin Theatres tonight and Thursday night. Also playing until Dec. 10 is *Love Potion #9* (7:15) and *Dr. Giggles* (9:30).

Starting Friday:

▲ **JENNIFER 8** with Andy Garcia and Uma Thurman opens Friday Dec. 11 at the Tillicum, playing at 7:15 and 9:30 p.m. Also new on Friday is *A Muppet Christmas Carol* playing at 7:00 and 9:15 p.m.

ET CETERA

▲ **P.J. VAAL-HENKE's** watercolours are on display on the upper floor of the R.E.M. Lee Theatre through December.

Make the 'Scene! Call 638-7283 or fax to 638-8432 to add your event to the Standard's free entertainment listings. The deadline is 5 p.m. Thursday for the following week's paper.



LAURIE THAIN comes to town to play her own style of country music before her hometown crowd on Friday and Saturday at the McColl Playhouse on Kalum St. Seating is limited, so get your tickets early.

the
GRAND TRUNK

Licensed Premises



GOOD FAMILY DINING AT REASONABLE PRICES

WEDNESDAY IS SENIORS DAY
Senior Citizens receive
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A thoughtful way to remember is with an In Memoriam gift to the Dr. R.E.M. Lee Hospital Foundation. Donations are gratefully accepted at the above address, the Terrace Fire Dept. on Eby Street or please contact Helene McRae at 635-5320. Income tax receipts are available.



Sight & Sound congratulates CLIFF MARCIL on the successful completion of the Level Three car stereo installation course recently held in Vancouver by Mobile Dynamics.

Cliff is the Chief Installer of car stereo for Sight & Sound and has many years of experience in creating award winning car stereo systems. When purchasing a car stereo system be sure to talk to Cliff who will be pleased to assist you in choosing the best possible stereo for your vehicle and share with you his great ideas on installation.

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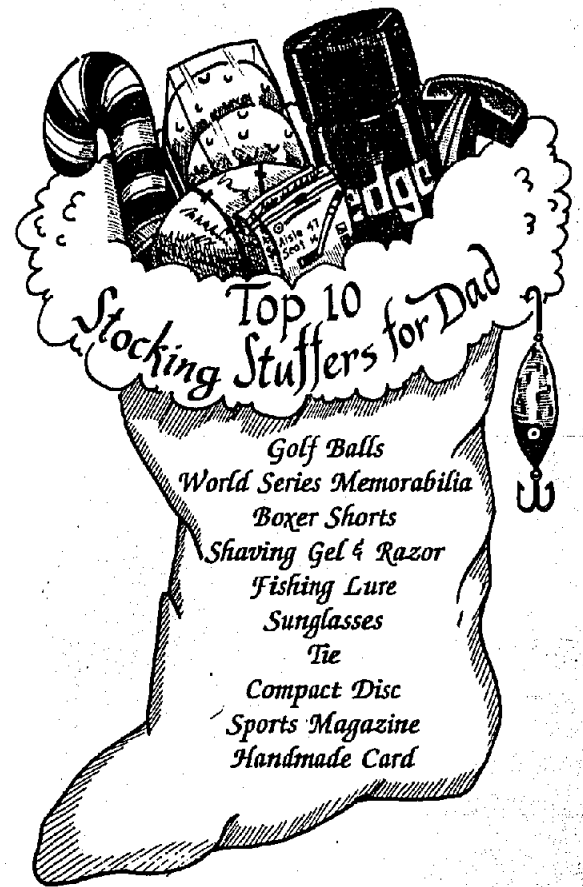
STORE HOURS:
Mon. - Thurs. 9 a.m. - 6 p.m.
Friday 9 a.m. - 6 p.m.
Saturday 9 a.m. - 6 p.m.
CLOSED SUNDAYS
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Saturday 8:30 a.m. - 6 p.m.
Sunday 11 a.m. - 5 p.m.
635-7419



LOOKING REGAL: Miss Terrace 1992 Dana Johanson, Miss Talent Angela Parmar and First Princess Jodi Coulter were on hand for the second annual Santa Claus parade that drew numerous spectators on Lakelse Ave last Saturday.



Does Xmas make you S.O.R.E.?

**Contributed by
The Skeena Health Unit**
Christmas is just days away and you still have to do some baking, clean the house and find a gift for Aunt Millie.

You have to go to a family party tonight but you dread it because you've been trying to lose weight and you know you won't be able to resist the goodies.

Besides, Uncle Harry will probably get drunk as usual, and you and your sister will likely have an argument about the kids.... Speaking of kids, Billy has a cold, Wendy is whining again, and the baby just unwrapped all the gifts you had ready in the closet. And they're all hyper about Santa coming.

If only you could sleep through the whole thing — but when you wake up the bills would be coming in!

If this scene sounds familiar, you are not alone. Although we all like to think of Christmas as a joyful, perfect time, it brings many stresses.

So many, in fact, that Christmas is listed on a well-known and widely-used stress rating scale. Just living through Christmas increases your yearly stress level by a few points.

For many people, Christmas has an even more stressful side. Since it is considered to a family time, anyone who is away from, or has a lot of conflict with their family, or has suffered the loss of a loved person, may find this season a very painful time.

Memories of Christmas past, whether happy or unpleasant, can be difficult to deal with at this time of year.

People whose religious or cultural backgrounds do not include Christmas can feel left out of the general festivities.

And disagreements on where and how to celebrate December 25th can cause problems between the most loving partners.

Overspending, overeating and excessive drinking are all possible outcomes of Christmas stress, and of course they all cause more stress. What can we do to prevent the "January Syndrome" of guilt, frustration and let-down feelings after a less-than-perfect Christmas?

Let's use the way we may feel after a day of Christmas shopping: **SORE.**

S: Simplify.
Decide what parts of your usual Christmas routine are really important to you, and allow yourself to let go of the rest.

Figure out how much you can afford to spend this year, and discuss this with the people you normally exchange gifts with.

Accept only the invitations you really want to.

Schedule time for yourself every day, to avoid getting burned out and resentful.

O: Organize.

Make a list of all the things you have to/want to do.

If you know that Christmas will be a difficult time for you, plan ahead: arrange to be with someone, or to be involved in some volunteer activity, or to go somewhere different this year.

If you have children, enlist their help in whatever ways they are able.

R: Relax.

Remember that gifts don't have to be expensive to be appreciated. They don't even have to be things: a gift of your time may be better than anything you could buy.

Avoid using alcohol to relax. It is a depressant and will not make Christmas any more joyful! Be good to yourself and give your-

self time to put your feet up if you feel like it.

E: Enjoy.

If traditional events are too painful, find other things to do, like swimming, skiing, bowling, etc.

Perhaps you would enjoy helping others who are lonely at this time. The Volunteer Bureau or a local church could give you some suggestions for this.

If you have children or know some, spend time with them — their excitement can be catching.

If Christmas is part of your religious tradition, concentrate on the spiritual aspects of it. If not, perhaps you can find some meaning in the universal messages of peace and love that underlie all the glitter.

If all else fails, remember that Christmas doesn't last forever!

What are your questions and concerns? Write us at:

"Did You Know That....?"
Skeena Health Unit
3412 Kalum St.
Terrace, B.C.
V8G 4T2

TERRACE BEAUTIFICATION SOCIETY

The Terrace Beautification Society would like to thank all those citizens and businesses who helped improve the appearance of our city during 1992.

Especially:

**The City of Terrace
Pacific Regeneration
Ltd.**

Farko Contracting Ltd.

Otto Grundmann

All Seasons Sporting

Goods Ltd.

Hilti Ltd.

**Terra Bobcat Services
Ltd.**

**Ministry of Forests,
Terrace**

Mrs. Vesta Douglas

CN Rail Inc.

MacDonalds Restaurant

Creative Options Ltd.

And all those citizens who put their pride in Terrace into practice...**THANK YOU.**

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• 9½ Weeks
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• Westside Story
\$18.98

• Hook \$5.88 previously viewed

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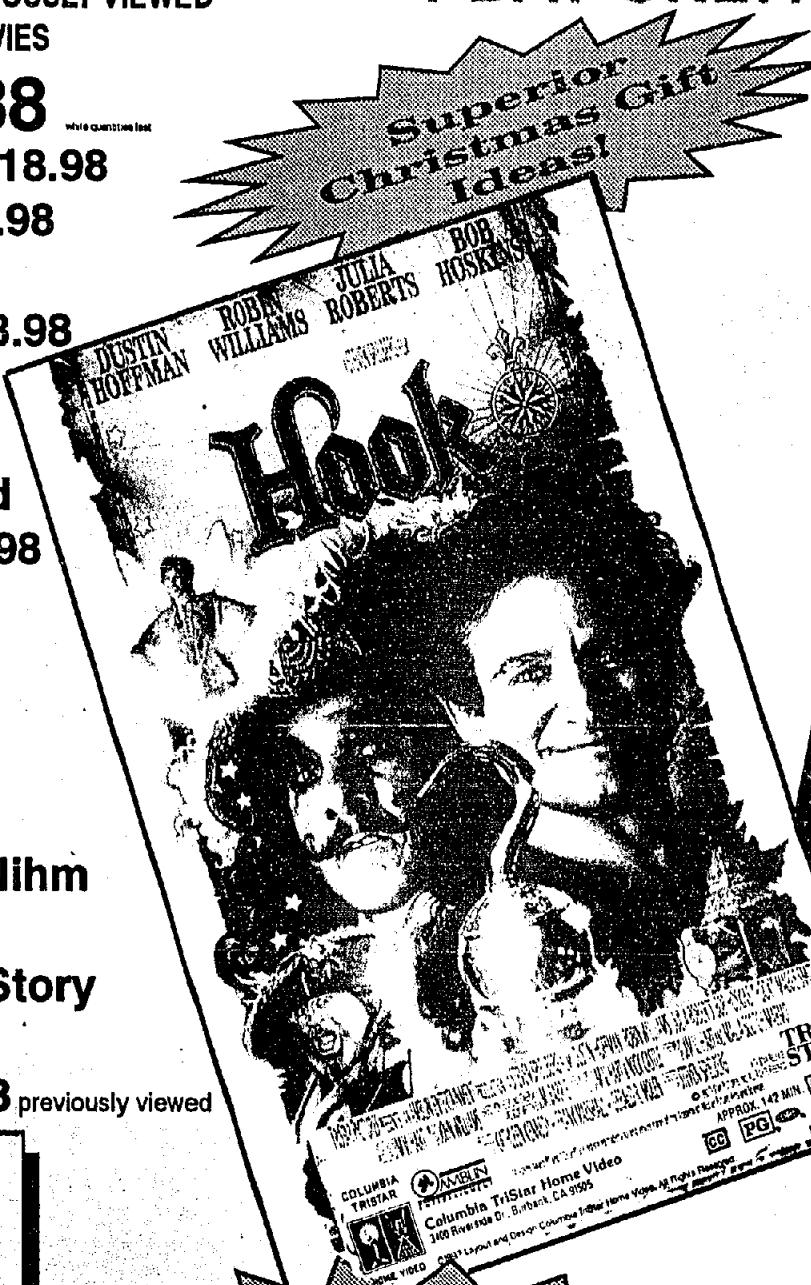
News Photo Reprint Service

THE TERRACE STANDARD is now offering a reprint service to its readers. You can get a 3x5, 5x7 or 8x10 copy of your favorite black and white photo from our news files.

(prices vary depending on size). Stop by our office and look through the news file.

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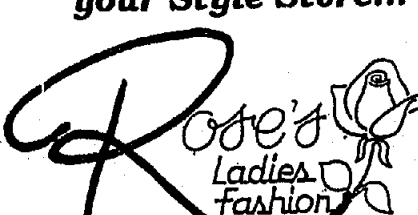
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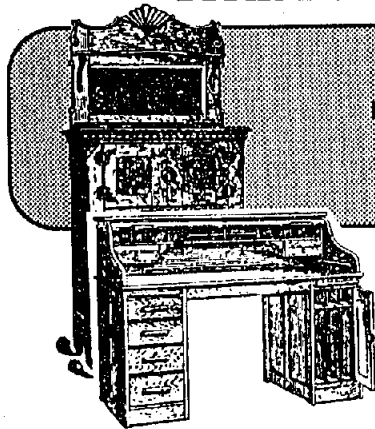
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| <input type="checkbox"/> Tie Guard | <input type="checkbox"/> Tie Bars & Pins |
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Interconnect moves to new offices



UPGRADING: Computer accounting student Lisa Hembroff gets job-search and resume-writing at Interconnect. That's staff member Sylvia MacDonald assisting her.

A program to help people with jobsearch skills celebrated its move to a new location last week.

Interconnect Training and Employment Services is now located in new offices atop the Credit Union.

The program has a staff of five and a \$250,000 budget.

Coordinator Larry Merrill said they do contract work for other businesses and government agencies, and also take walk-in clients who want help with their job-finding skills.

It helps clients with interview skills, resume-writing, job search techniques, and other planning.

Teachers graduate

One year of study and preparation ended last Tuesday when 19 students graduated from a teaching program run here by SFU through NWCC and northwest school districts.

The graduates are: Steven Basaraba, Wendy Bernhardt, Rosalina Cordeiro, Lloyd Curley, Debbie Delisser, Carolin Diehl, Maria Furtado, Joseph Grilo, Jodi-Lynne Hill, Billie-Jo Johnson, Lorraine McFarland, Tammy Miettinen, Michael Patichuk, Elizabeth Robinson, Charles Rowse, Kevin Smith, Dina von Hahn, Caroline Witrin and Steven Zubak.

They spent time taking courses at the college here, at Simon Fraser in Burnaby and worked in northern schools.

UVic grants degrees

Four Terrace students were among the nearly 700 University of Victoria graduates who received their degrees at UVic's fall convocation ceremonies.

Janet Easton received her Bachelor of Education degree on Nov. 28. Dinah Falardeau received her Bachelor of Science degree. Veronica Morrison received her bachelor's degree in social work. And Sonja Comerford and Vicki Fowler received bachelor of science degrees in nursing.

"Once In A Blue Moon" DRAW WINNER



Miss Terrace 1992 Dana Johanson made the draw for the Terrace Shopping Centre's "Once In A Blue Moon" Midnight Madness Event on Thursday, Nov. 19th. The draw winner was Mrs. McKay. She is pictured here with her daughter. Walter Pearce, Store Manager at Woolworths presented Mrs. McKay with \$1000 in Gift Certificates from all the Terrace Shopping Centre Merchants.

Weather Watch

ENVIRONMENT CANADA
Information Line: 635-4192
Consultations: 635-3224

LAST WEEK	Max. Temp.	Min. Temp.	Snow (cm)	Rain (mm)	Sun (hrs)
Nov. 21	4.2	1.9	0	0	0
Nov. 22	2.9	-2.9	0	0	6.5
Nov. 23	-1.6	-6.1	0	0	3.6
Nov. 24	-0.5	-5.6	0	0	5.4
Nov. 25	0.1	-3.7	0	0	0
Nov. 26	0.2	-1.4	Trace	24.0	0
Nov. 27	1.1	-0.3	0	0.2	0.6
Nov. 28	0.8	-1.5	7.2	1.2	0
Nov. 29	4.5	-0.2	7.8	7.8	0
Nov. 30	3.6	1.1	Trace	19.8	0
Dec. 1	2.1	-1.5	0	0	0.6
Dec. 2	-2.8	-4.3	Trace	0	4.2
Dec. 3	-3.2	-6.9	Trace	0	2.7
Dec. 4	-1.6	-6.4	0.2	0	0

December's sky, weather permitting should feature some of the following phenomena:

● December 9: Full moon AND total lunar eclipse.

● December 13: Peak of the Geminid meteor shower. Up to 90 "shooting stars" may be visible per hour. The shower extends several days before and after the 13th.

● December 21: Winter Solstice — the shortest day of the year. At 6:43 a.m. the sun reaches the furthest south on its annual migration, and our days begin gradually growing longer.

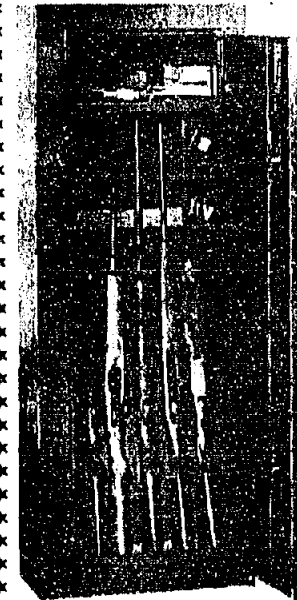
LAST YEAR	Max. Temp.	Min. Temp.	Snow (cm)	Rain (mm)	Sun (hrs)
Nov. 21	2.5	0.1	Trace	2.1	0
Nov. 22	2.3	0.5	0.2	0.4	0
Nov. 23	1.8	0	5.6	9.5	0
Nov. 24	5.0	1.1	0.2	17.4	0
Nov. 25	4.0	1.0	0	1.6	0
Nov. 26	3.4	0.4	0	1.0	0.5
Nov. 27	4.1	1.8	0	3.4	0
Nov. 28	5.3	-2.0	0	1.6	5.9
Nov. 29	0	-3.1	2.2	0	0
Nov. 30	2.4	-0.6	18.4	3.6	0
Dec. 1	5.4	2.2	0	5.8	0
Dec. 2	3.4	0.4	0	6.4	2.8
Dec. 3	9.2	0.8	0	17.8	0
Dec. 4	6.3	2.9	0	10.2	0.5

● In December 1794, a Hudson's Bay Company employee — Peter Fidler — performed what must be Canada's first-ever anti-freeze experiments. He reported that Holland gin freezes at -27 degrees, English brandy at -32 and good bay rum at -35.

Correction

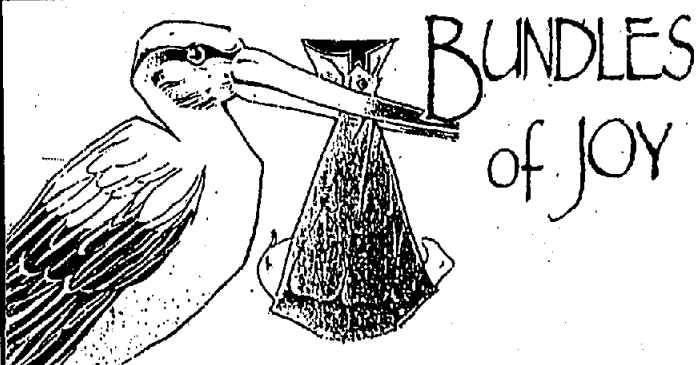
The address for the Skeena Valley Model Railroad Association is 5010 Agar, not 5110 Agar as reported last week.

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360 Victoria St., Prince George
564-4711



BUNDLES of JOY

Baby's Name: Janna Patricia Olynick
Date & Time of Birth: May 20/92 at 5:31 a.m.
Weight: 6 lbs 15 oz Sex: Female
Parents: Ron and Fenella Olynick

Baby's Name: Andrea Daniel Soucie
Date & Time of Birth: November 20/92 at 10:05 a.m.
Weight: 8 lbs 4 oz Sex: Female
Parents: Ben & Laura, A little sister for Nathan

Baby's Name: Katherine Marie Graydon
Date & Time of Birth: October 31/92 at 7:00 a.m.
Weight: 7 lbs 10 oz Sex: Female
Parents: Mary & Ed Graydon, sister to Michelle

Baby's Name: Lina Ann Barriere Gasser
Date & Time of Birth: November 21/92 at 11:57 a.m.
Weight: 6 lbs 15 oz Sex: Female
Parents: Kim Barriere, Urs Gasser

Baby's Name: Ashton Quintus Kondola
Date & Time of Birth: November 14/92 at 1:04 p.m.
Weight: 7 lbs 12 oz Sex: Male
Parents: Ben & Kulwant Kondola

Baby's Name: Jacqueline Alexandra
Date & Time of Birth: November 21/92 at 11:08 a.m.
Weight: 8 lbs 11 oz Sex: Female
Parents: Bill and Sandra Lenuik

Baby's Name: Audra Lynn Paupst
Date & Time of Birth: November 19/92 at 8:57 p.m.
Weight: 9 lbs 5 oz at 8:57 p.m.
Parents: Veronica Paupst

Baby's Name: Lisa, Ashley
Date & Time of Birth: November 21/92 at 5:48 a.m.
Weight: 6 lbs 14 oz Sex: Female
Parents: Darren McNeil & Nicole Lincoln

Baby's Name: Shelby Deiere Hamblin
Date & Time of Birth: November 19/92 at 5:10 a.m.
Weight: 9 lbs 8.5 oz Sex: Female
Parents: Daryl & Dawn Hamblin, sister for Kayleigh, Damian & Joshua

Baby's Name: Jenna Maryn Pavao
Date & Time of Birth: November 22/92 at 10:30 p.m.
Weight: 7 lbs 13 oz Sex: Female
Parents: Cori Fransson & Tony Pavao

GINGERBREAD PLAYHOUSE
See the Skeena Mall Christmas Flyer For GREAT SAVINGS!

Skeena Mall 635-5236

WHERE'S SANTA GOING IN SUCH A HURRY?

He's Going To Hair Gallery
THURSDAY, DECEMBER 10
When They're Offering:

25% OFF EVERYTHING IN THE SHOP
off reg. price

Hurry Don't Miss Out!



HAIR GALLERY

4711-D Keith

635-3729

VERITAS SCHOOL PARENT SUPPORT GROUP

We would like to thank the following people who donated to our Annual Bazaar.

- | | |
|--|---------------------------------|
| Safeway (cash door prize) | Woolworths (cash) |
| Co-op (cash) | Central Gifts (cash) |
| Elkers (gift) | McDonald's (coffee & aprons) |
| Pizza Hut (cream & sugar) | Images by Karlene (cash) |
| Bert's Deli (deli tray) | Bavarian Inn (pork loin dinner) |
| Star Apparel (gift certificate) | Off Road Speciality |
| R.C.M.P. | Veritas Parents |
| Veritas Teachers | Mrs. MacDougall |
| Mrs. Nuyten | Skeena Beverage |
| Skeena Jr. Sec. School Mr. Walker & Mr. Papais | |
| Sacred Heart Parish | Grace Fell Florist |
| Woolworths | McEwan G.M. |
| Flowers ala Carte | Greyhound |
| Skeena Mall | Copperside Store - Kalum |
| Terrace Do-It Centre | Heather's Balloon Magic |
| Knights of Columbus | Totem Press |
| Tillicum Twin Theatre | Sears Canada (door prizes) |
| Elizabeth Fashions (gift certificate) | Northern Drugs |
| O.W.T. | Gingerbread Playhouse |
| A & W | K-Mart |
| Sears | Fabric Boutique |
| Tolsec | Terrace Chrysler |
| Komaham Lodge | Shames Mountain Ski Corp. |
| Terrace Electric | Overwaitea |
| Glass Slipper Bridal Shop | Terrace Freightliner |
| T. Radek Construction | |

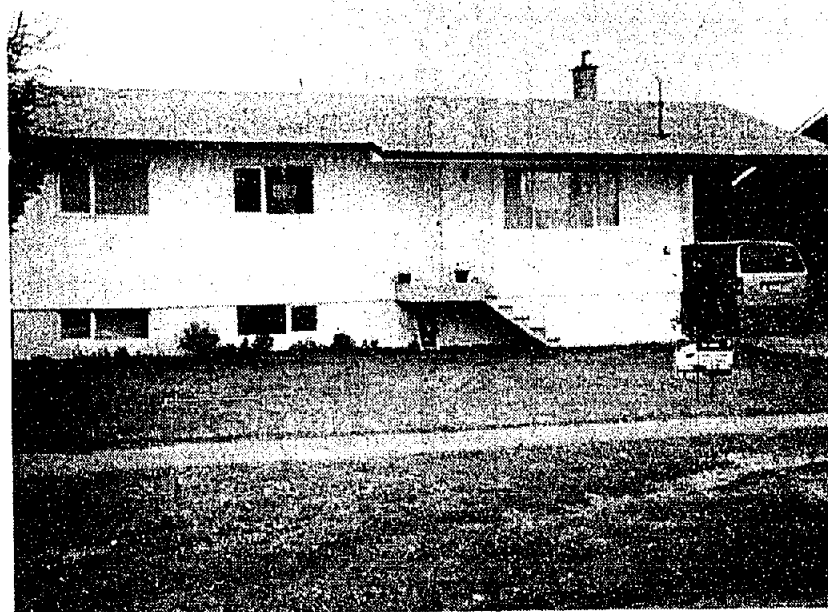
Also a special thank you to the parents and teachers who donated their time to help with the bazaar.

REAL ESTATE

Feature Home By



& Santa Claus



The Perfect Home

'Tis the season to find this perfect home! Mr. and Mrs. Claus and all their little elves will enjoy this great location, plus it's been totally renovated. Santa and Mrs. Claus will love the brand new kitchen with built-in dishwasher plus the hardwood floors, new carpeting, brand new bathroom and blinds throughout. The elves can keep themselves entertained in the 15'x27' family

room or they might dash through the snow in the spacious back yard. The single carport is the perfect place for Santa to keep his reindeer and sleigh.

So come all ye faithful. Join John Evans from Re/Max of Terrace and jolly St. Nick and view this home 'cause all this is only \$118,500. EXCL. Merry Christmas!

L.W. CLAY NOTARY PUBLIC

4805 Davis Avenue, Terrace, B.C.
Telephone: 635-5533 Fax: 635-9068
Office Hours 12 noon to 6 p.m. Daily, Including Saturdays.
Evenings by appointment.

Property Transfers, Mortgages, Mobile Homes, Wills, Etc.

CFNR RADIO BINGO



Played every Friday at 9:30 a.m. on 9.90 AM Radio
in Terrace and 96.1 FM Radio in the Nass Valley

VARIABLE GAME FORMAT - TICKETS ONLY \$1.00
2 games with \$1,000 3-up tickets
Jackpot every week for \$2.00

Every Friday is your chance to win thousands of dollars on CFNR Radio Bingo! Pick up your cards today! In Terrace at: The House of Simolghets, Northern Drugs, Sheffield and Sons, Northern Health Care, West End Chevron, East End Chevron, B & G Grocery, Wayside Grocery, Terrace Shell and Carwash, Hilltop Grocery, Copperstone three, Jams & Gold, as well as, Sybil Morven of Terrace, Rhoda Seymour of Kitselas, and Della Scodane at Northern Native Broadcasting. In New Aiyash at the New Aiyash Co-op Store, in Kitimat from Darlene Sturt, in Kitimat Village from Roberta Grant, in Greenville from Ron Sampere, in Gitwinkshikw from Merd Moore.

Call 638-8137 for more info.

TERRACE REALTY LTD.

4635 Lazelle Ave. (Across From The Canada Employment Centre)

638-0371

FAX 638-1172

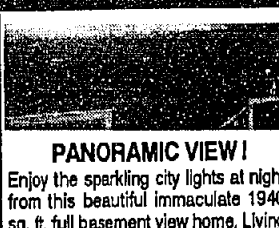
MEMBER



CHRISTMAS SHOPPING FOR YOURSELF

Place your family in this cozy cottage style home. Keep toasty warm with the efficient natural gas furnace to do the job. Close to shopping and schools. Partially finished basement, 2 bedrooms, 1 bathroom. Please call for your private viewing appointment. Listed exclusive.

ACREAGE - NASS VALLEY
An 80 acre plot with the Skeena River running through it may be just the quiet spot that you are looking for. There is a small cabin on the property. The location is very near the Nass Camp. There is road access to the property. Asking \$29,500. MLS.



PANORAMIC VIEW!

Enjoy the sparkling city lights at night from this beautiful immaculate 1940 sq. ft. full basement view home. Living room, dining room, kitchen and master bedroom are all facing the panoramic view of Terrace. To view this executive home call Christel. MLS

DOWNTOWN COMMERCIAL OPPORTUNITY!

This unique parcel fronts on four downtown streets and is divided down the centre by a 16' alley. Covering an area approximately 185'x200', the total package consists of six lots - three fronting on Park Ave. & three fronting on Lazelle Ave. that can be purchased separately or as a package. Four homes provide revenue. For further information, call today! MLS

PRIVACY AND TRAILER LIVING

A gem amongst trailers, 1973 well kept mobile, nat. gas heat, 2 bedrooms, RSF wood stove, attached Joey shack & porch, and a 14x16 Carport. The large trailer pad backs on the Skeena Slough, is landscaped with myriads of flowers, shrubs & trees, has a green house and birds and ducks visiting in seasons. Early occupancy can be arranged. Excl. \$23,900.00

CENTRALLY LOCATED

Stretching from Park to Davis in the 4800 block, 1122 acres presently zoned R2/services available on both streets. Potential development property. Asking \$159,500.00 MLS

CEDAR RIVER HIDEAWAY

147 acres fronting on the Cedar River, accessible from the Cedar River Road, north of the General store in Rossmore. Property has been homesteaded in the past. Beautiful mountain & river views. Asking \$55,000.00 MLS



GREAT FAMILY HOME

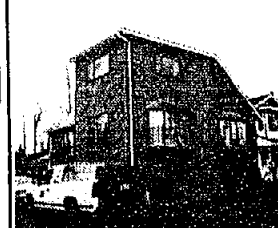
Located on a quiet street on the southside. 1266 sq. ft. home on full basement with 4 bedrooms and 2 bathrooms. 6 bench Sauna, games room, & rec room all downstairs. Make an offer! Listed at \$114,900. Exclusive.

READY FOR HOME, OWNER

Cozy 2 bedroom home, over 1160 sq. ft. family kitchen, laundry area, entry porch, new vinyl siding. Nat. gas heat, drilled well, separate shop that is wired and has a concrete floor, located on a 89x261 ft. lot on Crescent Drive. Asking \$79,500.00

EXCELLENT VALUE

10 year old home in Thornhill area, approximately 1,037 square feet of comfortable living space, full basement, large fenced lot, central vacuum system, skylight in livingroom, 3 bedrooms, 1 bathroom, natural gas heat. \$79,500.00 MLS



UNIQUE & SPACIOUS

4 bedroom, 3 bathroom home in the Horseshoe. Natural gas heat and 1035 sq. ft. Bay windows in the dining room and the living area. Oak cabinets in the main kitchen as well as the downstairs kitchen which could be used for in-law suite. Asking price \$94,500.00 MLS.

GOOD PLACE TO START

Three bedroom modular home with an excellent family floor plan, situated on a 62x132 ft. lot on Larch Street. Home is 1188 sq. ft., aluminum siding, freshly painted, two storage areas, new roof and septic installation. Price \$79,900.00 Includes fridge, stove, washer & dryer. MLS



Ralph Godlinski
635-4950



Lisa Godlinski
635-4950



Rusty Ljungh
635-5754



Christel Godlinski
635-5397



Joe Barbosa
635-5604



Rod Redden
638-1915



Lynda Boyce
638-1073

THE NAME FRIENDS RECOMMEND

RE/MAX OF TERRACE

4654 LAZELLE AVE. (CREDIT UNION BUILDING)

638-1400

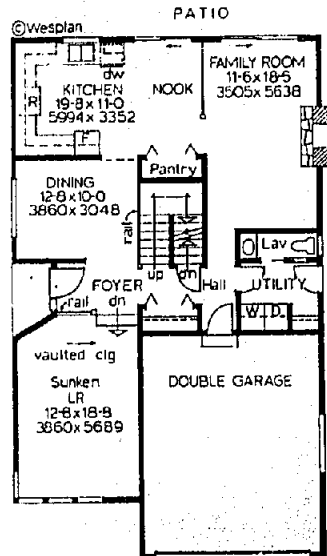
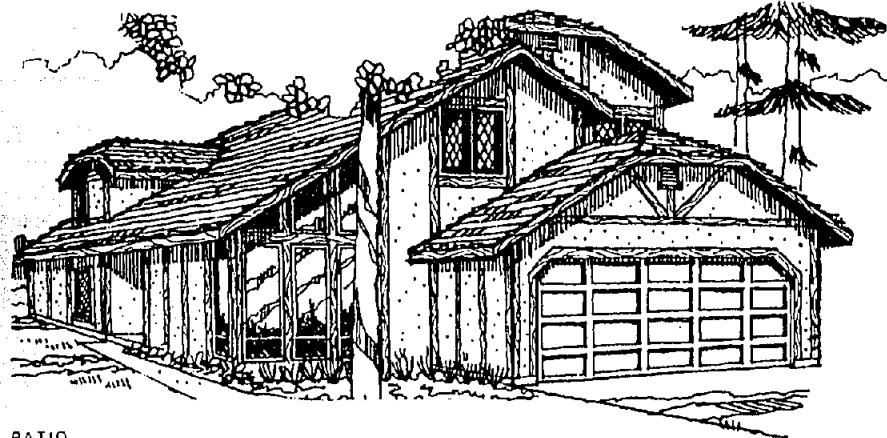
<p>5238 Mountain Vista MLS \$137,500</p>	<p>OPEN HOUSE Sunday DECEMBER 13, 1992 2:00 TO 4:00 P.M. 4428-4430 Park Avenue 4 PLEX</p> <p>Quick action required for you to pick your own colors and flooring. Be ready to move in by Christmas. All the comforts and advantages of new construction:</p> <ul style="list-style-type: none"> - 2x6 walls - R40 ceiling insulation - "Euro" kitchen cabinets - vinyl siding - covered parking - balcony off master bedroom <p>All units will be strata title for individual owners.</p>	<p>Woodgreen Condo 1 brn+den MLS \$54,900</p>	<p>5326 Mountain Vista EXC \$96,500</p>	<p>JUST LISTED</p> <p>4738 Loen MLS \$87,725</p>	<p>JUST LISTED</p> <p>Acreage Ready to Build MLS \$19,900</p> <p>DREAM A LITTLE Imagine 9.67 acres level, private, treed with spectacular mountain view. This excellent opportunity offers immediate possession and cleared building site & driveway already completed. All this only 15 minutes to downtown Terrace. To make your dream come true, call STEVE now.</p>
<p>JUST LISTED</p> <p>2084 Walnut EXCL \$139,500</p>	<p>LOOKING FOR HOMES I'm just about "SOLD OUT" and looking for homes to sell. If you're considering making a move and want someone you can trust and who is going to work for "YOU", contact Gordie Sheridan.</p>	<p>Log Home & Acreage MLS \$124,500</p>	<p>Kroyer Rd. MLS \$89,900</p>	<p>4018 Anderson EXC \$112,500</p>	<p>3988 Mist MLS \$62,500</p>
<p>13 years experience in real estate. 635-7068 dick evans</p>	<p>6 years experience in real estate. 635-4773 erika pelletier</p>	<p>8 years experience in real estate. 635-4781 gordie sheridan</p>	<p>4 years experience in real estate. 635-2697 joyce findlay</p>	<p>6 years experience in real estate. 638-8882 john evans</p>	<p>3 years experience in real estate. 638-0047 steve cook</p>

It's the Experience!

REAL ESTATE

Home Plan

Plans include full unfinished basement...not shown.



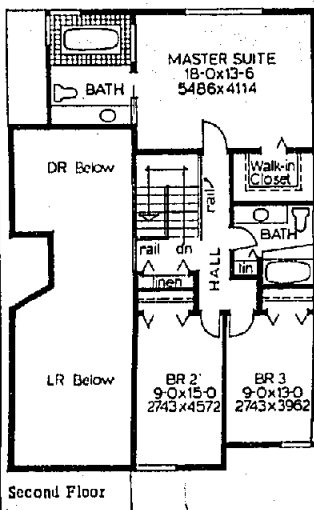
Ideal For Narrow Or Corner Lot

House Plans Available Through

Terrace Builders Do-it center.

TIM-BR-MART
MEMBER OF TIM-BR-MARTS LTD.

3207 Munroe, Terrace
635-6273



This beautiful tudor two-storey is only 32'-0" in width...and yet it contains all the features desired in today's homes. Especially spectacular is the vaulted ceiling over the foyer, livingroom and dining room. The kitchen has plenty of counter space with large pantry off the adjoining nook. Both the nook and family room open on to a rear patio through sliding glass doors.

Width: 32'-0"
Depth: 52'-0"
Main Floor: 1192 sq. ft.
Second Floor: 904 sq. ft.

RE/MAX® RE/MAX® RE/MAX® RE/MAX® RE/MAX®

RING OUT THE OLD RING IN THE NEW

YES, I'VE MOVED TO RE/MAX OF TERRACE

I believe the innovative and progressive style of Re/Max of Terrace, together with my many years of experience in real estate sales, mortgage financing, construction, property management and commercial leasing will prove to be a winning combination.

To all my friends, customers and associates, a heartfelt thanks for your support during 1992.

I would like to take this opportunity to wish you all a happy and safe holiday season and a prosperous and healthy new year.

Yours sincerely,
Steve Cook

RE/MAX® RE/MAX® RE/MAX® RE/MAX® RE/MAX®

REALTY WORLD

Lakelse Realty
SKEENA MALL **638-0268**

Verne Ferguson
635-3389

Brenda Erickson
638-1721

Dennis Lissimore
638-8093

Olga Power
635-3833

Dave Parker
638-1579

Diana Wood
635-6236

Ric White
635-6508

INVESTMENT OPPORTUNITY

With the shortage of rental accommodation today this home is ideal for the investor. Close to all amenities, this house is an ideal rental unit. Natural gas furnace and carpeting installed 3 years ago. Roof 1 year old. Call Dennis 638-8093

FEATHER YOUR NEST WITH A LITTLE DOWN

You may be able to buy your nest with as little down as 5%. Call me to find out how easy this can be. Diana 635-6236.

EXCELLENT STARTER

\$53,900.00. 3830 Dobbie Street. Nice family home on quiet street. Over 1100 sq. ft., newly renovated, 3 B/R mobile with N.G. heat & fenced yard. Bonus: 18' x 24' wired shop. Call Dennis 638-8093. MLS.

OLD LAKELSE LAKE ROAD

Ten acre parcel on corner of Old Lakelse and Ziegler Rds. Also 6 acre parcel. Close to town and private. Ideal for your mobile, modular or to build. Call Verne 635-3389. MLS. \$34,500.00 & \$29,400.00

2431 THORNHILL STREET

Roast chestnuts at Christmas in the fireplace of this 6 bedroom home in Thornhill. On a lot 91' x 204' you get a garage, large sundeck, wood shed and greenhouse. Inside a dining room, galley kitchen, large living room for entertaining and rec room. For \$97,500 get moving with Brenda EXC. 638-1721

COUNTRY DELIGHT

RR3 Kalum & Douglas Rd. 2 story offering space aplenty on 4.43 acres. First-owner care. 2-car garage, gas heat, family room, country kitchen, 6 B/R/3 baths, deck. 1368 sq. ft. on main 2218 sq ft. Above. Ideal for Savvy Buyer. Priced at \$139,951. Ric White 635-6508.

ROSSWOOD AFFORDABLE ACREAGE

Only 1/2 hr from town at the north end of Kalum Lake, 36 acres, building site level and partially cleared with a spectacular view of Weasich Mtn. And you can fish out of your own creek running right past your door. Call Diana 635-6236 now. MLS.

SUPER STARTER ON DBL LOT

2366 Hemlock. home with large addition. Interior has been renovated. Includes 4 appliances. Adjacent lot could be sold or built on by new owner. MLS. Call Ric today 635-6508.

NATIONAL REAL ESTATE SERVICE®

NRS PRUDEN & CURRIE (1976) LTD.

4650 LAKELSE AVE. 635-6142

OPEN HOUSE
Saturday, Dec. 12/92
2720 Tetrault Street,
1:00 p.m. - 4:00 p.m.
\$118,500 MLS.
Hosted by Doug Misdeldt.

UNIQUE AT \$89,000
Located on a large lot in the 4800 Block of the Horseshoe. Very unique style with over 1600 sq. ft., 3 bedrooms, 2 bathrooms, sunken living room with fireplace, N/G heat. Attached garage, very open design in main living areas. Lots of potential. For more information call Dave. Asking \$89,000. MLS

BUY NOW!!
and develop in the spring. Over 2 acres with a potential for 5 city lots zoned R6. Charming older home with some renovations. Lots of parking, storage. Call Sheila. EXCL.

GOOD STARTER, QUICK POSSESSION
1260 sq. ft. home on a 75x200 ft. lot. 4 bedrooms N.G. heat and hot water. Master bedroom ensuite. Home is in good condition and is available for quick possession, complete roof over mobile and addition. For more details call Dave. Asking \$59,500. MLS.

PRETTY AS A PICTURE
and lots of space in this totally renovated 2 bedroom home in the Horseshoe. A large detached garage with cement floor is excellent for the mechanic or hobbyist. N.G. heat and twin seal windows save energy. Listed only at \$72,900. Call Joy or Sheila or drop in and see the interior pictures. EXCL.

SPACE GALORE
In this impressive well kept 6 bedroom home situated in the south side. Economical N.G. Heat. Garage and double paving gives you lots of parking space. 2 bedroom in-law suite is bright and cherry. Listed at \$139,500, call Joy MLS.

THE PERFECT FAMILY HOME
with your own one acre park. Located in town with 3 bedrooms, 1300 sq. ft., Natural Gas Heat & Hot Water and a recent new roof. For more information contact Derick. EXCL.

HORSESHOE LOCATION
1240 sq. ft., 14 year old home on a large lot in a good area of the Horseshoe. 3 bedrooms on the main floor, living room fireplace. 3 baths plus ensuite: finished basement has family room as well as a 1 bedroom suite. There's a garage and a paved driveway. For more information call Dave. Asking \$129,900 EXCL.

QUALITY HOME
built in a quiet area on a no-thru street. 2x6 construction, 4 bedrooms, 3 bathrooms, 2 family rooms, oak cabinets in large kitchen, eating area, separate dining room, bay windows in living room. Home is on a double lot that can be subdivided, good garden soil and lots of fruit trees. Call Wanda for an appointment to view \$154,500. MLS.

INDUSTRIAL SITE
If you are in need of an industrial site in the Hazelton area, here is the place. 33 acres zoned industrial close to railway. Call Derick for more details.

5.76 ACRES
of treed land available in the Woodland Park subdivision. Priced to sell at \$23,900. Call Joy or Sheila MLS.

NRS PROMISE OF SERVICE

John Currie
635-9598

Joy Dover
635-7070

Dave Reynolds
635-3128

Suzanne Gleason
638-8198

Doug Misdeldt
638-1715

Derick Kennedy
635-3042

Wanda Walberg
635-3734

Sheila Love
635-3004

The most precious gift of all

Contributed by
Terrace Fire Department
Your best and most priceless gift at Christmas time is a fire-safe house. Here are some tips to enjoying a safe Christmas with a natural tree:

- Don't cut or purchase a tree that has dried out. Test twigs and needles to see that they are not brittle.
- Store tree outdoors until used. If stored indoors, re-cut the butt and keep immersed in water.
- When the tree is erected, re-cut the butt diagonally. Stand tree in water and maintain water supply.
- Never decorate a tree with candles.
- Do not allow to block exit routes.
- Use only CSA-certified lighting and non-flammable decorations.
- Check lighting strings carefully for worn insulation, broken plugs or loose bulb sockets.
- Switch off tree lights at bedtime or when leaving the house.

Night Before Christmas (Firefighters' version)

Twas the night before Christmas, when all through the house,
not a creature was stirring, not even a mouse.
When down through the chimney all covered with soot
Came the "Spirit of Fire" — an ugly galoot.

His eyes glowed like embers, his features were stern
As he looked all around him for something to burn.
What he saw made him grumble — his anger grew higher
For there wasn't a thing that would start a good fire.

No door had been blocked by the big Christmas tree
It stood in the corner, leaving passageways free.
The lights that glow brightly for Betty and Tim
Had been hung with precaution, so none touched a limb.

All wiring was new, not a break could be seen
And wet sand at its base kept the tree nice and green.
The tree had been trimmed by a mother insistent
That the ornaments used should be fire resistant.

The mother had known the things to avoid.
Like cotton and paper and plain celluloid.
Rock wool, metal icicles and trinkets of glass
Gave life to the tree — it really had class.

And would you believe it, right next to the tree
Was a suitable box for holding debris —
A place to hold wrappings of paper and string.
From all of the gifts that Santa might bring.

The ugly galoot was so mad he could bust
As he climbed up the chimney in utter disgust.
For the folks in this home had paid close attention
To all of the rules of good fire prevention.

LUCKY DOLLAR BINGO

DECEMBER 1992 **PALACE** DECEMBER 1992

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Kermode Friendship Society	2 Terrace Blueback Swim Club	3 Terrace 747 Air Cadets	4 Big Brothers & Big Sisters of Terrace	5 Little Theatre Parents For French Shames Ski Club
6 Parents Coalition for the Advancement of Education Terrace Ringettes	7 Terrace Minor Hockey	8 Kermode Friendship Society	9 Terrace Peaks Gymnastics	10 Order of Royal Purple Terrace Anti-Poverty	11 Canadian Paraplegic Association Nisga'a Tribal Council-Terrace	12 Minor Softball Kinettes Terrace Figure Skating
13 Parents Coalition for the Advancement of Education Terrace Little Theatre	14 Terrace Minor Hockey	15 Kermode Friendship Society	16 Terrace/ Kittimat Shrine Club #18	17 Terrace Little Theatre Terrace Anti-Poverty	18 Canadian Paraplegic Association Nisga'a Tribal Council-Terrace	19 Little Theatre Kinmen Search and Rescue
20 Parents Coalition for the Advancement of Education Terrace Minor Softball	21 Terrace Minor Hockey	22 Kermode Friendship Society	23 Terrace Peaks Gymnastics	24 CLOSED	25 CLOSED	26 Terrace Ringettes Terrace Soccer Terrace Figure Skating
27 Parents Coalition for the Advancement of Education Terrace Little Theatre	28 Terrace Minor Baseball	29 Kermode Friendship Society	30 Seniors Information Access	31 CLOSED		

Sat. Afternoon Games

Evening Games

Thurs., Fri., Sat. Late Night Games

Doors 11:30 a.m.

Doors 4:30 p.m.

Doors 9:30 p.m.

Games 12:45

Games 6:15

Games 10:00 p.m.

T.V. MONITORS

SMOKE REMOVAL

AISLE CONCESSION

REAL ESTATE

Home Sweet Home

By M. Tynan

This stylish family home is sure to please.

A popular exterior look boasts a combination of brick and siding enhanced by the addition of palladian feature windows.

Enter into a spacious foyer. To the left, a partially open plan for the living/dining room provides an attractive focal point. The gourmet kitchen is complete with an efficient working layout, a handy work island, and a walk-in pantry. A carousel breakfast nook with surrounding windows provides plenty of natural light. The sunken family room is a good size, and features a cozy fireplace and an attractive brick and block wall. The den, set apart from the main traffic areas, would be ideal as a home office or study.

Upstairs, all bedrooms are a good size. The master features a walk-in closet and a four piece ensuite with a raised-soaker tub and a make-up vanity. The games room will fit a variety of games equipment, or could be used as a guest bedroom.

An unfinished basement awaits your own creative touch.

Plans for U-772 may be obtained for \$445 for a package of five complete sets of working prints and \$39 for each additional set of the same plan. Allow \$15 extra to cover the cost of postage and handling (B.C. residents add applicable sales tax to plan total). (All Canadian residents add 7% GST to plan total plus postage and handling).

This is one of our new designs. Many innovative plans are now available in our NEW Two Storey plan catalogue for \$13.65 including postage and handling and 7% GST.

Please make all cheques, money orders, and Visa or MasterCard authorizations payable to: Terrace Standard Plan of the Week 13659 - 108th Avenue Surrey, B.C. V3T 2K4

IT'S A TIE!



Rusty Ljungh



Christel Godlinski

The management of TERRACE REALTY LTD. - ROYAL LEPAGE - ABN recognizes both Rusty Ljungh and Christel Godlinski as the outstanding salesmen for the month of November, 1992.

We value their excellent performance and professional service to the public in the field of Real Estate. Rusty and Christel's determination and motivation have awarded them both "SALESMAN OF THE MONTH".

CONGRATULATIONS TO BOTH ON YOUR EQUAL PERFORMANCES!

MEMBER
ROYAL LEPAGE
Associate Broker Network
TERRACE REALTY LTD.
4635 Lazelle Ave. (Across From Manpower)
638-0371 FAX 638-1172



Realty World - Lakelse Realty is extremely pleased to announce that Dave Parker has joined the fastest growing real estate team in Terrace. As well as being a licensed realtor, Dave is a professional forester. Dave served as our MLA 1986-91, and during his term was the Minister of Lands for three years. Whether buying or selling a home, business or investment property, Dave will provide you with professional service so you will be able to make a confident decision. For dedicated professional service you can reach Dave at 638-0268 (office), 638-1579 (home), or 638-9374 (mobile).

REALTY WORLD
LAKELSE REALTY
SKEENA MALL 638-0268



Wightman & Smith Realty Ltd.

3227 Kalum Street, Terrace, B.C.

635-6361

INDEPENDENTLY OWNED AND OPERATED



A Salute To Our Bestseller



SHEILA LOVE

JOHN CURRIE
PRESIDENT OF NRS PRUDEN & CURRIE (1978) LTD.
Wishes to extend congratulations to SHEILA LOVE on attaining the position of TOP SALESPERSON for the month of November, 1992.

If you are thinking of buying or selling your home and would like a current evaluation of the present real estate market in Terrace, please contact Sheila, she would be very pleased to assist you.

FOR ASSISTANCE WITH ALL YOUR REAL ESTATE REQUIREMENTS, CALL OUR BEST SELLERS TODAY.
NRS PRUDEN & CURRIE (1978) LTD.
635-6142



FAMILY HOME IN THE HORSESHOE

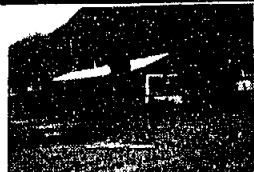
Great family home in immaculate condition. Features 2 natural gas fireplaces, 6 bedrooms, 2 bathrooms and large rec room. This is just walking distance from schools and downtown. Call Gordie Olson for your appointment to view. Priced @ \$119,900 M.L.S.

THE ULTIMATE

This 3103 sq. ft. home is of quality finishing and comes with 5 bedrooms, and including a 4 piece ensuite. Full basement, double garage and many more extras. Call Shaunce for more information. M.L.S.

GREAT LOCATION

Attractive light industrial lot on Keith Ave. with 321 ft. of frontage and is 0.67 of an acre. Call Gordie Olson for more information. Priced @ \$79,900. M.L.S.



DON'T WANT TO PAY RENT?

Check out this 12x64 mobile home with a large addition, stove, fridge, washer, dryer, and microwave oven all on its own 75x100 lot. All this for only \$36,000. M.L.S. Call Shaunce for appointment to view.

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Truly one of Terrace's finest homes. This home offers 2250 sq. ft. of living space on the main floor plus a 3/4 basement. It also features 7 bedrooms, living room, dining room, family room, rec room, 4 bathrooms, N/G hot water heat, attached garage, workshop and much, much more. For more information or your personal appointment to view call Hans. M.L.S.



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A 1967 Melody 12x64 mobile home that is quite cozy just \$10,000 M.L.S. Call Ted today. 635-5619.

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Looking for an investment property? Then look at this 7 acres in town zoned light industrial and presently holding 12 revenue suites, 13 unit mini-storage, 3 portable mini storage units, and a 15 bay mobile home park. More room for development. Call Shaunce for more information. \$350,000 EXCLUSIVE.

BUILDING LOT

120x131 Lot zoned R5 for Multi-dwelling. City water and sewer available. Suitable for 4, 5, or 6-plex. Located in the Keith Estates on dead end street. Asking \$24,500. Call John.



WEEKEND GETAWAY!

Back to the basics, this 2 bedroom, cute and cozy cottage makes an excellent getaway for the weekend. On 10.52 acres, this is a very nice relaxation spot. Call Shaunce for more information. \$25,900 M.L.S.

GREAT LOCATION! GREAT HOME!

With this new home located centrally in the Horseshoe. Offering over 1500 sq. ft. on the main floor living area. Above ground basement style. Spacious kitchen with oak cabinets. Three bedrooms. Three baths. In-law suite. And much, much more. Call Jim for more information. EXCLUSIVE.

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EYE - APPEALING

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-3 bedrooms -N/G heat
Asking \$83,600 M.L.S.

CUTE & COZY

Is the best way to describe this listing in the Horseshoe. This home offers 1200 sq. ft., 3 bedrooms, 1 bath, N/G fireplace, 16x20 storage shed, and fenced 70x132 lot. Located within walking distance to schools and downtown. Asking \$89,900 M.L.S.

STARTING OUT?

This 1974 Modline Premier mobile home set up on it's own lot could be just the one for you. Has 12x28 addition. Spacious living room with fireplace. Three bedrooms. Wood stove. 12x40 garage-shop. Call Jim today to make your appointment to view this property priced at \$53,500 M.L.S.



"Air Miles"

Yes, Air Miles are available to the purchaser of this new home in the Horseshoe, only available through Century 21. 3 bedrooms, attached garage, and a large shop are just a few of the features of this home. For more information, Call Ted Now! Listed at \$138,000 M.L.S.

EXCELLENT 5 BAY SHOP

Has (3) 10 ft. doors, (2) 12 ft. doors. Present use is legal non-conforming. Shop is approximately 2800 sq. ft. in size, has grease pit, office, storage and parts room. Attached is a 4 bedroom 1200 sq. ft. of living space. Sign posted. Call listing agent for apt. to view. John or Hans. M.L.S.

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Very attractive well maintained 1100 sq. ft. 4 bedroom home. Located on the bench featuring N/G heat, 2 baths, family room, fenced 50x122 lot, single detached shop. Asking \$105,500 M.L.S.



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Burn out those bad bugs

Starve a cold and feed a fever. Or is it starve a fever and feed a cold?

Nutrition during the cold and flu season can be a mishmash of facts and superstitions with a little bit of "Mom always..." thrown in.

There is a way through the maze, though! Let's start with some of the more familiar, traditional remedies:

One of the most important things that you can do for yourself when you have a cold or flu is to make sure that you're getting enough fluids to drink. Water is the best, of course, but juices are good too.

Low fat milk is also a good choice, contrary to popular superstition. A recent study found that there was no increase in mucous secretions after drinking milk, compared to clear liquids. And milk can help you meet your nutritional needs when you may not feel like eating. So make sure that you're drinking at least eight big glasses (2 litres) of fluids per day, and even more if possible.

A good indication that you're getting enough fluid is that your urine is clear.

What about Mom's famed chicken soup for colds? It may be more sense than nonsense. You can reduce your cold's symptoms by drinking liquids hot, because the steamy liquids provide extra moisture for your stuffy



Nutrition Notes by Gerry Kasten

respiratory system. The extra heat can give your immune system a bit of a boost, and I always notice that the heat just seems to make me feel better. So, chicken soup may not be such a bad idea after all.

Next time you have a cold, try building a fire in your stomach. How? With lots of hot peppers!

Peppers like jalapeno, chilies, and cayenne all contain a substance called capsaicin. This irritates the stomach. A message gets sent to your brain that the stomach needs extra fluids to "water down" the burn.

Your brain is happy to comply and sends the message back that more fluid is on the way. This message then travels back to the stomach along the vagus nerve. The vagus nerve isn't too fussy about where it drops the messages off, so that the lungs also get the "more fluids" message. It also causes the familiar runny nose and teary eyes you get from eating spicy foods. This all helps to thin down the mucus in the

respiratory passages and make it easier to breathe.

Garlic may help your cold in a similar way. It contains alliin, a substance that is chemically similar to some decongestants. This may help to regulate the flow of mucus. But using garlic to help your cold has its usual social problems. In order to get the benefits from garlic, you have to eat a lot of it. Then all of those wimpy non-garlic-eaters can't stand to be around you.

Another cold "cure" that's gotten a lot of press over the last couple of decades is vitamin C. Most scientific studies have shown that vitamin C cannot prevent colds. They have shown though, that it can ease your cold symptoms once they have started. Recently, some men were given 500 mg. of vitamin C for three and a half weeks prior to being exposed to a cold virus and thereafter. The vitamin didn't stop them from getting the cold, but they reported less severe symptoms once they had it.

Last, but not least, take the sage advice of generations of physicians - rest! It can help your body to rally its defences against your cold or flu, and hasten the return of good health. Remember too, that these hints shouldn't replace the advice of your doctor. If you have a cold that doesn't get better after three days, go and see your doctor and see what she can do for you. In the meantime, rest in bed, drink plenty of fluids, take two hot chili peppers, and call me in the morning!

Gerry Kasten is a nutritionist with the Skeena Health Unit.

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Dr. Daniel Davies, Optometrist
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And the winners are....

There's a winner for every day of the year in the Dr. R.E.M. Lee Hospital Foundation's Cash Calendar draw.

November turned up Michelle Anderson, of Terrace, and James Stewart of Powell River as \$100 winners.

Last month also yielded the following \$50 winners: Vic and Glenn Graham of Penticton, John Vogel of Terrace, Michelle Michaud of Edmonton, K.Deinstadt/R.Stewart of Oona

River; Victoria Roberts of Terrace; Mary Lynn Cooper of Terrace; Mrs. M. Phillips of Nelson; Richard Stewart of Terrace; Helen Vanderploeg; Jack Oliarny of Smithers; J. Kennedy of Terrace; Sean Fedorowich of Prince Rupert; Gordon Hanna of Merritt; David Cowley of White Rock; John Colongard of Terrace; Victor Wittchen of Prince Rupert; Charles Mangnus of Terrace; Mr. and Mrs. Banks of Mission; Joy Beedle of Terrace; Nicola Barton

of Terrace; Jan Tymosuk of Terrace; Gail Gyger of Terrace; Phyllis Bowman of Port Edward; Mrs. Betty Jackson of West Vancouver; George Chase of Victoria; Jennifer Courell of New Hazelton; Frank Wylie of Kitimat; Harvey and Erna Douglas of Vulcan, Alberta; James Stewart of Powell River.

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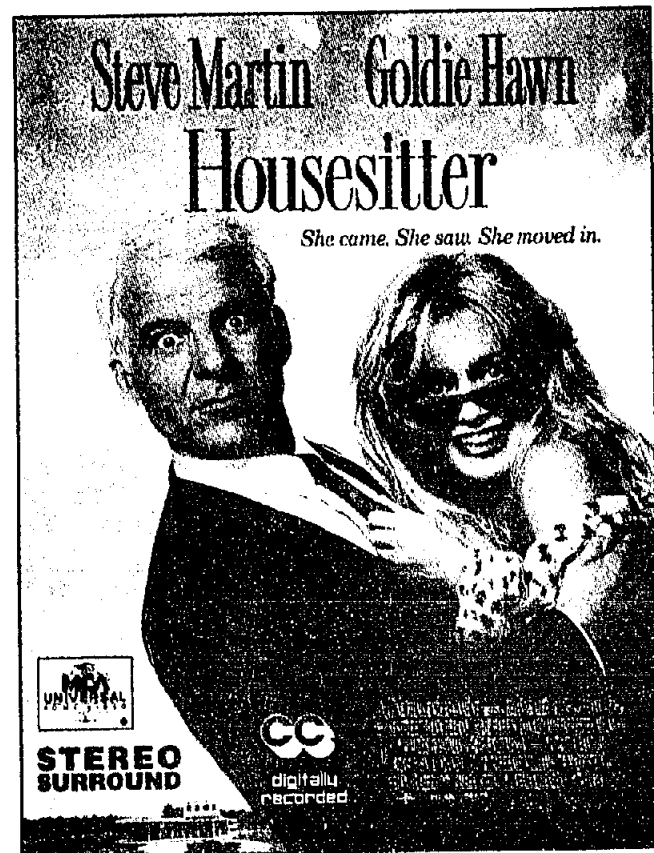
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Skeena Angler

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Ashes

THE ROAD was hard and dangerous, the air so cold it creaked.

Chunks of ice drifted downriver, a few grabbing hold and fastening themselves to the bank. The alder alongside the road were straight, their tops bent higher up.

"Looks like the wind hasn't settled down in the valley yet," he said, "We might be able to make a few casts."

Except for the slippery ribbon of the road, the land at the canyon was straight up and straight down. He looked down to the place where the rock walls narrowed and the water gained strength.

He lifted his foot a bit. "You can't even look at your brakes when it's like this, John. Don't worry, you're in good hands."

The truck picked up speed on the long descent from the top of the gorge. The river disappeared behind the trees for a few miles then re-emerged at the cable car crossing.

"That never was much of a run," he said as they passed the place where the river swirled against a rock out-crop.

"Remember that time when you waded across there in low water and hooked that huge buck at the head end? God, I thought that animal would never come in. What a brute!"

The falls were frozen, but not solidly. He let the truck idle for a while so they could watch the water run under the glassy sheath, then drove on into the upper part of the valley.

"I call that piece of river Little Grizzly. Did I ever tell you why?" He pointed across an alder flat to the rock wall on the far side of the river.

"I crossed the river upstream one September morning a lot of years ago," he smiled at the recollection. "I walked the top of that bank. There was a clearly marked trail and dead springs littered all along it."

"I knew they hadn't gotten up there on their own, so I climbed down and fished looking over my shoulder all the time. Never did concentrate hard enough to catch a fish."

"Later that afternoon I ran into Bill who told me they'd watched a brown bear fish the run the day before. I never went back."

It was snowing now. The sky was grey and close. They passed the Kelly Creek.

"Remember the American, John? When was that anyway?" He didn't wait for the answer. "That was a good Fall. Seemed like there was fish everywhere we went. The Yank came up behind us just as you were bringing the third fish of the day to one of those deer hair monstrosities of yours."

"Remember how he asked you if it was always this good, and you did everything to convince him the fishing was usually lousy? I guess you weren't very believable. He must have told his buddies 'cause the valley was full of campers until the river went out with the fall rains."

He pulled over where the trapper's cabin had once stood and thought about how it used to be, many years ago, when they had first fished the run called Trapper, how the run had been much bigger then, how it was golden in late September.

He could see the cabin, the light in its window, the smoke rising in the cold air, the swirls of steelhead under his flies: the details of all those fine days melted together, the edges became less distinct; they swept over him like a warm wind.

"Well, John, let's get at her buddy," he said. He reached around for the gear. "There should be a couple of cold fish waiting for us."

The cold air was a shock. He put on an extra wool shirt before putting on the wading jacket. He pulled on the mitts, shouldered the bag, assembled the rod, then started up the road.

By the time he reached the steepest part of the bank, it was snowing heavily now. He couldn't make out the far side of the river. He listened to the sounds of the water for while, then reached into his bag.

The ashes floated down over the embankment. Soon they were indistinguishable from the swirling snow.

"You know John, maybe it's too cold to fish after all," he said.

He walked back to the truck and drove home alone.

Kermodes better than placing

It may not have been the result they were hoping for, but the Kermodes senior boys volleyball team needn't feel badly about their performance at the 'AAA' provincial championships.

So says team manager Tom Hamakawa, adding the Kermode's 14th place finish didn't tell the full story.

Hamakawa said Caledonia opened the tournament against a strong Mount Douglas entry and quickly took command, winning the first game.

However, the southerners were able to put it together from there, coming back to take the match 2-1.

Underlining the calibre of that team, he pointed out Mount Douglas went on to battle for the bronze.

The Kermodes road didn't get any easier with their next court appearance either, bringing them face to face with number one ranked Queen Elizabeth.

Although QE handled Cal convinc-

ly in the first game, winning 15-7, the Kermodes came out roaring in the second building a 14-5 lead.

"We just needed one more point," Hamakawa recalled. However, it was not to be.

"They didn't give us a free ball, they played perfectly," he said of the long battle that followed, a battle QE won 16-14. "It was the heartbreaker of the tournament," he said.

The next two games were all too similar, the Kermodes taking both Stanley Humphreys and KLO to three games but unable to squeeze out a victory.

Hamakawa pointed out KLO went on to become provincial champs.

The winless drought finally ended in game five when the Kermodes took out another northern squad, Fort St. John, two straight.

That was to be the only entry in the win column, however.

In both their final round robin match ups, against Delta and Windermere, Cal suffered the frustration of 16-14 first game losses on the way to falling two straight.

The 1-6 record left the Kermodes seventh in their group and set up the playoff for 13th overall against Prince George.

Based on their past meetings, a tight game was to be expected and that's just what the teams delivered.

In a repeat of their opening match, the Kermodes took the first game only to have Prince George find the extra needed from there to notch a 10-15, 15-12, 15-13 win.

While the 14th place finish left the Cal players feeling a bit down, Hamakawa said they had no reason to be.

"They played extremely well throughout," he emphasized, and taking the eventual champions to three games was

no mean feat.

Maintaining the Kermodes had been competitive throughout, he pointed to the number of times the team had only just lost games and how easily the match results could have been reversed had those games gone the other way.

For that reason, the 14th place finish didn't tell the full story.

While not making excuses, he said Cal's southern opponents probably had an advantage because they were more used to playing strong opposition.

"Regular, tough competition gives that little bit of a fine edge to your game," he explained.

And that edge can be the difference between winning and losing when teams find themselves in a fiercely competitive match.

Looking ahead, Hamakawa pointed out half this year's team will bring provincial experience to the '93 Kermodes.



CHITO RYU karate enthusiasts from Terrace and beyond congregated at Clarence Michiel school over the weekend for a two-day clinic conducted by Sensei David Akutagawa, one of the most respected teachers of Chito

Ryu in Western Canada. Above, Akutagawa demonstrates some of the finer points of the discipline with the assistance of Cam John (left).



MISSION POSSIBLE. Following Kitimat's decision to drop curling from its Winter Games, Curl B.C. came to the rescue of juniors across the province by staging its own playdowns leading to a provincial final in Mission. Prince Rupert and Smithers boys and girls teams met over the weekend to decide the northwestern representatives will be at that event. Results next week.

RECREATION

What direction should we take?

While city council prepares to wrestle with a land use plan for the community, members of its Parks and Recreation Advisory Commission are trying to put together a similar long range plan for recreation.

A member of planning committee -- and also the newest member of the commission -- is Mitch Stolarchuk.

"We're just really getting into it," he says, emphasizing the committee is giving every recreation category equal weight.

And there are a lot of categories because 'recreation' covers a lot of ground, Stolarchuk adds.

The committee has to look at what the future needs of the community might be and where to put new facilities to meet those needs.

That also means trying to anticipate where the population growth will be in the years to come and Stolarchuk says that area appears to be the Bench.

Committee members had also had a chance to look over responses to the survey recently carried out by the city which showed a number of complaints about the lack of facilities in that area even now, he added.

While the committee has discussed

predictable items such as a second sheet of ice and community centre, he said they were also looking at the idea of a "huge" walking-biking pathway circling the city and including Terrace Mountain, Ferry Island and the south side of the city.

Although the committee -- and the commission -- has no set completion date for bringing forward its recommendations, Stolarchuk said the committee was meeting every two weeks and "as quick as possible" was its target.

But before that happens, the public has to have its say. Just what is the best way for that to happen is something the committee is wrestling with right now, he points out.

"Part of our agenda is to develop a way to make contact," he says, noting options include a survey or public meetings.

Stolarchuk says he got involved in the commission because he's sport oriented, his children's involvement in local sports had highlighted needs within the community and he'd read the commission needed volunteers.

And what's it like trying to plan the future recreational face of Terrace?

"Very interesting," Stolarchuk admits.

Head for the hill!

White means Greene

The opening of Shames Mountain signals the beginning of the second full season of the Nancy Greene Ski League on the slopes.

Back as head coach is Ian Hamilton who, with his crew of four other certified coaches, will be working to develop local youngsters' skiing skills.

League chairman Richard Bowen explained the program is designed to improve those skills in "a natural, relaxed manner" through games, exercises and technical free skiing.

Approved helmets are mandatory and all participants also learn correct ski etiquette and safety rules as outlined in the *Skiers Responsibility Code*.

To join the league, youngsters must be 6-12 years old, able to use the chair lift and T-bar on their own and already be able to negotiate all the green code (easier) runs on Shames.

Bowen said the importance of providing a coherent program for youngsters from beginning to advanced and recreation to competitive levels could not be over emphasized.

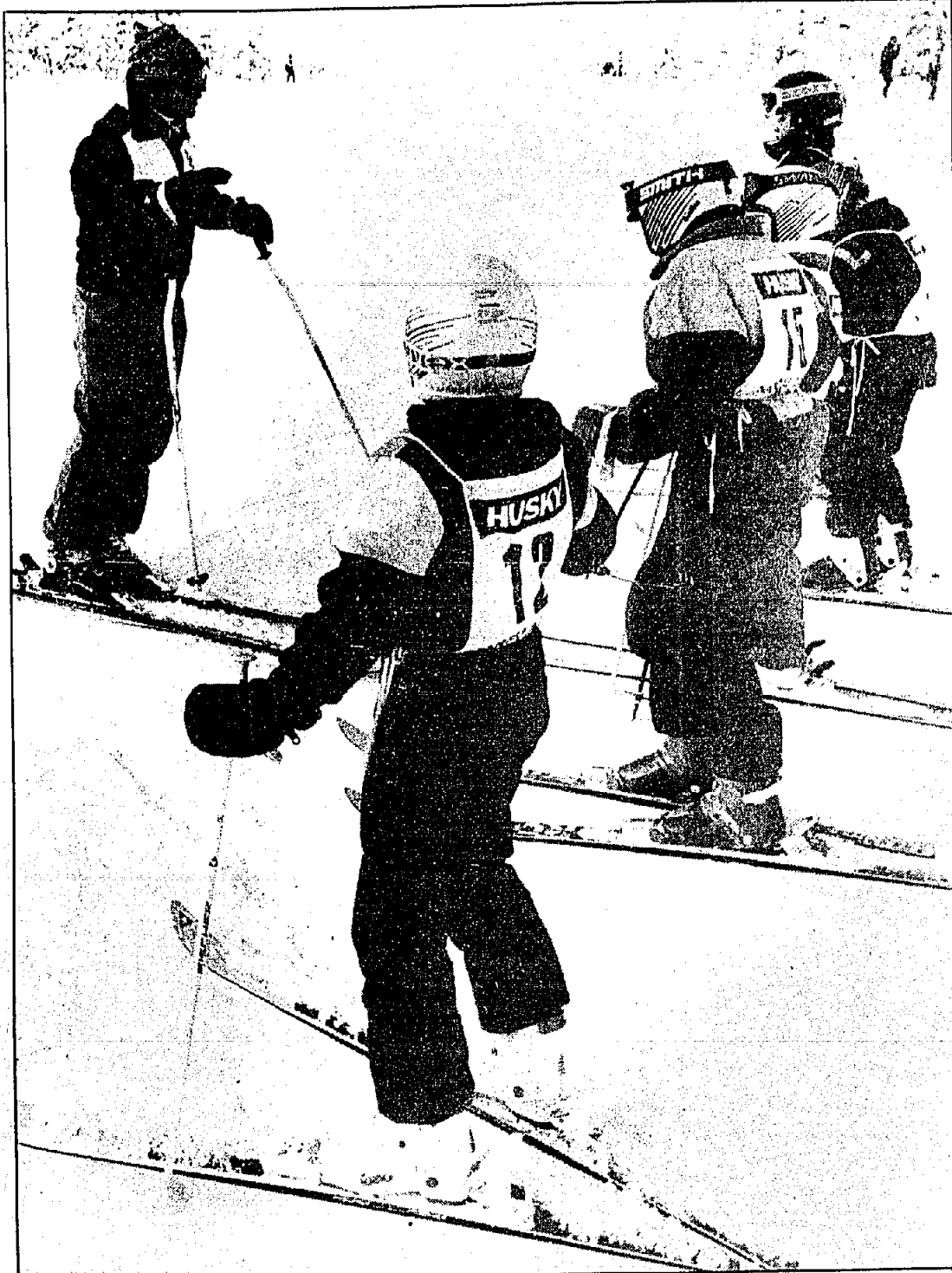
At the same time, there should be an element of fun in that learning.

All Nancy Greene Leaguers take part in the Sunday afternoon, 1-3 p.m. sessions, but he pointed out optional extra tuition is also available beginning at 10 a.m. Sunday mornings.

And there's no additional cost for that extra session.

Bowen said the fee structure includes a \$30 initial family registration, \$10 racer registration and a monthly fee of \$25 per month (the program runs four months).

The registration fees cover the club's Canadian Ski Association dues and liability insurance costs, he explained.



IT'S THAT TIME. Mother nature has finally co-operated by dumping enough of the white stuff on Shames Mountain to allow the ski hill to get up and running. And that mean it's time for Nancy Greene League skiers to pull the equipment out and head for the hill. Of course, the same goes for skiers of all ages. To find out what conditions are like 638-8SKI.

The monthly fee goes towards the cost of hiring coaches. However, "considering the level of expertise of the coaching staff and the hours of instruction, the

fees are nominal," Bowen added.

This year's program gets under way this Sunday, Dec. 13. For more information, phone Bowen

at 635-6228, head coach Ian Hamilton (635-3020) or Shames Mountain Ski Club president Kari Trapp (635-9496).

THANK YOU!

The Therapeutic Work Program extends thanks to the following for their assistance in making its raffle a success.

Diane Mould, Robert St. Louis, T.W.P. participants, Terrace Friends of Schizophrenics Support Group, Osborne Home, Mental Health, Terrace and District Community Services Society, Mills Memorial Hospital Psychiatric Ward, Red Raven Gallery, Skeena Mall, Wayne & Micki Braid, Kathleen Ireland, Jeanette Pauls and to those of you who supported us by purchasing tickets.

Congratulations to the winners.

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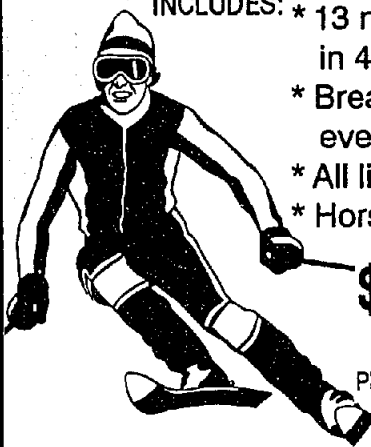
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Playdowns

This weekend sees zone playoffs for the B.C. Winter Games in three sports.

Here in Terrace, Canadian Amateur Swimming Association members in both the Youth (13-17 years) and Masters (20 years and up) divisions will take to the pool in a two-day meet beginning Saturday.

For further information, contact Dick Coxford at 635-6511 (Bus.) or 635-3653.

On Sunday, Kitimat's Riverlodge will be the venue for the Karate qualifiers.

Competitors must be 13-18 years old as of Jan. 1, 1993 and members of the B.C. branch of the National Karate Association.

The entry deadline is today and more information can be obtained from Marg Bogaert at 632-3116 (Bus.) or 632-5329.

The final playoffs of the weekend are in Houston and involve youth bowlers (13-19 years). Those get underway at 9 a.m. at the Houston Lanes.

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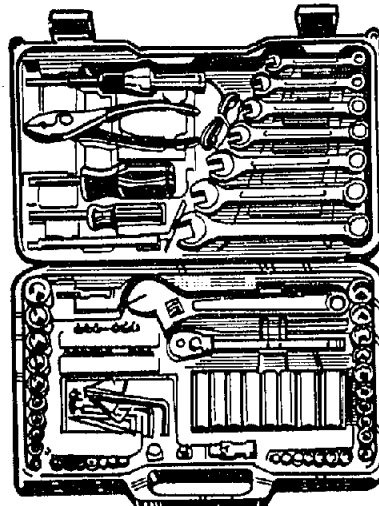
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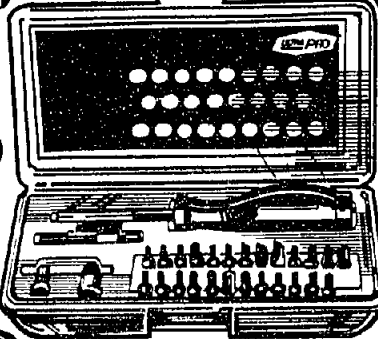


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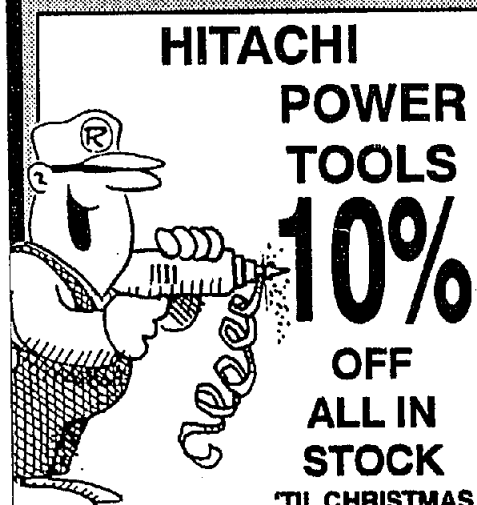
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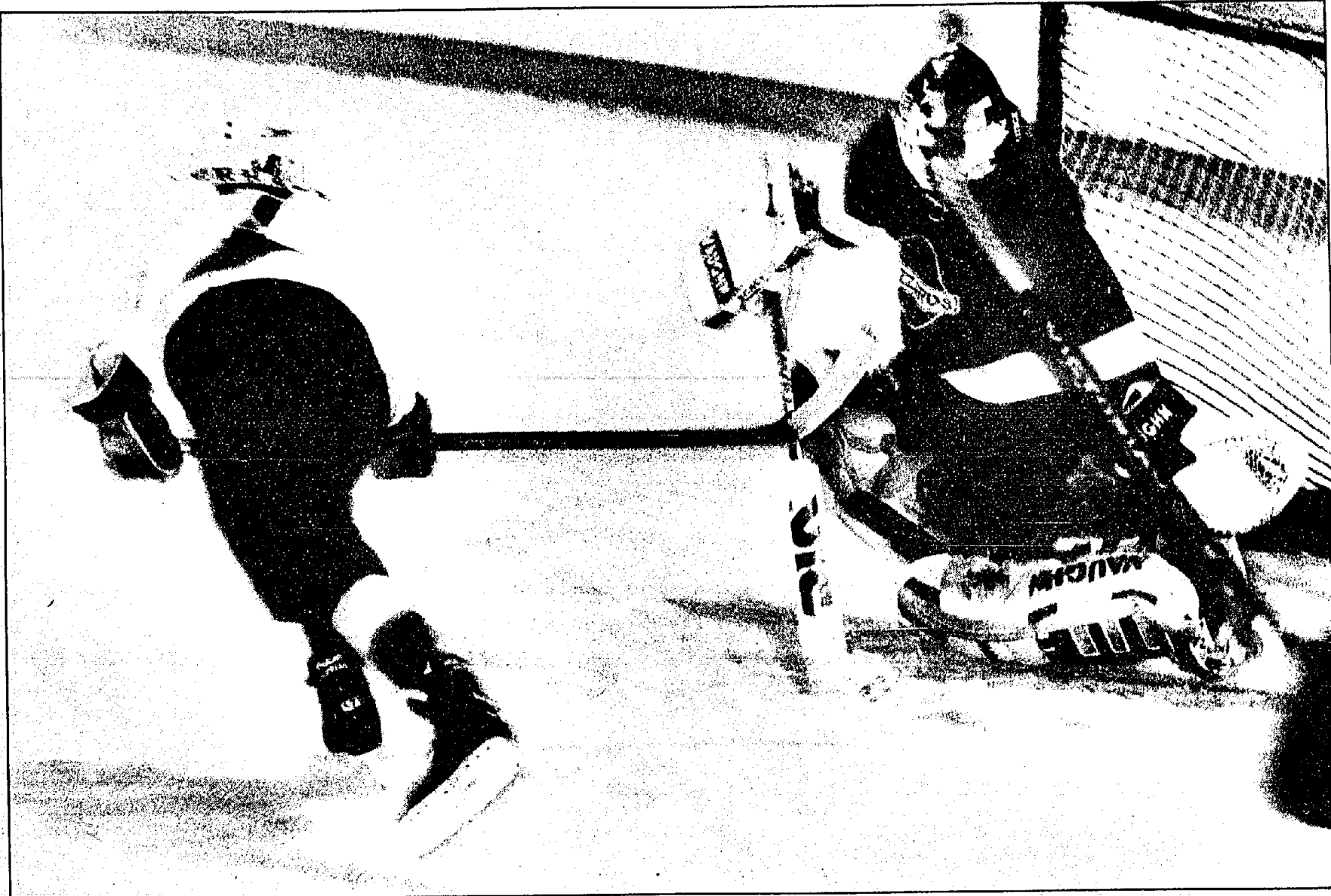


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SEVEN GOALS for the Terrace Inland Kenworth Bantams, six points for Devon Van Hulle. Above, Van Hulle executes a perfect backhand to put Ter-

race ahead 3-2 and pick up the second of his four goals in the game. Terrace went on to win 7-5 and avenge a narrow 8-7 loss the previous night.

Van Hulle paces Bantams to win

A six point performance by Devon Van Hulle led the Terrace Inland Kenworth Bantams comeback Saturday as they split a weekend home series against Kitimat.

Van Hulle's four goal tear included two third period markers less than two minutes apart which put the Kitimatians to bed.

But it wasn't until the third period that the Bantams were able to take control of the game.

Kitimat opened the scoring six minutes into the first period when Kevin Loutit took the first step towards his hat trick.

Van Hulle struck with 3:37 left in the frame on a feed from Jerrat McCabe and it remained a one all tie for the remainder of the period.

Terrence took the lead for the first time

early in the second on Parm Kondola's goal from Douglas and Stevenson only to see Kitimat haul it back at the 3:30 mark.

The deadlock was broken eight minutes later with a Kitimat player in the box and it was Van Hulle doing the damage.

Sweeping in from the left side, Van Hulle neatly lifted a back hand over the goalie's shoulder, Douglas and Cullis getting helpers.

Four minutes later, Terrace were once more on the power play but this time it backfired when Rene Buttar notched a short handed marker to tie it up again.

Undaunted, the home team kept up the pressure, going ahead to stay when Ryan Stevenson cashed in on a power play opportunity with just five seconds left on

the second period clock.

Van Hulle picked up his third point on the goal, Jason Goriak getting the other assist.

From the face-off Terrace swept into the Kitimat zone again, Terry Smith unloading one that found the back of the net.

Unfortunately for Smith, the buzzer sounded before the puck could reach its target and the goal was disallowed to leave the score 4-3.

Held in check for the first five minutes of the final frame, Terrace opened the floodgates at 5:19 when Ronnie Cullis scored from Van Hulle and Mark Tesaro.

Three minutes later, Van Hulle broke in alone and lifted the puck into the top of the net to open the gap to 6-3, then

added a power play goal from Wes Kinney at 10:27 to salt it away.

With the game apparently in their pocket, Terrace relaxed just a little too much. Loutit was allowed to go in unmolested just 19 seconds later, his back hander closing the gap to 7-4.

Less than two minutes later Loutit got his hat trick when, with a Terrace penalty about to be called, the Kitimat goalie had raced to the bench to allow the extra attacker on to the ice.

But that's as close as Kitimat were to get, neither side able to add to the 7-5 scoreline.

For Terrace, the result was compensation for a narrow Friday night loss. Down 8-4, Terrace had rallied with three unanswered goals but ran out of time before they could complete the comeback.

Sport Scope

Knight's free throw nears

If you'll be 10-14 years old as of Jan. 1, 1993 and handy at sinking a basketball, now's the time to start practising.

Next month the local Knights of Columbus organization will be staging its 2nd annual Free Throw Tournament.

Organizer Germano Carrita said the event is open to both boys and girls and could lead participants into competition against their peers from across North America.

Entrants in the Terrace playdown will all take 15 consecutive attempts from the free throw line, a distance of 12ft., at a 10ft. high hoop.

Winners will then go on to the next round, there being five in total including the international final.

Last year, local victors Kathleen Gook and Dustin Sampson went all the way to that international level.

Zones next

Michael Cooper forgot something when he took to the Terrace Lanes for the Winter Games bowl off.

He forgot he had a 190 average. The fourteen-year-old opened his three game series with a remarkable 297 then followed that with scores of 239 and 261.

The end result was a plus 227 overall to finish more than 80 pins clear of his nearest rival.

Cooper will be looking to continue that form when he heads to this weekend's zones in Houston.

Making the trip with him will be Robin Boehm, Chris Hernes, Erica Francis and Clinton Drummond.

Seasons top

All Seasons, riding a 10 game unbeaten streak, continues to keep a firm grip on top spot in the Recreational hockey division.

But the opposition are making sure it's not too easy.

Having just edged the Inn of the West 7-6, All Seasons were held to a 5-5 tie by nearest rivals Skeena Hotel Dec. 1.

The tie and nine straight victories that went before have catapulted All Seasons from their third place six weeks ago to an eight point lead atop the table.

Welcome Competitors and Spectators to the



McDonald's Invitational Swim Meet Dec. 11-12-13

Welcome to Terrace
Best of Luck to All Competitors!

Overwaitea Foods

SKEENA MALL TERRACE

**Starts 5:00 pm Friday
8:00 am Saturday
9:00 am Sunday**

SPECTATORS WELCOME

Terrence Blueback Swim Club Raffle draw will be made Sunday after the meet.

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Good Luck to the
Bluebacks and all
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Sunday 8:00 am - 3:00 pm



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Sports Menu

TONIGHT

Men's Hockey
Oldtimers Division
9pm - Convoys v Timbermen
10:30pm - Northern Motor Inn Okies v Wranglers

THURSDAY, DEC. 10

Men's Hockey
Recreational Division
10:30p.m. - All Seasons v Back Eddy Pub

FRIDAY, DEC. 11

Swimming
TERRACE BLUEBACKS host McDonald's Invitational Meet. Racing begins 7:15 p.m. tonight and continues at 8 a.m. Saturday and 8:45 a.m. Sunday with trophy presentations at 1 p.m. Meet will include CASA Youth and Masters qualifiers for the B.C. Winter Games.

Basketball
CALEDONIA KERMODES host five team tournament. Play continues Saturday.

Curling
SMITHERS CLASSIC cashspiel gets underway, ends Monday, Dec. 14.

SATURDAY, DEC. 12

Curling
JUNIOR PLAYDOWNS for the Northern Winter Games at the Terrace curling club, games at 1 p.m., 4 p.m. and (if required) 7 p.m.

Men's Hockey
Oldtimers Division
8p.m. - Wranglers v Convoys
Recreational Division
9:30p.m. - All Seasons v Skeena

SUNDAY, DEC. 13

Men's Hockey
Oldtimers Division
9:15p.m. - Okies v Convoys
Recreational Division
10:45p.m. - Precision Builders v Back Eddy Pub

TUESDAY, DEC. 15

Men's Hockey
Recreational Division
9p.m. - Precision v Norm's
10:30p.m. - All Seasons v Inn of the West

★★★★★

MIXED DART LEAGUE plays every Wednesday night at the Legion, 8 p.m. Fun league and all welcome. Just show up to join in.

SKEENA VALLEY SNOWMOBILE CLUB meets the first Tuesday of each month, 7:30 p.m. at the Coast Inn of the West.

TERRACE ROADRUNNERS Motorcycle Club welcomes new members. For information, phone Ed (635-3489) or Karen (635-6495).

BADMINTON CLUB plays every Tues. and Thurs. 8-10 p.m. and Sun. 7:30-9:30 p.m. at Thornhill Jr. Sec. school. Newcomers welcome. Contact Diane at 635-3564.

ADULT NOON HOUR drop in hockey takes place at Arena 11:45 a.m.- 1 p.m. every Mon., Wed. and Fri. Minimum age 19 years and limited to first 20 players each day.

LADIES DART LEAGUE plays every Thursday night, 8 p.m. at the Legion. Novice players welcome. Phone Betty (635-4880) or Carla (638-2080) for more information.

The Terrace Standard offers Sports Menu as a public service to its readers and local sports organizations.

If you have an event planned, bring the details in and we'll add it to the Menu.

To make the following week's paper, submissions must be in by 5 p.m. Friday.



Fit Facts

by Kathy Corbett

We all know life can be tough and full of stressful times.

As we overcome life's trials and tribulations, we know we are psychologically becoming stronger, "building character".

This is an emotional, survival mechanism.

Our physical body is just as survival conscious and will overcome and adapt to physical stresses placed upon it.

Aerobic exercise, continuous, moderate exercise which utilizes

oxygen as fuel, stimulates cardiovascular growth.

Anaerobic exercise -- intermittent, high intensity activity which does not use oxygen for fuel -- stimulates muscular skeletal growth.

Anaerobic exercise, commonly referred to as resistance or weight training, is very intense and is completed in less than three minutes for each muscle or muscle group before muscle fatigue occurs.

The muscle literally becomes starved for oxygen. It also produces a chemical waste product,

lactic acid, which will not allow further muscle contraction.

A general rule is 8-10 repetitions for the body's upper muscles and 12-15 for the lower muscles.

The resistance or weight used directly relates to muscle fatigue and the repetition guideline.

A rest of 45-60 seconds is needed between each exercise or set. The rest will allow a decrease in the elevated heart rate and muscle fatigue.

A general rule also is to execute each exercise or set three times. Anaerobic exercise places unaccustomed stress on a specified muscle or group and the body responds through adaptation to the demand.

The body cries, "Hey, ouch! What are you doing to me?"

Tough, smarty, I'll show you. I'll get bigger and stronger."

And, lo and behold, it does just that.

The muscles do not grow on the workout. The workout creates the stress causing minute muscle fibre damage.

Rest and proper nutrition promotes the growth. This rest period or muscle recovery stage is 48 hours. It is as important as the workout.

No rest, no growth, so do not overtrain. Weight train every other day or three times a week with a 48-hour rest period between each session.

Yes, couch potatoes, there are folks out there that actually love to exercise and will sometimes exercise too hard or too often.

They really enjoy making their

body work, feeling good about themselves and knowing their toned bodies are growing bigger (lean muscle mass) and stronger. It becomes a loving addiction.

Weight training physiological effects include:

- * increase in muscle strength
- * increase in muscle tone
- * increase in lean muscle mass
- * increase in bone density
- * increase in strength in connective tissue (tendons and ligaments)
- * decrease in body fat

Weight training psychological effects are:

- * increase in body awareness
- * increase in self confidence and self esteem



\$75 - \$100 Gift Ideas

- ☐ Quality Fleece Wear
- ☐ Ski Racks
- ☐ Gortex Gloves
- ☐ Fashion Sweat Shirts
- ☐ Sweaters

\$50 - \$75 Gift Ideas

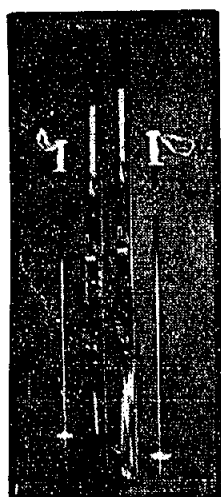
- ☐ Ultrasight goggles
- ☐ Suncloud Glasses
- ☐ Quality Back Packs
- ☐ Custom Footbeds

\$25 - \$50 Gift Ideas

- ☐ Sport & Ski Bags
- ☐ Team Jersey Shirts
- ☐ Quality Turtlenecks
- ☐ Double Lens Goggles
- ☐ Suspenders

Under \$25 Gift Ideas

- ☐ Toques
- ☐ Head Bands
- ☐ T-Shirts
- ☐ Sunglasses
- ☐ Waxes
- ☐ Ski Socks
- ☐ Golf Accessories
- ☐ Swim Accessories



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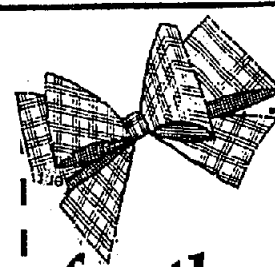


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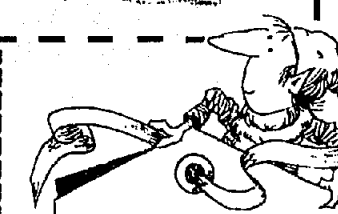
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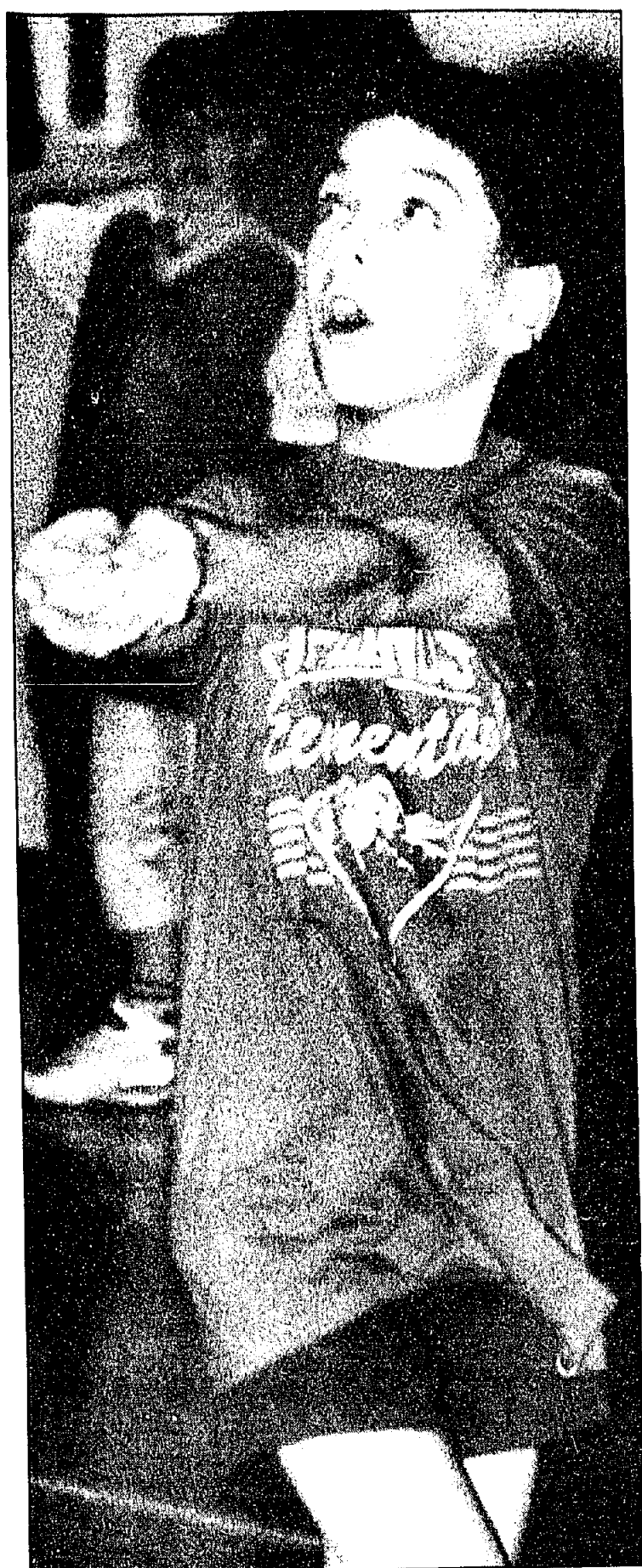
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Fri. 9 a.m.-9 p.m.
Sat & Sun 8 a.m.-6 p.m.



ELEMENTARY volleyballers were in action Saturday, the boys at Thornhill Jr. Secondary and the girls at Skeena. Above, an Uplands player keeps his eye firmly on the ball, ready to power it back at his Clarence Michiel opponents. The first game of the tournament for both teams, it proved a thriller. After dropping the first game 15-13, Uplands came back with a 15-13 win of their own before completing the comeback with a 15-9 win in the rubber game. See next week's *Standard* for full results.

MEN'S NIGHT

AT THE SKEENA MALL

6:00 P.M. TO 9:00 P.M. TUESDAY, DECEMBER 15TH

ENTER TO WIN!

A one day ski pass to Shames Mountain. If you are not a skier we will give you a one hour lesson with an instructor.

Gift Wrapping Available.

As well as one of Santa's Helpers to lend a hand



Christmas shopping for your lady will be fun and easy if you get him to fill out this information form first!

Top: _____
Pant: _____
Waist: _____ Leg: _____
Skirt Size: _____
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Panty Hose: _____
Perfume: _____
Ring Size: _____
Favorite Colour: _____
Wish List: _____

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SKEENA MALL

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Shop the 87 stores in Pine Centre Mall for all your Christmas Treasures 'til you drop... then,

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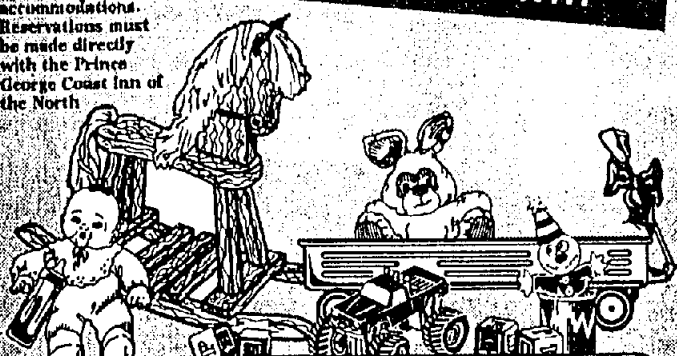
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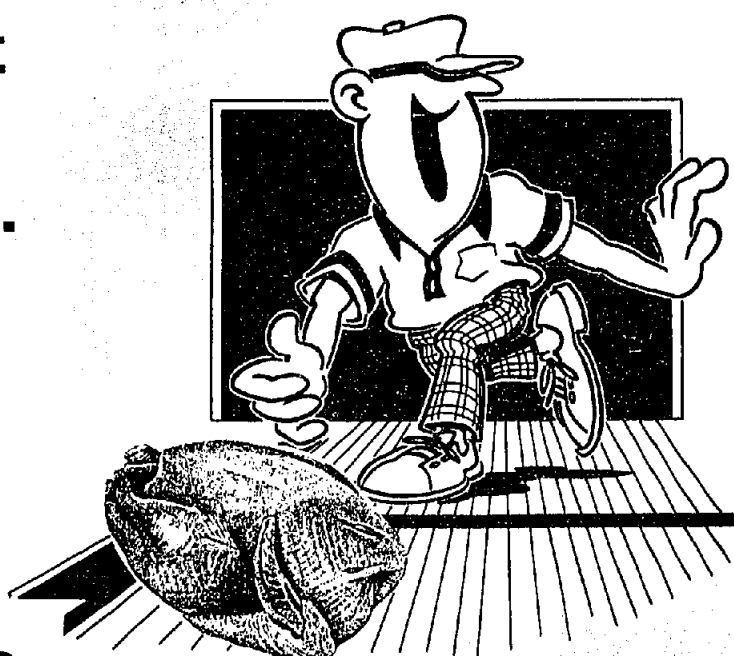
Ask for the 'Christmas' Special

Come to Men's Night
Tuesday, Dec. 15
6:00 p.m. to 9:00 p.m.

Turkey Bowling

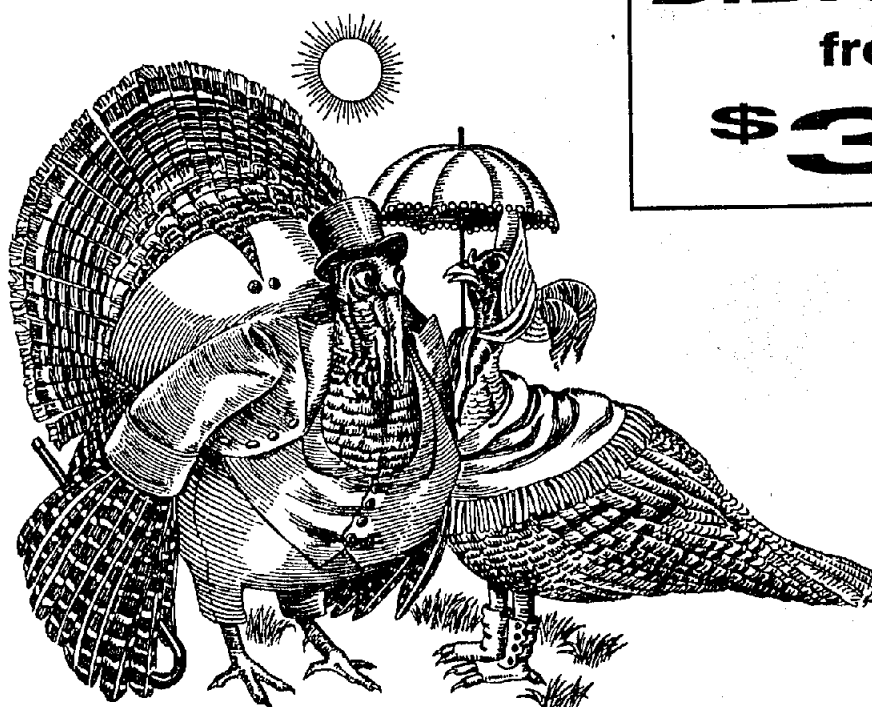
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AT THE SKEENA MALL - TERRACE

New rule draws debate

By LINDA MOORE

Now that curling has attained full medal status in the Olympics, the major discussion at curling clubs in Canada is whether or not to change the rules.

In Canada, minor rule revisions have occurred over the past few years, mostly involving equipment modifications.

However, at the world championships and in the Olympic Winter Games, curling uses the 'free guard zone' rule.

This rule prevents lead players on both teams from removing opponents guard(stones in front of the house) from play.

It still means that the stones can be bumped, split or moved in a variety of ways, but not hit out of play.

The objective of keeping more rocks around? To make curling more exciting by eliminating the 'takeout' style games and increasing the possibility of comebacks.

The concern? The rule does alter the game in a fairly dramatic

fashion.

But this has been discussed before, so what's new? This year, the Ontario men's curling championship will use a slightly modified free guard zone rule in their event.

It's a bold move because it will mean the Ontario winner will face different rules at the provincial and national level and, if they win, even the international level.

However, many top players in Ontario pushed for the change as they feel the rule is the way of the future and want the Canadian Curling association to decide in favour of the rule at their meeting next June.

So why not make the change? One problem with the current rule is that it takes away a great deal of the advantage of having last rock; the opposition controls the end by placing the first stone either in the house, or in front, and thus dictates the style of play -- takeout or draw.

The opposition is also the first one, with the fifth stone of the end, permitted to play a takeout

on front stones.

Also many of those concerned with the rule think the club curler, not competitive curlers, will be most affected.

Leads on teams that play in recreational leagues are often the least experienced player on the team and the free guard zone rule can increase the complexity of lead's shots.

One solution that has been mentioned is having different rules for competitive curlers and club players. Others say that would be too confusing.

Although some curlers don't object to the concept, they do say the final version of the rule has yet to be determined.

Bonspiels across the country use a variety of versions of the rule -- there is little consistency at this point.

The best idea is for curlers to try the rule and let their provincial curling association know what they think.

Want to try it? Here are some notes on the free guard zone rule:

- * Leads cannot remove op-

ponents guards from play. This means the stone in question can be moved, but cannot be pushed over the backline or touch the side boards.

- * The penalty -- the original guard is replaced and the opponents rock is removed from play.
- * Rocks in the house, even "biters" can be removed at any time.
- * The rule only applies to the lead player. Seconds can remove any stone at any time.
- * You can remove your own guard stone if you wish.
- * On leads' stones only, you can measure to see if it is a guard or in the house and therefore can be taken out.

Be sure to pass on your opinion of the rule!

Dr. Dean Burtch
at Park Avenue Dental Clinic
Has moved to the downstairs office at Park Avenue Dental Clinic.

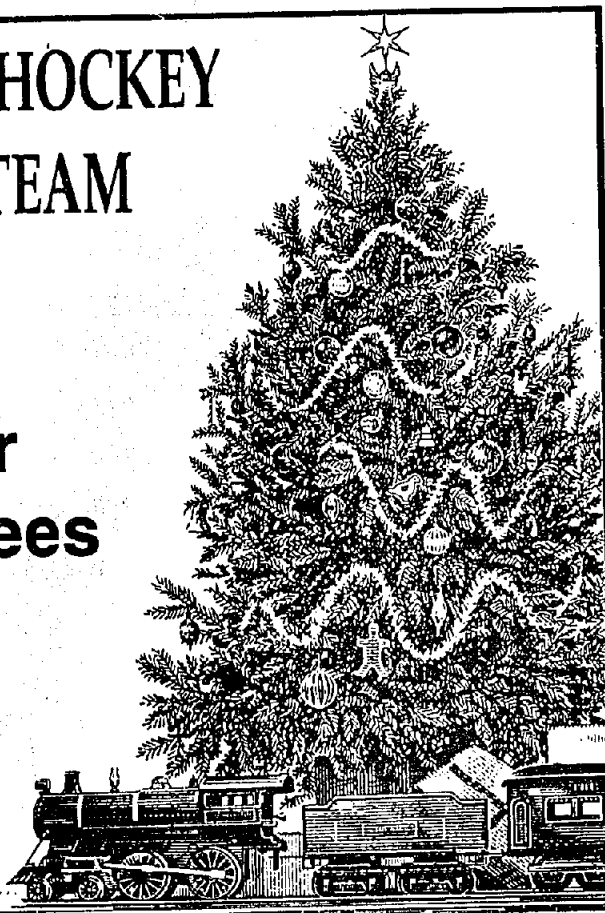


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- * Must be accompanied by an adult
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Treats will be given out by Santa



- * Tickets Must Be Purchased In Advance At The Woolworth Cafeteria

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NEW YEAR'S EVE AT THE LEGION

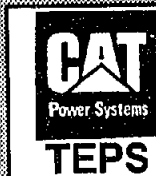
The Ladies Auxiliary Of The
Royal Canadian Legion Branch #13
cordially invite
MEMBERS & GUESTS
to attend a

**NEW YEARS EVE
DINNER AND DANCE**
Thursday, December 31
at the Royal Canadian Legion in Terrace

Doors Open 7:00 p.m. FREE RIDES
Dinner 8:00 p.m. HOME

Dancing to DOOR
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Tickets \$20.00 each - Available At The Legion



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SCORE BOARD

Bowling

NOVEMBER CASH SINGLES RESULT

	G1	G2	G3	G4	Total
1- Leif Thomsen	390	270	283	240	1183
2- Larry Lopushinsky	292	240	225	229	986
3- Ken Dahm	215	271	172	265	923
4- Greg Saunders	203	182	258	261	904
5- Wayne Lebeau	267	212	188	224	891
6- Rich Rauschenberger	253	228	191	212	884
7- Dave Wiebe	231	164	219	201	815
8- Henry Archibald	152	267	140	233	792
9- Kelly Francis	225	170	149	233	777
10- Lesley Alway	157	155	197	212	721

B.C. WINTER GAMES PLAYDOWNS

	G1	G2	G3	Total	=/-
1- Michael Cooper	297	239	261	797	+227
2- Robin Boehm	161	188	250	599	+143
3- Chris Hernes	166	278	179	623	+140
4- Ken Halley	136	164	281	581	+110
5- Ron Boehm	166	160	186	512	+80
6- Erica Francis	154	227	175	556	+52
7- Dennis Caspar	82	72	92	246	+21
8- Joshua Smith	154	107	92	353	+8
9- Dexter Archibald	148	115	162	425	-4
10- Andy Lukasser	154	136	125	415	-32
11- Clinton Drummond	156	155	176	487	-50

League Standings Golden Agers

1- Misfits	192.5 pts.
2- 5 Alive	171.5 pts.
Ladies' high single	
Dolly Roberts	177
Ladies' high total	
Vera McKenzie	447
Ladies' high average	
Joan McFadden	155
Men's high single	
Joe Schulmeister	227
Men's high total	
Joe Schulmeister	580
Men's high average	
Don Sharp	208
Team high single	
Thunderbolts	632
Team high total	
Thunderbolts	1811
Team high average	
Hillbillies	584

Tuesday Mixed

1- Who Cares	71 pts.
2- Kay's Crazy Klowns	67 pts.
Ladies' high single	
Gwen Cooper	321
Ladies' high total	
Gwen Cooper	808
Ladies' high average	
Sherry Lopushinsky	233
Men's high single	
John Rasmussen	334
Men's high total	
Larry Lopushinsky	793
Men's high average	
Larry Lopushinsky	253
Team high single	
Who Cares	1206
Team high total	
Who Cares	3459
Team high average	
Who Cares	1046

Tuesday Coffee

1- Next Time	52 pts.
2- Bowling Bags and One Ball	51 pts.
Ladies' high single	
Sherrill Smith	230
Ladies' high total	
Marlene Thornton	619
Ladies' high average	
Lesley Durand	201
Team high single	
Bowling Bags and One Ball	936
Team high total	
Bowling Bags and One Ball	2609
Team high average	
Bowling Bags and One Ball	850



BURN SMART

TO MINIMIZE AIR POLLUTION FROM YOUR WOODSTOVE:

Firewood should be seasoned by splitting and stacking it at least eight months before it is burned. Your woodpile should be covered in a way that keeps rain and snow off but allows air to circulate through it. Dry, seasoned wood burns best!

A message from the
BRITISH COLUMBIA
LUNG ASSOCIATION

Getting your sport's results on to the SCOREBOARD is easy. Just fax them to 638-8432, phone Malcolm at 638-7283 or drop them off at the office at 4647 Lazelle weekdays, 8 a.m.-5 p.m.

Men's Recreational Hockey

November 25			
Terrace Timbermen	3	Northern Motor Inn Okies	2
November 26			
Skeena Hotel	3	Precision Builders	1
November 28			
Terrace Timbermen	6	Convoy Supply	4
Riverside Auto Wranglers	6	Northern Motor Inn Okies	4
November 29			
All Seasons	7	Inn of the West	6
Norm's Auto Refinishing	7	Skeena Hotel	7
December 1			
Skeena Hotel	5	All Seasons	5
Back Eddy Pub	6	Precision Builders	2
December 2			
Terrace Timbermen	9	Riverside Auto Wranglers	2
Norm's Auto Refinishing	7	Inn of the West	3

Recreational Division

	GP	W	L	T	GF	GA	PTS
All Seasons	18	13	3	2	113	65	28
Skeena Hotel	18	8	6	4	92	98	20
Back Eddy Pub	17	9	7	1	97	84	19
Norm's Auto	18	8	8	2	89	90	18
Inn of the West	18	5	11	2	74	101	12
Precision Builders	17	4	12	1	56	83	9

Oldtimers' Division

	GP	W	L	T	GF	GA	PTS
Terrace Timbermen	15	11	1	3	78	46	25
Riverside Wranglers	19	10	5	4	78	75	24
NMI Okies	18	5	12	1	55	63	11
Convoy Supply	18	4	12	2	57	84	10

Darts

Terrace Ladies Thursday Night League

TOTAL GAME POINTS	HIGH SCORE POINTS
Carla Borcham 249	Carla Borcham 130
Annette Hiren 225	Annette Hiren 132
Joyce Bradley 191	Georgina Ratcliffe 48
Anita Ratcliffe 159	Joyce Bradley 38
June Spooner 135	Marg Saulnier 36
Betty Campbell 117	Anita Ratcliffe 27
Georgina Ratcliffe 102	June Spooner 26
Marg Saulnier 99	Peggy Degerness 14
Joan Magrum 87	Joan Magrum 12
Peggy Degerness 66	Betty Campbell 8
Barb Dugdale 36	Mary Purdy 6
Mary Purdy 18	Barb Dugdale 6

Kitimat Men's League

TEAM	SW	DW	TW	Pts	NP	Ave
Bull Shy	107	15	5	152	9	16.889
Skeena Hotel	103	14	7	152	9	16.889
Screech 'N' Me	95	14	7	144	9	16.000
Los Ch'os	83	12	6	125	9	13.889
Pheasant Pluckers	84	4	5	107	9	11.889
Dog Salmon	69	7	5	989		10.889
Oddballs	70	10	6	108	10	10.800
T.H.C.s	52	5	4	74	9	8.222
Brew Crew	51	6	3	72	9	8.000
M.O.B. Squad	45	6	1	60	9	6.667
Seniors	41	7	1	58	9	6.444

(SW=singles wins, DW=doubles, TW= teams; NP= nights played and Ave. refers to points per night played)

I saw your picture in the paper!

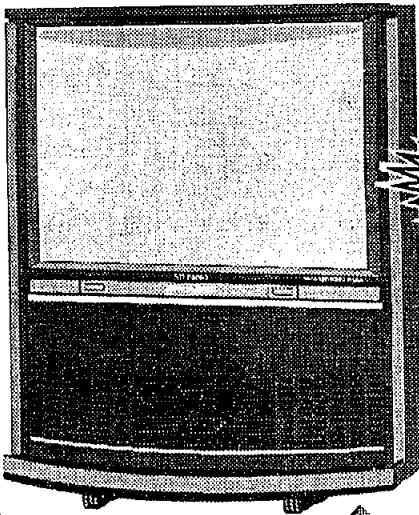
Now you can keep a copy of that picture forever through a new service offered by THE TERRACE STANDARD. Come in and browse through our news photo file. Reprints of black & white news photos or the color front page photo are available. Prices will vary depending on size.

5x7 reprints \$8.00 plus tax

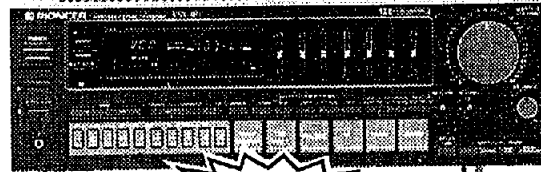
This Christmas... Put Pioneer under the tree.

...And bring the Excitement Home!

This Christmas, bring home a gift the whole family will enjoy. With Double Cassette Decks, Dolby® Pro-Logic Receivers and 6-Pak CD Players... Pioneer leads the way with an amazing selection of state-of-the-art home audio/video components. It's all the Bells and Whistles... for just a little jingle!



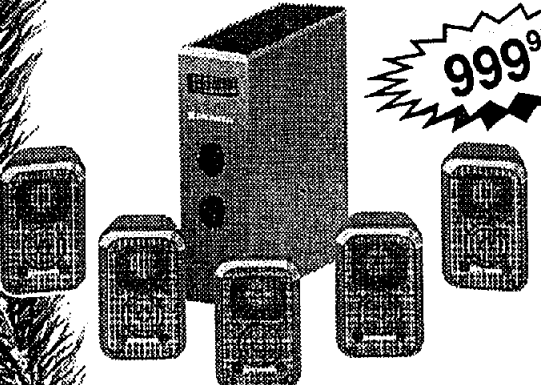
SD-P4063K
• 40 inch slim design
• 750 ft. Lambert
• 740 Lines Horizontal Resolution
• Picture in Picture
• Programmable Smart Remote™



449.95

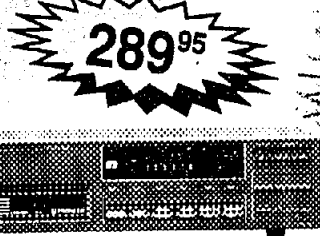


VSX-401
• 100 W/Ch (Front) + 20W/Ch (Rear)
• Dolby® Surround with Digital Delay
• 7-band Graphic EQ
• Custom Memory Tuning
• Full-function SR Control



S-V401-K/H
• Home Theatre Speaker System
• Design for 5 channel
• Dolby® Pro-Logic Surround
• Magnetically shielded
• Mounting hardware included
• Paintable white available

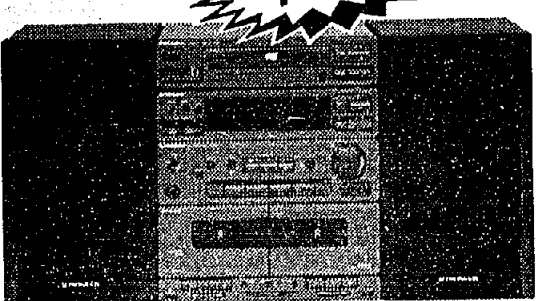
PD-M501
• 1-bit DAC
• ADLC (Auto Digital Level Controller)
• Talk-back Input
• One-Touch Digital Fader
• System Remote Ready



289.95



CT-W501R
• Double Auto Reverse Cassette Deck
• Dolby® B/C HX Pro
• CD-Deck Synchro
• System Remote Ready



CCS-350
• 30 W/Channel RMS
• Sound Field Control
• Double Auto Reverse Cassette Deck
• 1-bit DAC CD player
• Remote Control

PIONEER

The Art of Entertainment™

AUTHORIZED CANADIAN PIONEER DEALER

SIGHT & SOUND

Skeena Mall
Terrace
635-4948



ACTION ADS

**CALL
638-SAVE**

BUY / SELL / RENT / TRADE

VISA

ACTION AD RATES

638-SAVE

DEADLINE: FRIDAY 5 P.M.

Classified and Classified Display

ADVERTISING DEADLINES: When a stat holiday falls on a Saturday, Sunday or Monday, the deadline is Thursday at 5 p.m. for all display and classified ads.

TERRACE STANDARD, 4647 LAZELLE AVE., TERRACE, B.C. V8G 1S8
All classified and classified display ads must be prepaid by either cash, Visa or Mastercard. When phoning in ads please have you Visa or Mastercard number ready.

20 words (first insertion) \$5.25 plus 12¢ for additional words. *(Additional insertions) \$3.50 plus 9¢ for additional words. \$9.95 for 3 weeks (not exceeding 20 words, non-commercial) Prices include 7% G.S.T.

OVER 30 CLASSIFICATIONS!

- | | | |
|---------------------------|-----------------------|--------------------|
| 1. Real Estate | 12. Motorcycles | 24. Notices |
| 2. Mobile Homes | 13. Snowmobiles | 25. Business |
| 3. For Rent | 14. Boats & Marine | 26. Opportunities |
| 4. Wanted to Rent | 15. Machinery | 27. Personal |
| 5. For Sale Misc. | 16. Farm Produce | 28. Announcements |
| 6. Wanted Misc. | 17. Garage Sales | 29. Card of Thanks |
| 7. For Rent Misc. | 18. Business Services | 30. In Memoriam |
| 8. Cars for Sale | 19. Lost & Found | 31. Obituaries |
| 9. Trucks for Sale | 20. Pets & Livestock | 32. Auction Sales |
| 10. Aircraft | 21. Help Wanted | 33. Legal Notices |
| 11. Recreational Vehicles | 22. Careers | 34. Travel |

The Terrace Standard reserves the right to classify ads under appropriate headings and to set rates therefor and to determine page location.

The Terrace Standard reminds advertisers that it is against the provincial Human Rights Act to discriminate on the basis of children, marital status and employment when placing "For Rent" ads. Landlords can state a no smoking preference.

The Terrace Standard reserves the right to revise, edit, classify or reject any advertisement and to retain any answers directed to the News Box Reply Service, and to repay the customer the sum paid for the advertisement and box rental.

Box replies on "help" instructions not picked up within 10 days of expiry of an advertisement will be destroyed unless mailing instructions are received. Those answering Box Numbers are requested not to send originals of documents to avoid loss.

All claims of errors in advertisements must be received by the publisher within 30 days after the first publication.

It is agreed by the advertiser requesting space that the liability of the Terrace Standard in the event of failure to publish an advertisement as published shall be limited to the amount paid by the advertiser for only one incorrect insertion for the portion of the advertising space occupied by the incorrect or omitted item only, and that there shall be no liability in any event greater than the amount paid for such advertising.

1. Real Estate

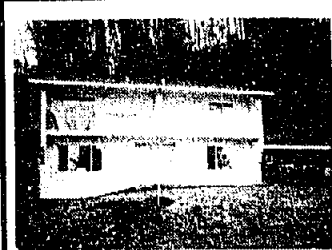
NEAR SMITHERS 5 acres, 3 bedroom, full basement home, large workshop, barn, fenced. 846-5537 4p32

ADAMS LAKE STORE LOCATED AT Adams Lake, B.C. 1/2 hour from Salmon Arm - 45 min. from Kamloops, 10 min. from Shuswap Lakes. Fully renovated with very attractive living quarters. Showing excellent return in an area of growth and terrific climate. Start the New Year on a positive note. Phone 1-679-8904. 1m37

IN GRANISLE - Modular home for sale plus two lots. Asking price \$45,000. Call 697-2347 and it can be viewed anytime. Located at #92 Morrison. 4p32

FOR SALE BY OWNER: Spend Christmas in your new home in the popular Thornheights Phase III Subdivision. 2 year old, 1200 sq.ft., bi-level, newly fenced and landscaped, spacious dining room and kitchen with oak cabinets, 3 bedrooms up, skylight featured in main bath. Asking \$122,900. Serious inquiries only. No agents please. Ph. 638-0167. 3p33

MOVING, DESPERATE TO SELL 6.13 acres next to Tyhee Lake Provincial park. Town water and hydro next door. Walk to lake, \$14,900. Call Jim 1-246-2713. 4p33



OPEN HOUSE

Wednesday,
December 16th, 1992
4428-4430 Park Avenue

Erika Pelletier
Re/Max of Terrace
In attendance

FOR RENT

**NEWLY RENOVATED
COMMERCIAL/SERVICE SPACE
PRIME LOCATION NEAR CENTRE OF TOWN**

**5700
SQUARE
FEET**

- store front
- on Highway 16
- excellent visibility
- good parking

**880 AND 1320
SQUARE FOOT
BAYS**

**4800 SQUARE
FEET**

- with 3 phase power All with
- 12 x 12 OH doors
- natural gas heat
- washrooms

Progressive Ventures Ltd.
635-7459

3. For Rent

WANTED 3RD Person to share 4 bed-room house \$275 per month plus 1/3 utilities. Call Wayne, 635-6550 days. 635-2279 home. 3p32

TERRACE BED & BREAKFAST. Rooms by the night or by the week. Call 635-5537 or 638-0888, leave message. 1m30

2 BEDROOM DUPLEX Suite. Fridge/stove, w/w carpeting, in town. No pets. Call 635-5464 3p32

ROOM & BOARD for working person. Call 638-8293 3p32

FEMALE ROOMMATE wanted to share a two bedroom apartment. Ph. 635-4648. 3p33

TWO BEDROOM suite partly furnished, near hospital. \$770 mth., utilities included. Available January 1. References required. Reply to File 19, 4647 Lazelle Ave. Terrace, B.C. V8G 1S8 5p33

COMMERCIAL STORE FRONT space located close to downtown core. Call 638-8398. 1c34

BRAND NEW 3 BEDROOM HOME with NG heat. Suitable for professional couple. No pets. Available immediately. 638-8084 to view. 2p34

FULLY FURNISHED CABIN for rent. \$400 monthly, \$150 damage deposit, no pets at all. Situated at 1925 Bobsien Crescent. Phone after 6 p.m. 635-7004 1p34

2 BEDROOM APT. for rent avail. Jan. 1st. Includes laundry facilities, fridge/stove, draperies, parking. \$485/month. No pets. Call 635-2556. 3p34

2 BEDROOM BASEMENT Suite. \$400/month. No pets. Call 635-6930. Available immediately. 1p34

ONE BEDROOM APARTMENT near college - non-smoker. \$350.00 month. Call 635-2965. 1p34

WOODGREEN APT. 1 Bedroom, nat. gas fireplace, close to town, no pets, references required. Available Jan. 1. 635-3042/635-6142. \$618/mo. 2p34

ONE BEDROOM APT., fridge, stove and heat included. Downtown \$400 per month. Phone 638-1702. 1p34

Summit Square Apartments

One/Two Bedroom
Units

Quiet & Clean

Recreation Complex
Racquetball Courts
Gymnasium

635-5968
2607 Pear St.

3. For Rent

SMALL 2 BEDROOM Duplex in Thornhill. Avail. Jan. 1st. No pets. References Requested. Phone 638-0714 after 6 p.m. 2p34

**FURNISHED
BACHELOR UNIT**
Cable and utilities included. References required.
OLD BRIDGE PROPERTIES
635-5350

FOR LEASE

OFFICE - RETAIL - CLINIC SPACE
Central location, off street parking,
1,400 sq. ft. ground floor

**AVAILABLE
IMMEDIATELY**

CALL:
635-2252 (days)
635-5531 (evenings)

WOODLAND APARTMENTS

CORNER OF KALUM & SCOTT
CLOSE TO TOWN AND SCHOOLS

Fridge, stove, heat and hot water included. Carpeting, storage space. References required.

1 Bedroom Apt. \$450.00
2 Bedroom Apt. \$525.00
3 Bedroom Apt. \$600.00

No pets.

PHONE OFFICE 635-5224

4. Wanted To Rent

YOUNG RESPONSIBLE COUPLE wanting to rent 1-2 bedrm home. Nonsmokers, nondrinkers. No pets. Call 635-4437. Ask for Marty or Charlene. 3p33

PROFESSIONAL PERSON looking for a 3-4 bedroom house to rent. Non-smoker, non-drinker. Call Gloria 632-4222. 3p32

WANTED TO RENT by responsible, clean working family, 4 or more bedroom house with or without basement. References available, please call 638-0352 leave message. 3p34

5. Misc. For Sale

COMIC AND COMIC CARDS - all mint cond. Fully protected reasonable prices. Call Weekdays 8:30 am to 6:30 pm. Weekends 11:00 a.m. to 4:30 p.m. Ask for Andrew (or leave a message) 635-4217 3p32

FOR SALE Hammond electric organ, saw filing machine, 2 electric blankets, 2 easy chairs, caulk boots, bicycle parts, Trans am sun visor. Phone 635-7996. 3p33

RSF 65 AIRTIGHT Stove used 4 months as new. \$1300 obo. RSF 65 furnace with Plenum \$1300 obo. Ph. 845-2830 late evenings. 4p33

5. Misc. For Sale

NEW PHOTO MAGIC. Get your favorite photo on coffee mugs 13.99, 2 keychains for 11.99, 22 k gold trim plates 28.99, shirts 25.99, hats 10.99, buttons 3.99. Send photo Sameday Photomugs. Box 907 Burns Lake V0J 1E0. For info. call collect 1-692-3575 4p34

350 LOADER. New Engine, new tracks, etc. \$1400.00 O.C.3 Crawler Cat, blade & bucket 80% new. \$5500 32 ft. house boat lifetime aluminum, has everything & trailer \$19,500. 82 lade 2-door auto - good cond. \$1500. 14 ft. Tri-hull speed boat - 50 horse menk, trailer \$2600. Clean Okanagan Camper, hyd jacks, \$2,000. new Kubota lite plant & battery change \$550. Ken Allen Box 161 Granisle. Ph. 697-2474. 19th

PRECISION BAND CUT - Lumber, timbers, siding and firewood. We can supply any and all demands for size and volume. Will negotiate custom sawing, logging and/or purchase of private wood. Burns Lake. 695-6365 or 695-6391 4th

FOR SALE: PREFABBED, WOOD Constructed utility sheds, garages, workshops. Also trailer skirting, decks and fences, joey shacks, snow roofs. Dirk Bakker 638-1768 (evenings) 7c28

SNOWFLAKE GIFT SHOP

Nov. 30 - Dec. 23
City Centre Mall, Kitimat
632-7171

ADRIAN'S STAINED GLASS
BLUE HERON STUDIO - Portraits
CINAWAY - Screenprinted garments
FANCY THAT - Hats & clothing
IMAGES OF THE NORTH -
Photography & Framing
I-TECH COMPUTERS
MISTY MOUNTAIN POTTERY
TANNIS GOLD - Custom Jewellery
Other Local Artists & Businesses!

5. Misc. For Sale

LADIES 5-Speed bicycle, ski outfit, size 10-12, smoked-glass roll around doors, drapery track, draw-string type, open to 20 ft. Ph. 632-5443 5p31

LADY'S NEW RED JACKET. Size 38. \$40 or best offer. Phone 635-3823 3p32

ANTIQUE 9 PIECE Walnut dining room suite. Good Condition, \$1200 OBO. Day bed and stool (older upholstered style) \$75 OBO. Old children's school desk Ph. 635-6228. 2p32

TEAK BUFFET for sale. Elegant Danish design. \$2000.00 Call Dave or Carolyn 635-7284 3p34

PERSONALIZED CHILDREN'S books. Exciting and positive storylines. "My Little Mermaid Adventure", "My Dinosaur Adventure" and more. Laser printed. Hardcover and fun. \$14.95. My Treasure. 1-800-663-BOOK or 1-692-4109. 4p34



*She'll never know
it's a ring...
if it's wrapped in a can.*

Moniques

Gift Canning

LARGE CANS ARE REUSABLE
Comes with plastic lids
Located in the Christmas Store at
the Skeena Mall Saturdays

THIS MONTH'S SPECIAL

PORTLAND CEMENT Only..... **\$8.50** per bag

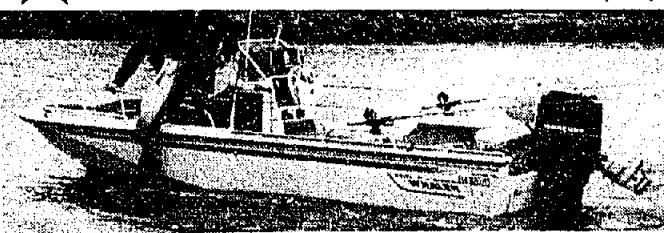
PATIO BLOCKS 8x16 Only..... **\$1.00** each

SKEENA CONCRETE PRODUCTS

3751 Old Lakelse Lake Rd.

638-8477

★ MUST SELL ★



18 Ft. Boston Whaler Outrage

Includes - 115 hrs Mercury outboard -9.9 Honda kicker - galvanized trailer & misc. equip. excellent condition.

Owner must sell, sacrifice price \$5,000 OBO
Phone 635-6496, ask for Steve.

December Only CHRISTMAS SALE

COTTON RIVER CLOTHING
BIRKENSTOCK
MUSTAFA'S IMPORTERS
(Baking, Wreaths, Woodcrafts)

December 9th to 24th

Wed. to Sat. 12 noon - 6 pm
Friday until 6 pm

3200 Kalum St.
(across from Don Diego's)

**Drop in,
Ciders Hot**

*Merry
Christmas*



Stay'n Save Winter Get-a-Way Kelowna or Kamloops

Whether you're shopping for the perfect Christmas Gift, looking for that Perfect Get-Away Special, or dreaming of Downhill or Cross Country Skiing, Stay 'n Save Motor Inns presents you with the Ideal Package.

ANY TWO NIGHTS FOR \$89⁰⁰

(based on single or double occupancy)

(subject to the applicable taxes and availability)

Must be consecutive nights - Valid until March 31/93

Enjoy spacious, tastefully decorated rooms with Free Sports and Movie Channels. Hot Tub, Sauna, Exercise Facilities and Family Restaurants on site.
FIRST CLASS...FOR LESS!!

CALL 1-800-663-0298 FOR RESERVATIONS
Clip this ad and present it upon check-in to receive your special package

Kelowna - 1140 Harvey Ave. • 862-8888

Kamloops - 1325 Columbia St. West • 374-8877

SAVE THIS COUPON!

Christmas Shopping Special!

**TWO NIGHTS FOR
\$59.99***
plus applicable taxes



Connaught Motor Inn
Prince George, B.C.

*One double room for two people for two consecutive nights
Advance Reservations Only
Valid until January 31, 1993

- Convenient downtown location
- 98 Units with fridges
- Indoor pool, sauna and swirl
- Licensed dining lounge

CALL TOLL FREE 1-800-663-6620

1550 Victoria Street
Prince George

Phone 562-4441
Fax: 562-4441

ACTION ADS

CALL
638-SAVE

BUY / SELL / RENT / TRADE

VISA

"QUALITY"

SCREENED TOPSOIL
DRAIN ROCK
BEDDING SAND
ROAD CRUSH
PITRUN GRAVEL
638-8477
SKEENA
CONCRETE
PRODUCTS

6. Wanted Misc.

IF YOU ARE BUYING or selling children's furniture, check with the Product Safety Branch of consumer & Corporate Affairs Canada (604) 666-5003 to ensure it meets current Safety Standards. The sale of non compliant products not only could result in a tragic accident but also is a violation of the Hazardous Products Act.

WILL PAY GOOD Prices for obsolete (older type) Fisher Price toys that accompany little people, especially school house and play village. Call 632-6385. 3p33

7. For Rent Misc.

FOR RENT: APPROX. 1 acre (fenced) with 2 small barns. Suitable for 1 or 2 horses. \$100/month. Call 635-5537 or 638-0888. 30th

MINI STORAGE UNITS

- Budget priced
 - 24-hour access
 - Port-A-Stor units also available
- 635-5350**

8. Cars for Sale

740JD GRAPPLE Skidder reb. eng. (300hrs) u like new chains tires good to fair \$35,000. will consider older Cat as part trade. 1988 F250 4x4 Sup.Cab., approx 70,000 km 460 Eng. 5 sp. \$12,000. 1972 970 Case Tractor, c/w Cab & Duels & 707 legn Loader \$10,000. 205 Massey Manuev speddler \$1,800. 1700 New Holland forage chopper 1,800. Heavy heavy 3 bottom breaking plow cuts 6 ft. \$8,000. Will consider cattle on trade for any of the above. Call 690-7378. 4p32

CLASSIC 1965 MUSTANG. REBUILT 289 high performance engine and transmission. Body completely restored. New candy apple red porsche paint. EC. \$7,900. OBO. includes over \$2,000. in spare parts. 639-9323. 14th

1992 DODGE SPIRIT ES 5-Speed 2.5L turbo Cruise, tilt, p1/2 locks, powerseal, 14,500 km. Good tires. \$9995 1-692-3805. 4p31

78 CADILLAC ELDORADO. Fully loaded, leather interior, front wheel drive. Great in the snow! Luxury cruising. \$2500 OBO. Phone 635-4729. 3p32

1990 CHEV EXTENDED cab, 4x4 s/box, 305 EFI, 5Spd. New Paint, 33,000 km. Black Ext. Red Int. Stereo/Radio. A1, Wheels, \$11,500. 1-692-3805. 4p31

1986 FORD TEMPO. Must sell. EC. Phone after 5:00 p.m. 635-4189 \$3700 O.B.O. 3p32

1980 FORD Fairmont Stationwagon, GC inside and out. \$1800. Phone 635-2453. 3p32

1987 MAZDA 626 LX. Loaded 5 speed, sunroof, and high quality stereo. EC. Asking \$8500 O.B.O. Call 638-1896. 3p32

1983 MERCURY LYNX 4 door hatchback. Has no rust, AM/FM cassette, Block heater. P/B; P/S. EC. \$2500 O.B.O. Call 635-4368. 3p33

1975 TRANS AM 400 4spd. blue on white. AM/FM cassette & amp. very good condition must be seen. Asking \$4000 call 638-8655 after 4pm. 3p32

MUST SELL! 1990 FORD Festiva 5 speed, excellent condition. Only 28,000 km. Balance of warranty. \$4,995.00. Call 635-9354. 2p34

9. TRUCKS for SALE

1986 NISSAN 4x4 LONG BOX. P/B, P/S, one owner, 5spd, low mileage, new tires. Ready for camper. EC. Reduced price. \$5500. 635-5273 Sunday evenings. 2p32

1989 NISSAN Pathfinder 2 door- four wheel drive auto transmission. \$13995 Chinook Sales Ltd. Dealer #6101. Phone 635-2033. 3p32

1987 Ford F250 Supercab pickup. EC. Asking \$9000. Call 623-2227 or 632-2033. 3c32

1986 FORD RANGER XL 4X4, 2.9 Litre engine with rack and canopy. Low mileage. EC. Asking \$8600. 635-7400 after 7 p.m. 15th

1984 FORD SHORT Box Van with 5 cyl. Insulated. GC inside and out. Asking \$3900 OBO. Ph. 635-5978. 3p32

1986 Dodge H.D. 1/2 ton 4x4 p/u. V-8 automatic. Immaculate inside and out. New tires, recent brake job. \$7,500. Ph. 638-0171. 3p32

1985 MAZDA 626LX Touring Sedan, every option, \$4,000. Also 1981 Dodge D50, 4 cyl pickup \$2,000. Must sell 698-7422. 4p31

1983 GMC V6, 4x4, 5 spd, sunroof canopy, AM/FM cassette. Asking \$4,500. 1874 Bronco II, V6 4x4, 5 spd. Asking \$4,800. 697-2720. 4p31

1991 GMC Sonoma 4-wheel drive, must sell, SL edition, running boards, trailer hitch, air conditioning, power windows and locks, cruise. EC. Call 845-3432. 4p31

1980 CHEVY VAN. Rebuilt motor, transmission good running condition \$2400 OBO or trades. Call 635-6940. 3p33

1986 FORD RANGER; extended cab; 4 wheel drive; automatic; XLT. Call: Houston 845-3156. 4p33

11. Recreational Vehicles

11 FT VANGUARD truck camper fits all models of domestic truck with 8 ft box - all appliances - G.C. Hydraulic jacks \$2500. Phone 635-5338. 2p34

MUST SELL! 1981 Vanguard travel trailer with tandem axle. Equalizer hitch included. Phone 635-2644. 3p32

1976 FRONTIER CAMPER. 8 1/2 ft. 3-way fridge, 3 burner stove, heater, sleeps 5. EC. Asking \$3000. Call 632-2227 or 632-2033. 3c323

12. Motorcycles

FOR SALE: HARLEY DAVIDSON Custom Hardtail, see legal section of this newspaper. 2p34

13. Snowmobiles

1990 POLARIS INDY 500. Ported and piped good condition \$4000.00 firm. 846-5569 evenings. 4p33

1991 SKIDOO MACH1. Showroom condition. 1300 km. Lots of extra's \$6000.00 O.B.O. Burns Lake. 1-698-7688 or 1-692-7781. 4p34

14. Boats & Marine

115 MERC. With brand new jet. Comes with steering controls no gas tanks. Asking \$4000. Call 638-8655 after 4p.m. 3p34

1987 743 BOBCAT Kadota Diesel. Approx 5000 hours. Excellent condition. Ready for winter. Phone 632-7653 after 5 p.m. 3p32

1992 5000 lb. TANDEM AXLE utility trailer. Electric brakes. Good for hauling vehicles. Call 632-7653. 3p32

15. Machinery

CASH FOR Cats and Machinery. Dead or Alive! 1991 Ford ranger 2x4 P.U. 12000 miles clubcab. LN. \$12800 or trade for machinery, backhoe, etc., of equal value or pay difference. Phone 1-697-2474 or 1-697-2393. 4p32

D3 CAT PLUS BACKHOE, \$16,500. 9 U D6 Cat, \$9,500. JD 350 loader, \$12,000. 2-OC3 Cats, \$4,500 each. 9 U & OC3 Cat parts. 2 - 20' aluminum boats. 1-697-2474, 1-697-2393. 16th

WELDING RIG for sale: 1964 merc. 1 ton flat deck, 300 amp. Canox welder, rebuilt continental motor. Call 996-7766 or 996-7833. 4p33

15. Machinery

MOBILE DIMENSION Portable sawmill, hydraulic drive, trailer mounted \$10,000. o.b.o. 1950-D5-9U CAT \$4,000. o.b.o. Bullmoose forklift - 12,000 lb. lifting capacity \$2,000 o.b.o. Call 1-695-6551 after 6 p.m. 4p33

YEAR END PRICING. Rent to own several backhoes and excavators new and used equipment trailers, dozers, loaders, dump trucks, bell pumps, ambulance, service and water trucks. 593-6791 5p33

16. Farm Produce

HAY FOR SALE, Cummins Ranch on Hwy. 16 west. South Hazelton. 842-5316. 12p25

EAT MORE LAMB: Available year round. Cummins Ranch, Hwy. 16 west. South Hazelton. 842-5316. 12p25

17. Garage Sales

REBUILT AUTOMATIC TRANSMISSIONS & parts. We rebuild standard transmissions, transfer cases and rear ends. Bel-air Automotive Auto Parts and Service. Ph. 846-5101, Telkwa B.C. 16th

LEARN TO FLY WITH Coastal Mountain Flight Centre. Recreational, business and career courses. Start groundschool any Thursday night. Ask about our mini-pro shop for aviation books and novelties. 635-1355. 11c27

TERRA BOBCAT SERVICES: Snow removal earth auger, back-hoe back filling clean-up sweeper/collector, levelling residential/commercial. 638-8638, mobile 638-3808. 12p27

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HII NORMA MAY in Telkwa is back! with vintage clothes, hats, ties and much more. From now to Xmas. Hours 9-6 Mon-Thurs, 9-9 Fridays, 9-6 Sat. See you soon. 846-9751. 4p33

CASH & CARRY Cabinet Warehouse. Huge savings, warehouse pricing cabinets by Kilchen Craft of Canada 3566 Massey Dr. Prince George, Ph. 561-2240, Fax 561-2250. 4p33

THE KID'S

CASTLE

(LICENCED)

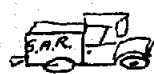
PRESCHOOL & DAYCARE

For children 2 1/2 to 5

638-8890

Garry's Auto Repair

Phone 635-1226



Government Certified Mechanic

Jane's Pet Gallery

Dog and Cat Grooming

FREE PICKUP AND DELIVERY

Pet Portraits

Original Pastel Portraits

Dogs, Cats, Horses and Wildlife

JANE TURNER



635-6552

638-8018

18. Business Services



ENTERTAINING IN
YOUR HOME
OR OFFICE IS
MADE EASY...

when you choose Creative
Options to cater for your
business luncheon or party.
Call our office for a complete
price list. No job is too small.

**Creative
Options Inc.**
Contact Linda Pelletier at
635-7884

BCYCN
BRITISH
COLUMBIA
AND YUKON
COMMUNITY
NEWSPAPERS
ASSOCIATION

286

BLANKET CLASSIFIEDS

These ads appear in more than 100 community newspapers in B.C. and Yukon and reach more than 3 million readers.

TO PLACE AN AD CALL THIS PAPER OR BCYCN AT (604) 669-9222

\$195 for 25 words
\$3.70 each additional word

AUTO

ENGINES REBUILT from \$995. 5 year 100,000 kms warranty. Bond Mechanical serving B.C. for 27 years. Phone 7 days, 8 a.m. - 8 p.m. (604) 872-0641. Toll-free Mon-Fri 1-800-663-2521.

Cummings Turbo Diesel 4x4's, Explorers, Vans, 4-Runners, Dakotas, starting from \$189 month, 0 down O.A.C. We deliver anywhere in B.C. Brian or Don collect (604) 585-3141.

GOVERNMENT SEIZED/ SURPLUS vehicles. U.S. and Canadian low as \$100. BMWs, Cadillacs, Chevys, Forcs, Mercedes, Porsches, trucks, vans. AMAZING free 24-hr. recording reveals how: (416) 531-4266.

A WISE CHOICE. Quality Rebuilt Engines. Cars and light trucks from \$995. 5 Year, 100,000 Km limited warranty. Canada Engines Ltd. 880-1050 (7 days) 1-800-665-3570, 856-5828 (evenings).

JEEPS! JEEPS! JEEPS! 1942 - 1992. Our 20th Anniversary. Selling Quality Parts, Accessories at VERY AFFORDABLE PRICES. Huge stock same day service. Gemini Sales, 4736 E. Hastings, Burnaby, B.C. V5C 2K7. (604) 294-2629.

AUTO

NEW 1992 SUBURBANS, 4x4 - fully loaded. Arrived too late in 1992, customers ordered 93's. Call Sam - Toll-free 1-859-5264, D.L. #81002.

BUILDING SUPPLIES

DOORS/WINDOWS/Interior and exterior wood, metal and French doors, wood windows, skylights. MORE! Call collect to WALKER DOOR and WINDOW in Vancouver at (604) 268-1101.

ULTRASONIC BLIND CLEANSING The fastest growing Service Business of the 90's, now in Canada. No Competition, Low Overhead, Excellent Profits. Manufactured in B.C. Details (604) 662-9332.

DRUG RAID SEIZURES! Buy dirt cheap. Cars, Houses, Boats, Computers...Direct from U.S./Canadian Government. FREE ILLUSTRATED REPORT: Seizures, Dept. 608, #150-1857 West 4th, Vancouver, B.C. V6J 1M4.

EDUCATION

Train to be a "CRM" - Certified Apartment Manager. Many jobs available. Over 2,000 graduates now working. Government licensed home-study course. R.M.T.I. 681-5456 or 1-800-865-8339.

EDUCATION

VHS Videos 30-40 minutes on: Easy-to-build woodworking projects #DIY256; Build: Bookcases #DIY253; Cabinets #DIY252; Moulding/Pix Frames #DIY255; Outdoor Furniture #DIY254; Tables #DIY251. \$32.95/ea GST/ PST included, mailed, many more available. Specific Instruments Ltd., 5115 E. Georgia St., Burnaby, V5B 1V2. 291-6171.

EMPLOYMENT OPPORTUNITIES

EXPERIENCEWORKING on a farm overseas. Program fees include airfare, work permit and much more! Contact the International Exchange Association, 1501 - 17 Ave. S.W., Calgary, AB, T2T 0E2.

EQUIPMENT

600 Champion Grader, good working order, snow wing. \$6250 O.B.O. (604) 593-4777 or (604) 593-4570.

FINANCE

Government Grants & Loans. Billions of dollars are made available to new and existing B.C. businesses. The Brad Book can show you how to get your share. Call now (604) 753-9424.

FOR SALE MISC.

***SEPTIC TANKS \$399.!! 600 Gals, 210 Lbs. Government Approved. 20 Year Warranty. WATER TANKS - HALF PRICE. Guaranteed absolutely, positively lowest prices!! Sale ends Jan. 15. VISA. 1-800-661-4473.

BUILDINGS - ROCK-BOTTOM PRICES. B.C. Factory Outlet. Straight-sided and utility models. Example: 30X40 \$5,225; 40X60 \$7,968. Order for spring and save. Pioneer Steel 1-800-668-5422.

HELP WANTED

GET PAID For Clipping Newspaper Articles! Up to \$25.00 Each! Write today. FREE REPORT: CLIPPINGS, Dept. bc11, #150-1857 West 4th, Vancouver, B.C. V6J 1M4.

MOBILE HOMES

WINTER WORKS SPECIAL! Any

19. Lost & Found

IT COSTS YOU NOTHING to place a Lost and Found Classified. Phone 638-SAVE before 12 Noon Saturdays.
LOST: CHILDREN'S GLASSES, one pair. Purple metal frames in a purple case. Parkside School area. 638-1087. 2p34

20. Pets & Livestock

SOME OF CANADA'S finest and most beautiful Pomeranian dogs. Puppies now available for Christmas. Delivery arranged anywhere. Call 604-692-3722 Mornings. 4p32

BEAUTIFUL SIAMESE KITTENS, gentle. Wonderful dispositions. Good colorings. We ship everywhere. Box 562 Burns Lake, B.C. V0J 1E0 or Call 1-692-3722 Mornings. 4p32

TWO GREAT Quarterhorse breed mares due in spring 1993. Raise some great horses for your family and friends. Call 1-692-3722 mornings. 4p32

SHIH TZU males, 3, 1st shots - no papers \$350.00, ready to go 1st week in Dec. Phone 635-3040 3p32

NEED GIFT IDEAS for those happy people on your Christmas list? Try Riverbank Tack. We have the usual horse equipment along with lots of gift items and stocking stuffers, all with a horse theme. Open Tues. to Sat. 846-9863 4p33

MINIATURE SCHNAUZER puppies looking for a good home. Great Christmas present. Phone Jackie at 1-692-7725 day. 1-692-3390 eve. 4p33

PROFESSION PET Grooming in home or door to door service. We come to you. Small dogs/cats, large dogs. Apts. Price varies on size. Ph. 635-3772 or 638-1977 'Joanna'. 6p33

MINI DACHSHUNDS. Real cuties. 3 available. Burns Lake. Ph. 1-692-7400. 4p33

7 MONTH OLD BLACK Toy Poodle. Parents champions \$650.00 Western Show saddle EC \$750.00 English Saddle used 1/2 doz times \$250.00 Ph. 635-1311 (h), 635-3311 (w) 3p33

LEATHER ENGLISH RIDING Boots, size 8, \$50.00 Like new Big D Winter Hood and blanket \$125.00 Ph. 635-1311 (h) 635-3311 (w) 3p33

EXOTIC BIRDS: Unique Christmas gifts for young and old. Young cockatiels, ringneck parakeets, finches. Cages available. 1-845-7171. 4p34

FOR SALE: 7 MONTH OLD full grown male German wire hair pointer energetic, friendly disposition indoor-outdoor dog. Price negotiable to caring home. Ph. 635-2871 and leave name & phone # on answering machine. 2p34

SHELTY PUPS, males, black, Sable pet. breeding. Guaranteed. Vaccinated. Healthy, working and show lines. Papered. Reasonable. 1-692-3403 4p34

21. Help Wanted

EXPERIENCED LOWBED owner/operator needed with or without trailer. (Prince Rupert, Terrace and area) Send Resume to Box 1300, Prince George, V2L 4V3 3p32

EARN MONEY HAVING FUN! Discovery toys will show you how. Flexible hours, great family benefits. Call Terri at 1-695-6684. 4p31

21. Help Wanted

LOOKING FOR Someone with free time to help sort information on children's books. Ph 635-4600 or 638-0874. 3p32

LOOKING FOR ON-CALL Staff to work with the mentally handicapped. Must have reliable transportation, driver's license, first aid and criminal record search. Resumes can be sent to Thompson Residential, Box 126, Terrace, B.C. V8G 4A2 1c33

FT/PT HYGIENIST or Certified Dental Assistant required at The Burns Lake Dental Clinic. Please send resume to Terri Dickson, Box 169, Burns Lake, B.C. V0J 1E0 4p34

"APPOINTMENT SECRETARIES. Jobs! Jobs! Jobs!" Wanted: Enthusiastic people for promotion with Family Portrait Studio. Great salary plus bonus incentives!! Two shifts available: 9:00-1:00pm, 5:00pm-9:00pm. \$6.00 to start, \$7.00 after 30 days. Ideal for students & homemakers. For an interview, call 638-8290 and ask for Ext #1. 1p34

23. Work Wanted

REPLYING TO A FILE NUMBER? Please be sure you have the correct box number as given in the ad. Address to: File , The Terrace Standard, 4647 Lazelle, Ave., Terrace, B.C. V8G 1S8. Please do not include bulk goods or money to Box replies. 4p31

CARPENTER 12 YEARS EXPERIENCE. Forms, framing, siding, finishing inside or out. No job too small. Mike Gray. 638-0822 32th

Journeyman Carpenter
Will do finishing, renovations, install cabinets, patio, painting. Also will build furniture.
Prefinished Hardwood Flooring
Maple, birch, ash, oak. Available in natural and various colours. (No sanding required) Size 3/4" x 2 1/2" or 3 1/4"
CALL 635-6277 (leave a message)

DO YOU NEED HELP BEFORE, DURING AND AFTER THE HOLIDAYS?
Contact 635-7668 For Home Mail Services. Some Services include: -Homemaking - Shopping -Child Care -Snow Shovelling - Home Cleaning

635-7668

M.P.H. Construction

RESIDENTIAL AND COMMERCIAL RENOVATIONS
-Wallpapering -Painting
-Furniture & Kitchen Refinishing
-Spray Painting
Terrace, B.C.
MARTIN 635-6479

23. Work Wanted

I WILL BABYSIT in my home weekdays. Have two children, close to hospital. Non-smoking. References available. Call 638-7245. 5p32

CONFIDENTIAL BOOKKEEPING SERVICE. Small business or self-employed. Mary at 635-7474. 12p24

CARPENTERS: SPECIALIZE in renovations, alterations, siding, form work, roofing, etc. To enquire phone 635-9758 6p30

PROCESSOR OPERATOR looking for work. Willing to re-locate. Available immediately. Phone John Harrison 1-694-3733. 4p32

WILL BABYSIT in my home. Have fenced yard, many activities, experience & references. Phone 635-3246. 4p32

CARPENTER WITH TRADE Qualifications. 15 yrs. experience. Will do carpentry work, apt and condo maintenance. Ph. 638-0136. 3p33

WOULD LIKE to do housekeeping 18 yrs. experience. References available upon request. Call 635-4760. 3p33

LEN'S RENOVATIONS. Will hang drywalls, taping, remodel rooms, specializing in bathrooms, hang doors, windows, painting, plumbing, repair jobs, free estimates. 635-7271. 3p34

LOOKING FOR CHILD CARE?

For a list of available child care options and information on selecting care, call Coco at:

Skeena Child Care Support Program
638-1113

24. Notices

PRO-LIFE EDUCATION available to general public; videos, pamphlets, lending library, dealing with human life issues such as abortion and euthanasia. Student enquiries welcome. Call 635-3646. 5th

BORED? LOOKING FOR ADVENTURE, excitement, perhaps a tropical island? Call Elan Travel at 635-6181 and catch the spirit! 5th

FREE SERVICE. Help with your forms or letters. Call Melissa at 635-9119 for help. 1th

ZION BAPTIST CHURCH

2911 S. Sparks St. 638-1336
9:45 Sunday School (all ages)
10:55 Worship Service
Pastor: Ron J. Orr

25. Business Opportunities

RESTAURANT EQUIPMENT For Sale. Call 635-7855 or 635-3735 after 10 p.m. 2p34

26. Personals

SINGLE MALE; AGE 33; 6' 1" looking for female friend or companion. Write to: Box 71; Topley, B.C. Canada. V0J 2Y0 4p32

26. Personals


KNOW SOMEONE IN THE TERRACE/KITIMAT area with alcohol/drug problems? Get the beautiful tape, "Raised From the Ruins" You'll love it! Free/confidential. Call toll-free 1-800-528-0070. 11p27

ATTRACTIVE CHRISTIAN Lady, 22, with one daughter. Enjoys cooking, children, music, travelling. Looking for Christian man. Photo appreciated. File #80, Terrace Standard. 3p33

GOTCHA!



Roses are Red
Violets are Blue
You think you got me...
But I got you!



Judy
Born Dec. 15, 1942
and still beautiful
HAPPY 50th!
Love You Forever
Sprite

22. Careers

CONSTRUCTION SUPERINTENDENTS

Required for wood and light steel frame institutional projects, remote areas, north coast and Yellowhead Hwy.

Fax resume including previous remote experience, references and salary expectations to 943-0912.

Ideal Home Based Business

MLM NETWORKING

*Consumable Products
Perfect for single mom's or couples.*

Call for a 2 min. recorded message 561-6483 - 24 hrs.

JEHOVAH'S WITNESSES, for your free copy of Crisis of Conscience by Raymond Franz, leave your name and number at 1-847-5758. 29th

W.S.M. YOUNG 50 yrs. NS/ND Looking for someone special to include in my life. I'm financially secure, physically fit, love outdoors, sports, no jock, music, candle light and wine, travelling and more. For a nice lady 35+ take a chance. Snap appreciated. Reply to File 21, 4647 Lazelle Ave. Terrace, B.C. V8G 1S8 4p32

WIDOWER Early 50's, 6', honest, sincere, good sense of humour semi-retired, n/s, s/d, enjoys outdoors, travelling, reading, dancing and a wide variety of interests, wishes to meet lady with similar characteristics and interests. Must be emotionally and financially secure and a desire for a relationship leading to a commitment. A picture would be appreciated. Reply to File #10 this paper. 2p33

SECURITY

Mt Layton Hotsprings Resort has a part-time opening in security. Must have current bronze cross or willing to take CPR. Rate \$6.00/hr.

Apply to:
Mt. Layton Hotsprings Resort Ltd.

COMMUNITY HEALTH NURSE GREENVILLE B.C.

is required for "Satellite" Station, under the management of the Nisga'a Valley Health Board, New Aiyansh B.C.

A background knowledge of emergency assessment skills as well as Community Health Nursing is necessary. Current B.C. registration essential. Address resumes to Nisga'a Valley Health Board, Attention: R. Toneatto, Director of Nursing.

Box 234
New Aiyansh, B.C.
V0J 1A0
or Telephone 633-2212.
Applications accepted until December 16, 1992.

L'ax Ghels Community Law Centre is seeking a LEGAL SECRETARY

Qualifications:
1. Grade 12 or equivalent
2. Basic cultural knowledge of the Native community.
3. Basic Administrative Skills
- Typing - minimum 50 w.p.m. (dictating would be an asset).
- 2 years previous experience and/or training in office environment.
4. Must be able to work with a team in Family Law area in a highly confidential manner.
5. Computer skills would be an asset.
6. Ability to work with legal aid forms.
Salary depending on qualifications and experience.
Closing date: December 11, 1992 at noon.

Resumes may be mailed to:
L'ax Ghels Community Law Centre
203 - 3219 Eby Street
Terrace, B.C. V8G 4R3
Any questions, phone Shirley at 635-2133.

CHRISTMAS SHOPPING AT NIRVANA FOR UNIQUE PERSONAL GIVING...

Crystals, Crystal Jewellery, Posters, Runes, Tarot Cards, Meditation Tapes, Relaxing Music, Essential Oils, Incense, Calendars, Metaphysical and Healing Books, & Much More.

GIFT CERTIFICATES FOR OPEN CHANNEL READINGS, REGRESSIONS, COURSES AND REFLEXOLOGY.

3611 COTTONWOOD CRESC. 635-7776

COME JOIN OUR GLOBAL FAMILY

SUNDAY
AM - 2 Worship Services
9:15 & 11:00
Child care and Sunday School through grade three
PM - Family Bible School
6:00 p.m. for all ages



WEEKLY
★ Pioneer Girls
★ Youth Ministries
★ Home Bible Studies
★ Ladies Time Out

ALLIANCE CHURCH

4923 Agar Ave.

For more information ph. 635-7727 or 635-7725

FAMILY DAY CARE

A NEW programme at NWCC Terrace.



This programme consists of six courses starting January 9 and running continuously through to June 30, 1993.

(Completion could lead to a Family Day Care Certificate.)

If you are currently operating a Family Day Care or wanting to provide childcare in your home this programme's for you!

For further information call
Joan Turecki 635-6511, Local 337.



LIFEGUARD

Mt. Layton Hotsprings Resort requires a full-time Lifeguard, approximately 30 hrs. per week. Must have current NLS & CPR Certificate and preferably WSI 1 & 2 Awards. Rate \$10.00 per hr/\$11.00 per hr. when instructing.

Apply to:
Mt. Layton Hotsprings Resort Ltd.

SKEENA BEVERAGES (1989) LTD.

We are looking for a career oriented individual to start in the position of

DATA ENTRY CLERK

Computer knowledge an asset.
Apply in person with resume to:

4931-B Keith Ave.
Terrace, B.C.
after 3 p.m. Monday to Friday.

AirBC CUSTOMER SERVICE AGENT

AirBC is an expanding regional airline with an immediate opening for a highly motivated, service-oriented individual to join our Customer Service team at the Terrace Airport.

This casual position requires an individual to be available to work to relieve for shortages of staff due to illness, vacation or for operational requirements.

The successful candidate will have a minimum of Grade 12 education or equivalent and will have proven their ability to deal with customers in a professional manner in person and on telephone. Preferences will be given to candidates with travel related experience.

Please drop resumes off to the Terrace Airport between 0900 and 1700 hours. Resumes will be accepted up to an including Dec. 18, 1992.

No phone calls will be accepted.

Terrace Builders Do it center.

requires a permanent, part-time

CASHIER

who is customer service oriented, pleasant and is able to maintain a flexible work schedule. One full day plus some part days per week will be required. This is a year round position for a team player.

Please indicate which position you are applying for and submit a resume to:

C. Schmidt
Terrace Builders Centre Ltd.
3207 Munroe Street
Terrace, B.C. V8G 3B3

RESIDENTIAL SUPPORT WORKER ORIENTATION PROGRAM

Northwest Counselling & Training Centre
Deinstitutionalization of mentally challenged individuals is the philosophy of the provincial government. In light of this move, trained staff are needed to meet the challenge of integrating individuals into the community.

Are You: 18 years old or over
Willing to work shift work
Interested in working with people
Receiving U.I. benefits or unemployed

Employment Opportunities: This program will provide you with the basic skills to apply for entry level positions in residential care facilities. In addition, you will receive certification in Survival First Aid, Class 4 Drivers License, Foodsafe course and Basic Computer. ** An allowance will be paid to participants who are not presently on U.I.C.

Applicants for the program will be expected to attend a screening program.
Program Start Date: December 14/92
Program End Date: May 14/93
Closing Date For Applications: December 11/92
Time: Monday through Friday 8:30 a.m. to 4:30 p.m.
Place: Northwest Counselling & Training Centre
* Seats other than U.I. recipients are limited.

FOR MORE INFORMATION CONTACT:
NORTHWEST COUNSELLING & TRAINING CENTRE
638-8108
LORNA SANDHALS (PROGRAM CO-ORDINATOR)

ACTION ADS

**CALL
638-SAVE**

BUY SELL RENT TRADE

VISA

26. Personals

Lyn still lookin' sexy at

50



Happy 50th, Mom!
Love Rae-Ann & Brett

27. Announcements



**VINCENT SIEMENS
B. COMM., C.A.**

1986 Caledonia Sr. Sec. School graduate, Class Valedictorian, graduated with Bach. of Commerce degree, McGill University 1990, Chartered Accountant degree McGill University, 1992. Presently employed with Peat, Marwick & Thorne C.A. Firm, Montreal, PQ.

SIGHTSEEING TOURS



Specializing in customized town & country scenic tours.

Beverly Greening, Owner
(604) 635-7868



For All Your Travel Needs

PALM SPRINGS - departs 02 January - \$299.00 air only
LOS COBOS - departs 18 December - \$839.00 air and hotel
MAZATLAN - departs 19 December - \$719.00 air and hotel
CARIBBEAN CRUISE - from as low as \$898.00 USD
LONDON - departs 04 January - from \$699.00

24 HRS. 635-6181

NOTICE TO

CREDITORS & OTHERS

Re: the estate of JOHN BALFOUR MASSON, also known as JOHN BALFOUR ALEXANDER MASSON and SCOTTY MASSON, Carpenter, deceased, formerly of 4861 LOWRIE AVENUE, TERRACE, B.C.

Creditors and others having claims against the estate of John Balfour Masson are hereby notified under section 38 of the Trustee Act that particulars of their claims should be sent to the executor at 200-4630 Lazelle Avenue, Terrace, B.C. V8G 1S6 on or before the 30th day of December, 1992, after which date the executor will distribute the estate among the parties entitled to it, having regard to the claims of which the executor then has notice.

Robert Andrew McClelland
Executor
Warner Bandstra
Solicitors

NOTICE TO CREDITORS AND OTHERS

Re: The estate of Douglas Angus Collinson, deceased, formerly of 3-A 4708 Park Avenue, Terrace, British Columbia.

Creditors and others having claims against the estate of Douglas Angus Collinson are hereby notified under section 38 of the Trustee Act that particulars of their claims should be sent to the executrix at Warner Bandstra, Barristers & Solicitors, 200 - 4630 Lazelle Avenue, Terrace, B.C. V8G 1S6 on or before the 21 day of January, 1993 after which date the executrix will distribute the estate among the parties entitled to it, having regard to the claims of which the executrix then has notice.

Catherine Ann Collinson
Executrix
Warner Bandstra
Solicitors

32. Legal Notices



Province of
British Columbia

Ministry of
Forests



NOTICE INVITING APPLICATION FOR TIMBER SALE LICENCE A43532

Pursuant to Section 16 of the Forest Act, sealed tender applications will be accepted by the District Manager, Kalum Forest District, Terrace, British Columbia, up to 10:30 am, on the 17th day of December 1992, to be opened at 11:30 am on the 17th day of December 1992, for a Timber Sale Licence to authorize the harvesting of 8,542 cubic metres, more or less, of timber located in the vicinity of 14km Grease Trail North in the Kalum Timber Supply Area.

TOTAL VOLUME: 8,542 cubic metres, more or less
SPECIES: Hemlock 73%, Pine: 2%, Cedar 1%, Spruce: 24%
TERM: One (1) Year
UPSET STUMPAGE: \$4.85

Bidding is restricted to persons registered in the Small Business Forest Enterprise Program, Category One (1).

If there is no interest from Category One (1) registrants on the auction closing date, then the sale may be readvertised for offer under both categories.

Particulars may be obtained from the District Manager at #200-5220 Keith Avenue, Terrace, British Columbia, V8G 1L1.



Province of
British Columbia

Ministry of
Forests



NOTICE INVITING APPLICATION FOR TIMBER SALE LICENCE A43531

Pursuant to Section 16 of the Forest Act, sealed tender applications will be accepted by the District Manager, Kalum Forest District, Terrace, British Columbia, up to 10:30 am, on the 17th day of December 1992, to be opened at 11:30 am on the 17th day of December 1992, for a Timber Sale Licence to authorize the harvesting of 3,211 cubic metres, more or less, of timber located in the vicinity of 12.5 km on the Grease Trail Forest Service Road in the Kalum Timber Supply Area.

TOTAL VOLUME: 3,211 cubic metres, more or less
SPECIES: Hemlock 84%, Pine: 16%
TERM: One (1) Year
UPSET STUMPAGE: \$6.01

Bidding is restricted to persons registered in the Small Business Forest Enterprise Program, Category One (1).

If there is no interest from Category One (1) registrants on the auction closing date, then the sale may be readvertised for offer under both categories.

Particulars may be obtained from the District Manager at #200-5220 Keith Avenue, Terrace, British Columbia, V8G 1L1.

Look Who's Floatin' He's 50! No Jokin' Guess Who



28. Card of Thanks

TO THE Staff at Terraceview Lodge - Thank you for the excellent care you gave Lyman for 2 1/2 years. Stella Miller & family. 1p34

30. Obituaries

LYMAN MILLER passed away Nov. 15, 1992, at Terraceview. He was predeceased by son Dale, and grandson Randy. He leaves to mourn his wife Stella, daughters Eileen Birkedal and Diane Cey of Terrace, Sherrie Cazes and Sharon Quiring of Belize, and son Barry of Prince George. Funeral Services were held Nov. 19/92 with Father John Massel officiating. 1p34

24. Notices

MECHANICS LIEN SALE

Skeena Diesel Ltd.

Is offering for sale under the Mechanics Lien Act one:

GALION GRADER

Model # 671-GM Serial # 160L-GC-03035

Registered to Doug Alexander - re: Gloria Enterprise to cover the outstanding balance of \$13,134.59 plus the cost of seizure and sale of grader.

Bids will be received until 12:00 noon December 18/92 and submitted to:

Skeena Diesel Ltd.

**3747 River Drive, Terrace, B.C. V8G 3N8
635-7277**

NOTICE

The Regional District of Kitimat-Stikine wishes to advise the public that effective DECEMBER 17, 1992, the THORNHILL REFUSE SITE will be closed every THURSDAY and FRIDAY.

Current usage indicates these closures are a practical way of meeting the need to operate this site on a more cost-effective basis.

The Regional District also wishes to advise those persons disposing of refuse at the entrance gate will be prosecuted under the Waste Management Act.

The Regional District appreciates the public's continued cooperation and understanding.

Regional District of Kitimat-Stikine

BAILIFF SALE

The undersigned will, on behalf of 16-37 Business Development Centre Society, offer for sale the goods and chattels of Bell Bay Resort, formerly owned and operated by Colin Alger and Doug Bonville of Stewart B.C.

The list of assets includes a float camp and accessories including a power generator and furniture. Viewing may be arranged by contacting the undersigned.

All bids must be sealed and be accompanied by a 10% bid deposit in the form of a certified cheque or money order made out to Caledonia Bailiffs - In Trust. Unsuccessful bidders will have their deposit returned. The successful bidder will be expected to complete the sale and pay for the goods in full within three days of the closing date. Bids will be accepted up until Noon, December 16, 1992 at #3 - 4554 Lazelle Avenue Terrace, B.C. V8G 1S2

R. Jones, Bailiff
635-7649

32. Legal Notices

NOTICE TO CREDITORS AND OTHERS

RE: THE ESTATE OF PETER

CREIGHTON PAINE

DECEASED, late of Box 271,

Stewart, British Columbia

CREDITORS and others having claims against this estate are to send them to the Administrator at 600-1070 Douglas Street, Victoria, British Columbia, V8W 2C4, by the 15th day of January, 1993.

JUDITH ANN PAINE

Administrator

MICHAEL B. ELLIS, ESQ.
STRAITH & COMPANY
Solicitor for the Administrator

TO ALL PLUMBING CONTRACTORS AND INTERESTED PARTIES

Regarding the NEW 1992 Plumbing Code

The City of Terrace will be hosting a plumbing code seminar on December 19th at the Coast Inn of the West. It will commence at 9:00 a.m. upstairs in Room 328.

There is a fee of \$20.00 which will include lunch and coffee break. GST is also included in this \$20.00 fee.

Please register by December 15, 1992 at:

The City of Terrace
3215 Eby Street
TERRACE, B.C. V8G 2X8

For further information, please contact the Building Inspection Department at 635-6311.

Notice of Pre-Harvest Silviculture Prescription Or Silviculture Prescription for an Area to be Logged

(Pursuant to section 3 of the Silviculture Regulation)

Notice:

The following areas have proposed prescription that will apply if approval to log is obtained from the Ministry of Forests and Lands. The proposed prescriptions will be available for viewing until January 25, 1992 at the address noted below, during regular working hours.

To ensure consideration before logging commences, any written comments must be made to D. Keating, R.P.F., Divisional Forester at Eurocan Pulp and Paper Co., Skeena Sawmills Div., P.O. Box 10, Terrace, B.C., V8G 4A3, by the above date.

Cutting Permit No.	Cut Block No.	Location (Nearest Community and Approximate)	Area (ha)	Amendment Yes or No
A	19	Terrace, Schulbuchhand Cr.	19.0	No

Holder of License: Eurocan Pulp and Paper Co., a Joint Venture of West Fraser Mills Ltd. and Enso Forest Products Ltd.

SEALED TENDERS

The Court Bailiff will offer for sale by way of sealed bids, the interest of the following judgment debtor, William Boros, in the following goods and chattels, purported to be:

1970 Harley Davidson Custom Hardtail

Serial No. 2A22819H0

(pictures available upon request with bid forms)

Sold on an as is, where is basis. Unit may be inspected by appointment; call the undersigned to arrange.

All bids must be accompanied by a certified cheque, money order or draft made payable to Caledonia Court Bailiffs for 10% of the bid. Deposits will be returned to unsuccessful bidders. The highest on any bid not necessarily accepted.

Bids will be accepted until 12:00 Noon January 6, 1993, at #3-4554 Lazelle Ave., Terrace, B.C. V8G 1S2.

The Court Bailiff reserves the right to adjourn the sale without notice and may apply to the court for further direction if the need arises.

TERMS OF SALE: Cash for balance of bid plus applicable GST and PST. Time is of the essence. Payment must be made in full within three days of closing or the bid deposit will be forfeited.

R. Jones
Court Bailiff
635-7649

BC Hydro

B.C. Hydro is inviting tenders from powerline contractors for pole replacements in Terrace. Tender closes Wednesday 92Dec23. Copies of the tender documents are available at the district office 5220 Keith Ave. Terrace.

For any further information please contact the above address or phone B.P. Clarke 638-5615.

BC Hydro

Local Work Contract E704-68

B.C. Hydro invites tenders from Powerline Contractors for Distribution work in the Terrace area as per local work contract E704-68. This work includes replacing 41 poles as part of the 1992 Test and Treat program. Tenders close Dec 23/92 at 11am. Copies of Tender Documents are available at the Terrace B.C. Hydro office located at 5220 Keith Ave. in Terrace. Further information can be obtained by calling Brian Clark at 638-5615.

CN

NORTH AMERICA

NOTICE OF SALE

Offers in a Sealed Envelope clearly marked **Tender No. 4150-92-06** will be received until noon, 30 December 1992, by Mr. R.C. Singh, Regional Manager - Purchases & Materials, Canadian National Railways, Floor 26, CN Tower, 1000-104 Avenue, EDMONTON, Alberta, T5J 0K2, for the purchase and removal of surplus Relocatable Accommodation Buildings located in British Columbia:

ITEM	DESCRIPTION	LOCATION
#1	Trailer, Safeway Shelter Systems 12x64 S/N 68S72355	Thornhill, B.C. Mile 1.5 Kitimat Sub. (Queensway Ave.)
#2	Trailer, Safeway Shelter Systems 12x64 S/N 68S72401	Rose Lake, B.C. Mile 51.1 Telkwa Sub.
#3	Trailer, Sierra 14x70 S/N S664-3-5933P B.C. Reg. #56313 (#28)	Fort Fraser, B.C. Mile 94.3 Nechako Sub.
#4	Trailer, General Home Systems 14x66 S/N x12530 B.C. Reg. #59124 (Pad 58)	Upper Fraser, B.C. Northwood Pulp and Timber Townsite
#5	Trailer, General Home Systems 14x66 S/N X12529 B.C. Reg. #59123 (Pad 57)	Upper Fraser, B.C. Northwood Pulp and Timber Townsite
#6	Trailer, General Home Systems 14x66 S/N X12507 B.C. Reg. #59088	Dome Creek, B.C. Mile 55.9 Fraser Sub.

All units are located on CN property at the locations mentioned except as noted at Upper Fraser. For those wishing to view the trailers, attendants will be on hand the following dates and times:

Dome Creek, B.C.	1145-1300	December 14, 1992
Upper Fraser, B.C.	1430-1600	December 14, 1992
Fort Fraser, B.C.	0930-1030	December 15, 1992
Rose Lake, B.C.	1230-1330	December 15, 1992
Thornhill, B.C.	0900-1030	December 16, 1992

Bidders must quote on bid forms supplied by the Railway and will be available at disposal site or by contacting: B. Easton at 1-604-565-8286. All terms and conditions will be stipulated on the above bid forms.

Office of Regional Manager
Purchases & Materials
Edmonton, Alberta

Holiday Savings

TROPICAL DAYS AT SAFEWAY

IMPORTED COCONUT **88**
ea

HAWAIIAN PAPAYA **99**
Size 9/ 10's ea

MEXICAN AVOCADOS **2100**
or U.S. **FOR**

BRAZILIAN MANGOES **199**
Size 12/ 14's ea

HAWAIIAN STAR FRUIT **99**
Imported. ea



GROUND BEEF

Regular Quality. Approx. 10 lb. bag.
Limit 1 bag. **1.94/ kg**

88 lb

TOMATO SOUP

299
FOR
Campbell's.
284 mL tin

ORANGE JUICE

Scotch Buy.
Frozen
Concentrate.
341 mL tin

79 ea

PHARMACY

Come visit our new in-store Pharmacy.
Our professional pharmacists Paul and Gordon are available to help you with all your new and refill prescriptions.
Our computerized patient records help our staff in giving you the best advice on the use of all your medications.

B.C. LING COD

In the Piece.
Thawed for Your convenience.
.44/ 100 g

199 lb

NEW YORK STEAK

Boneless.
6-8 per pkg.
Cut from the Strip Loin
10.98/ kg

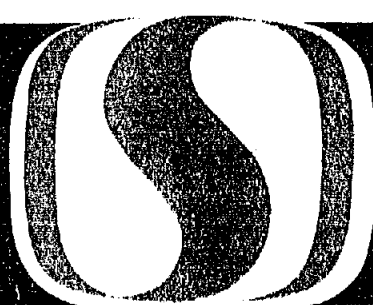
498 lb

CUSTOMER APPRECIATION ITEM

MAINSTAY DOG FOOD

799
20 kg bag
Lowest Price for 1992

Reg. Price
\$13.99



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PRICES IN EFFECT... Dec./ 1992

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Some items may not be exactly as shown.